



Strength & Conditioning





■ Duke's Strength & Conditioning program is under the direction of Noel Durfey. Durfey and Blue Devil head coach David Cutcliffe worked together at the University of Mississippi.

"We are certainly excited to have Noel Durfey join our staff. He is a tremendous addition to the Duke family." – David Cutcliffe

■ In the spring of 2008, Duke's Sonny Falcone was named Master Strength and Conditioning Coach – the highest honor in the profession – by the Collegiate Strength and Conditioning Coaches association. Falcone has been on the Blue Devil staff since 1980.





Sports Medicine





■ Led by nationally renowned physicians and certified athletic trainers, Duke's sports medicine program is widely considered the very best in the nation.

■ In essence, the mission of the sports medicine program at Duke is to combine the latest innovations and technology in injury recognition, prevention, treatment and performance enhancement with an outstanding collection of doctors, certified athletic trainers and other support personnel to give the Blue Devil student-athlete a quality experience while at Duke.

■ Dr. Claude T. Moorman III, former head team physician for the NFL's Baltimore Ravens, serves as Duke's head team physician. A 1987 graduate from the University of Cincinnati College of Medicine, he returned to Duke after serving as the Director of Sports Medicine at the University of Maryland Medical Center from 1996-2001. Moorman played football at Duke before graduating in 1983.

■ The Duke athletic training staff is headed by Dave Engelhardt, now in his 27th season at Duke, and Hap Zarzour, who is in his 16th year as the head football trainer.

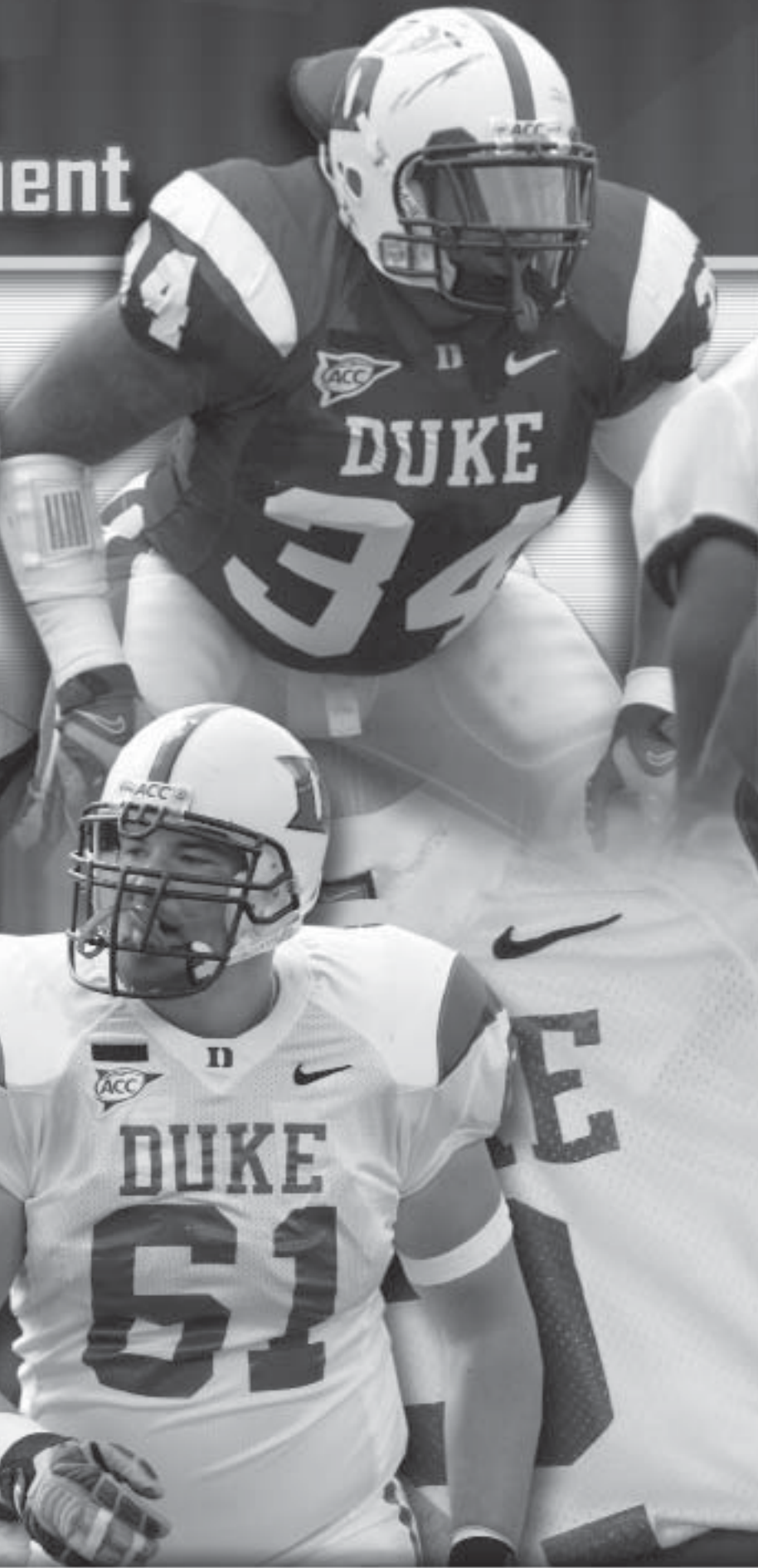
■ In the summer of 2002, Duke opened its newest training room in the Yoh Football Center. It is a 5,500 square-foot facility, featuring extensive hydrotherapy system, rehabilitation and treatment areas. The hydrotherapy area includes a 10 x 20 multidepth rehabilitation pool featuring an underwater treadmill, an 8 x 8 chiller pool and an 8 x 8 warm whirlpool.

