



# 2016 Men's Cross Country Results

Updated November 11, 2016

## Sept. 2 - Duke Alumni Meet Al Buehler Trail - Durham, N.C. 6K - 1st/2 teams - 21 points

Stephen Shine.....	1st.....	19:16
Alec Kunzweiler.....	2nd.....	19:28
Stephen Garrett.....	5th.....	20:00
Tom Sullivan.....	6th.....	20:02
Cole Hoff.....	7th.....	20:07
Dalton Randall.....	9th.....	20:17
Matt Wisner.....	10th.....	20:22
Jordan Burton.....	11th.....	20:25
Adamson Bryant.....	12th.....	20:33
AJ Eckmann.....	13th.....	20:34
Brian Benesch.....	14th.....	20:37
Matt Luppino.....	15th.....	20:42
Josiah Hanko.....	16th.....	20:53
Kyle Francis.....	17th.....	21:31
Michal Filipczak.....	18th.....	22:28

## Sept. 10 - Sycamore Invitational LaVern Gibson Championship XC Course - Terre Haute, Ind. 8K - 3rd/4 teams - 76 points

Stephen Shine.....	12th.....	25:52.8
Stephen Garrett.....	13th.....	26:18.2
Tom Sullivan.....	14th.....	26:22.2
Alec Kunzweiler.....	17th.....	26:36.7
Nikhil Pulimood.....	20th.....	26:48.5
Jordan Burton.....	23rd.....	27:04.5
Dalton Randall.....	24th.....	27:08.5^
Cole Hoff.....	25th.....	27:19.8
Matt Wisner.....	27th.....	27:32.2
Daniel Moore.....	28th.....	27:52.6

## Sept. 24 - Roy Griak Invitational Les Bolstad Golf Course - St. Paul, Minn. 8K - 22nd/29 teams - 613 points

Stephen Shine.....	105th.....	26:38.7
Stephen Garrett.....	128th.....	26:51.2
Cole Hoff.....	145th.....	26:59.4
Tom Sullivan.....	151st.....	27:06.1
Jordan Burton.....	180th.....	27:22.9
Nikhil Pulimood.....	197th.....	27:36.6
AJ Eckmann.....	246th.....	28:38.2
Matt Wisner.....	256th.....	29:02.9
Alec Kunzweiler.....		DNF
Josiah Hanko.....		DNF

## Oct. 14 - VertCross Invitational Beeson Park - Kernersville, N.C. 8K - 2nd/24 teams - 87 points

Alec Kunzweiler.....	11th.....	25:27.10
Stephen Garrett.....	15th.....	25:30.05
Nikhil Pulimood.....	17th.....	25:39.06
Cole Hoff.....	31st.....	25:52.39
Josiah Hanko.....	38th.....	26:03.93
Tom Sullivan.....	50th.....	26:13.63
Matt Wisner.....	53rd.....	26:17.99^
Kyle Francis.....	60th.....	26:23.24
Brian Benesch.....	68th.....	26:27.43
Kyle Carrozza.....	75th.....	26:33.81
AJ Eckmann.....	94th.....	26:53.51^
Adamson Bryant.....	141st.....	27:37.11
Dylan Murphy.....	175th.....	28:15.86^

## Oct. 28 - ACC Cross Country Championships WakeMed Soccer Park - Cary, N.C. 8K - 11th/15 teams - 311 points

Stephen Garrett.....	35th.....	24:15.3^
Nikhil Pulimood.....	70th.....	24:52.8
Alec Kunzweiler.....	76th.....	24:59.0
Jordan Burton.....	78th.....	25:03.5
Cole Hoff.....	82nd.....	25:08.1^
Tom Sullivan.....	96th.....	25:35.9^
Brian Benesch.....	98th.....	25:40.7^
Kyle Francis.....	109th.....	26:01.1^
Josiah Hanko.....	117th.....	26:37.6
Adamson Bryant.....	119th.....	26:54.4^

## Nov. 5 - Three Stripe Invitational WakeMed Soccer Park - Cary, N.C. 5K - 1st/2 teams - 17 points

Josiah Hanko.....	6th.....	15:10.50^
Kyle Francis.....	14th.....	15:45.50^
Matt Wisner.....	15th.....	15:49.85^
AJ Eckmann.....	21st.....	16:02.98^
Adamson Bryant.....	24th.....	16:13.24
Michal Filipczak.....	32nd.....	16:48.67^

## Nov. 11 - Southeast Regional Championships Panorama Farms - Charlottesville, Va. 10K - 15th/29 teams - 381 points

Stephen Garrett.....	40th.....	30:25.4^
Nikhil Pulimood.....	50th.....	30:39.6^
Jordan Burton.....	94th.....	31:35.8
Tom Sullivan.....	98th.....	31:39.7^
Cole Hoff.....	111th.....	31:52.8^
Brian Benesch.....	154th.....	32:45.9^

^ designates personal-best time



# 2016 Women's Cross Country Results

Updated November 11, 2016

## Sept. 2 - Duke Alumni Meet

Al Buehler Trail - Durham, N.C.

4K - 1st/2 teams - 15 points

Lindsay Billings.....	1st.....	14:14
Gabrielle Richichi.....	2nd.....	14:25
Liz Lansing.....	3rd.....	14:32
Sarah Armstrong.....	4th.....	14:36
Sheridan Wilbur.....	5th.....	14:44
Olivia Gwynn.....	6th.....	14:50
Brittany