■ The treatment area is highlighted by modern modalities and the latest technological equipment. Duke's new rehabilitation equipment ensures constant monitoring and thoughtful progression through every stage of rehabilitation. An unweighted treadmill and Biodex muscle testing and rehabilitation equipment is also featured in Duke's rehabilitation area.

■ Other facets of the sports medicine program include the very best training meals, monitored by sports nutritionist Franca Alphin and team meal coordinator Faye McIntosh, access to prominent sports psychologist Richard Keefe and the ability to utilize the resources of the Duke Sports Medicine Center. Those resources include The Duke Sports Medicine Clinic, Michael Krzyzewski Human Performance Lab (K-Lab) and the Duke Sports Performance Program. Each program brings an important element to the care of Duke student-athletes.



Nike Equipment





■ Duke Football enjoys an exclusive contract with Nike as the world's largest shoe manufacturer provides the Blue Devils the best in apparel, footwear and uniforms.

■ "Nike's expertise in the field is second-to-none, and we are proud of our relationship with the company." -- David Cutcliffe

■ The Duke Football equipment room -- located adjacent to the lockerroom in the spacious Yoh Football Center -- is under the direction of Wesley Pickell and Jay Bisette.



Academic Support



**Bill
OBREMSKY**

1983 National Football
Foundation Scholar-Athlete



**Mike
DIMINICK**

1987 National Football
Foundation Scholar-Athlete



1981 1990
1984 1993
1987 1994

HIGHEST GRADUATION RATE IN DIVISION I FOOTBALL

1995 1999
1996 2003
1997 2005

Heather Ryan

Director of Academics

■ Heather Ryan is in her fourth year at Duke and serves as the Director of Academics. She joined the Duke staff after serving as the Director of Academic Services in the athletic department at Tulane.

■ Ryan oversees the Duke Football program's academic progress, assisting with coordinating study strategy workshops, arranging tutor meetings, career counseling, helping with course scheduling, monitoring class performance and personal counseling.

■ A native of Goodland, Ind., Ryan received a degree in Sports Marketing and Management in 1997 from Indiana and then obtained a master's degree in College Student Personnel with an emphasis in Counseling and Development from Purdue University in 2002.



Kacy King

Academic Coordinator

■ Kacy King joined the Duke Athletic staff in the spring of 2007 as an Academic Coordinator, working with the school's football program.

■ King and her husband, Andrew, moved to Durham following a stint at Michigan State where she worked as an Academic Coordinator and Assistant for Life Skills. In addition, she taught at Jackson Community College in Jackson, Mich., in the Department of Foundation Studies.

■ A native of Bexley, Ohio, King received a bachelor of arts degree in Business Management from Wittenberg University in Springfield, Ohio, in 2001. She was a member of the field hockey program and earned Academic All-America honors.

■ She later earned a master's degree in Higher, Adult and Lifelong Education from Michigan State in 2004, and earned a doctoral degree in the same discipline from Michigan State in 2008.



Jeremiah Walker

Academic Coordinator

■ Jeremiah Walker joined the Duke staff in the spring of 2008 and works as an Academic Coordinator with the football program.

■ Walker, a native of Russell, Ky., came to Duke after working as the academic coordinator for men's and women's basketball and the Director of Tutoring Services at Marshall University. He also worked as an Academic Counselor at Ohio University in the fall of 2006.

■ While earning his master's degree in sport administration from Marshall, Walker worked with the Thundering Herd football program as a graduate assistant in academics during the 2005-06 academic year.

■ Walkerr earned a bachelor of arts degree in political science from the University of Kentucky in 2003.



Leslie Lacin

Education Specialist

■ Leslie Lacin is in her third year in the athletic department and serves as an Educational Specialist.

■ A native of San Diego, Calif., Lacin received a B.A. in Political Science from UC Berkeley, a M. Phil in Russian and East European Studies from the University of Oxford and an M.A. in Health Education from East Carolina University.

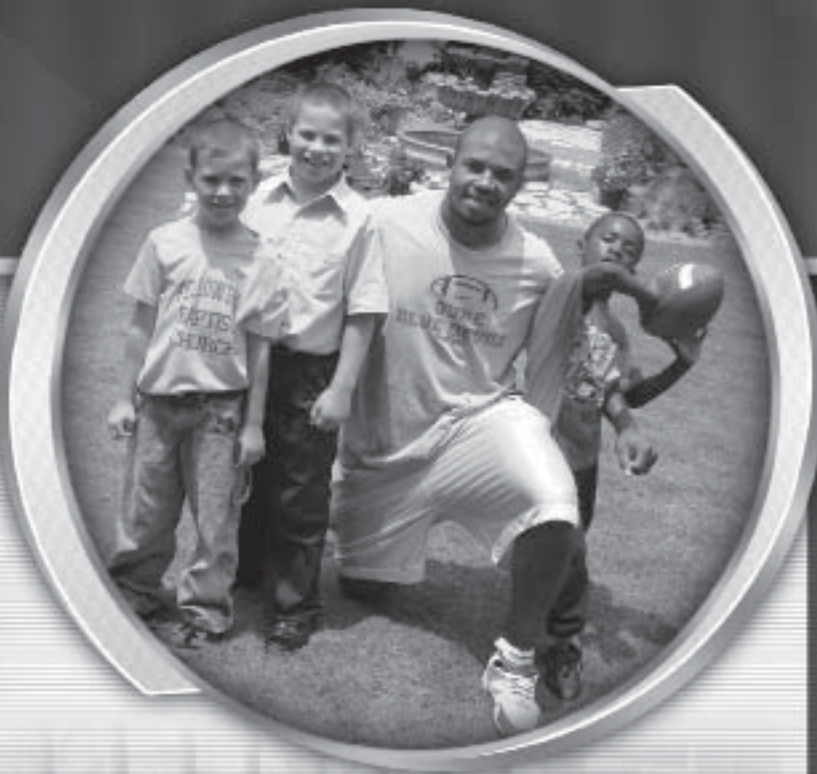
■ She is married to Dr. Robert Lacin and the couple has four children.





Duke in the Community





■ Duke student-athletes are an integral part of their community. In addition to hosting several “Meet the Blue Devils” events on campus, the Department of Athletics community outreach efforts continue with its highly successful reading program entering its 17th year of existence in the Durham Public School System.

■ Intended to aid area teachers by providing reading incentives for third and fourth graders in Durham, the program touches area youth.

■ Verizon remains the title sponsor of the Read with the Blue Devils program.



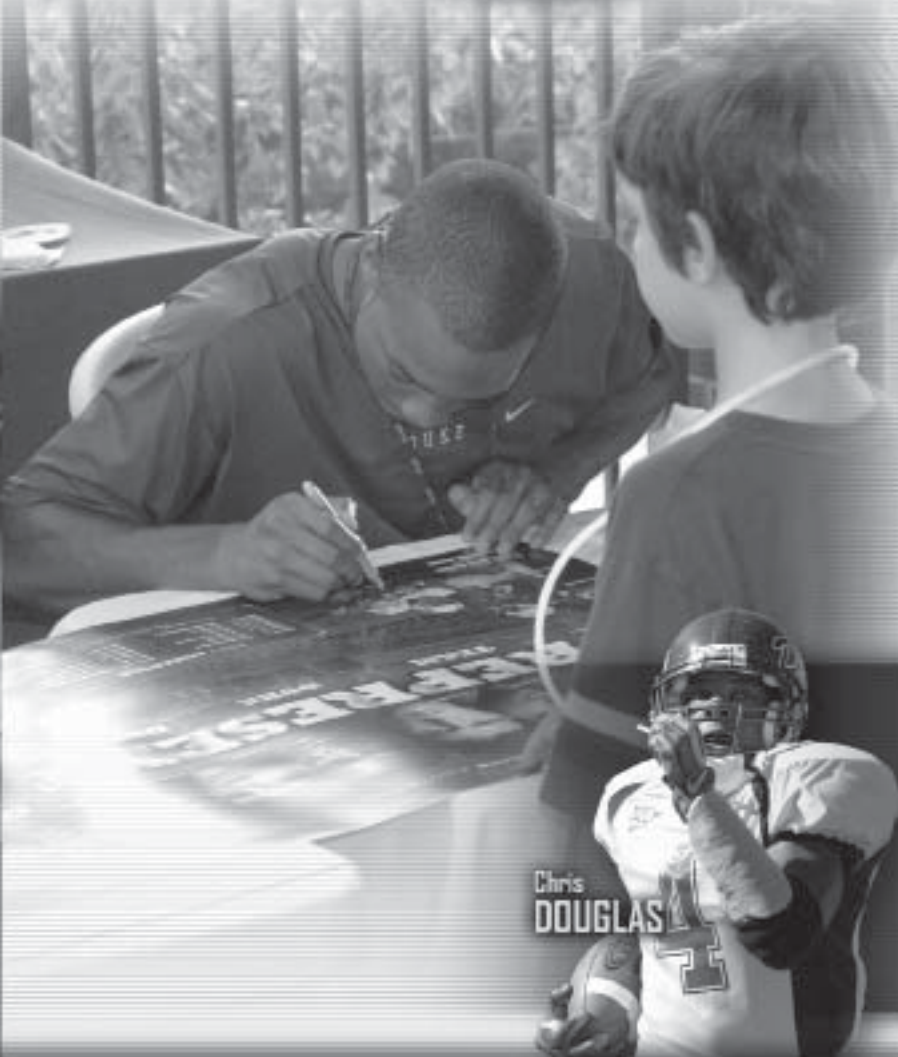
Leslie Barnes

Director of Student-Athlete Development

■ Leslie Barnes joined the Duke Athletic Department in July of 2006 as director of student-athlete development.

■ Prior to moving to Durham, Barnes worked three years as a life skills coordinator at Ohio State. She also served as a life skills coordinator/academic counselor at Utah State University (Sept. 2001-April 2003), academic-athletic advisor/coordinator student-athlete recognition at Arizona State (Aug. 1999-Aug. 2000) and assistant academic counselor/intern at the University of Nebraska-Lincoln (July 1997-July 1999).

■ Barnes is a native of Nebraska and obtained a Bachelor of Science degree in Psychology from Nebraska Wesleyan in 1996. She also received a Masters of Education in Counseling/Psychological Services from Springfield College in 1998.



*Over the past six years, four Duke football players have earned the ACC's Top Six For Service Award: **Luke Bayer** (2003), **Matt Brooks** (2004), **Chris Douglas** (2004) and **Kenneth Stanford** (2005).*



Duke Athletics

A mainstay among the elite Division I athletic programs, Duke University once again ranked near the top during the 2007-08 athletic year. The women's golf and men's lacrosse teams won ACC Championships, while the women's lacrosse and men's lacrosse teams advanced to the NCAA Final Four. The women's golf team turned in a third place finish at the NCAA Championship to go along with NCAA Sweet 16 appearances by the women's soccer, women's basketball and women's tennis squads.

Duke was also very successful nationally in 2007-08 as 13 teams competed in NCAA Tournament action. The Blue Devils had 10 teams ranked in the top-10 of the national rankings during the season.

Listed below are some facts from the 2007-08 athletic year:

- The Blue Devils had two National Player of the Year honorees - Amanda Blumenherst (women's golf) and Matt Danowski (men's lacrosse); one National Rookie of the Year -- Emma Hamm (women's lacrosse); and one National Coach of the Year -- Kerstin Kimel (women's lacrosse).

- Amanda Blumenherst (women's golf) won her third straight National Player of the Year award as well as winning the Golf Honda Award for the second consecutive season and picked up her second straight Nancy Lopez award as the top amateur women's golfer in the nation. No other women's golfer in history has won three National Player of the Year honors and no amateur golfer has won the Nancy Lopez award in back-to-back years.

- Twenty-one Blue Devils were selected Academic All-America/National Scholar Athlete.

- A total of 38 student-athletes were selected All-America, while six were Freshmen All-America honorees.

- Duke boasted 47 All-ACC selections and 34 were All-Region.

- Twenty student-athletes received ESPN The Magazine Academic All-District honors.

- Three Blue Devils were named ACC Player of the Year--Amanda Blumenherst (women's golf), Matt Danowski (men's lacrosse) and Carrie DeMange (volleyball).

- A total of 45 Blue Devils earned ACC All-Academic team honors (all spring sports have not been released yet).

- The Duke Blue Devils currently stand in 10th place in the 2008 United States Sports Academy Directors' Cup Standings.



Kyle Singler
Men's Basketball
2008 Freshman All-America


Amanda Blumenherst
Women's Golf
2008 National Player of the Year

Maddie McKeever
Women's Cross Country
2007 All-America

Melissa Mang
Women's Tennis
2008 All-America

Emma Hamm
Women's Lacrosse
2008 National Rookie of the Year

Men's Lacrosse
2008 ACC Champions



Women's Golf
2008 ACC Champions

Dorian Cohen
Fencing
2008 All-America

Lorraine Quinn
Women's Soccer
2007 All-America

Ned Crotty
Men's Lacrosse
2008 All-America

Eron Riley
Football
2007 All-ACC

Laura Suchowski
Field Hockey
2007 All-America

Mike Grella
Men's Soccer
2007 All-America

■ Amanda Blumenherst claimed her third straight ACC Champion honor in women's golf, while Maddie McKeever was the ACC Champion in women's indoor track & field for the 5000m.

■ Three Duke teams earned No. 1 national rankings during the season — women's golf, men's soccer and men's lacrosse -- and five teams finished the season ranked in the top 10 -- women's golf, men's basketball, women's basketball, men's lacrosse, women's tennis. A total of 10 teams were ranked in the top 10 at one point during the season -- field hockey, women's golf, men's basketball, women's basketball, men's lacrosse, women's lacrosse, men's soccer, women's soccer, men's tennis and women's tennis.

■ Four Blue Devils earned ACC Rookie of the Year honors -- Emma Hamm (women's lacrosse), Mike Manley (men's lacrosse), Ellah Nze (women's tennis) and Kyle Singler (men's basketball).

■ The Duke wrestling team was announced as the 2007-08 National Wrestling Coaches' Association All-Academic champion for a second straight year. With a cumulative GPA for selected team members of 3.335.

■ The women's soccer team received the 2007 Fall Sportsmanship award for soccer.

■ The NCAA honored Division I sports teams with public recognition awards for their latest multiyear NCAA Division I Academic Progress Rate (APR) scores that ranked in the top 10 percent of all squads in their respective sports. Duke led all Atlantic Coast Conference institutions with 12 athletic teams achieving the top 10 percentile: Baseball, Men's Basketball, Men's Cross Country, Men's Football, Men's Golf, Men's Soccer, Men's Indoor Track, Men's Outdoor Track, Women's Fencing, Women's Golf, Women's Soccer and Women's Volleyball. Nationally, Duke was one of 15 institutions with at least 12 teams recognized for outstanding achievement and one of only two (Navy) that competes in the Bowl Championship Series in football.

■ Four Blue Devils were recipients of postgraduate scholarships given by the Atlantic Coast Conference (ACC) -- Patrick Bailey (football) and Ali Hausfeld (volleyball) were named recipients of the Weaver-James-Corrigan Award while Jennifer Pandolfi (women's golf) was a recipient of the Weaver-James-Corrigan Honorary Award and Tony McDevitt (men's lacrosse) received the Jim and Pat Thacker Award.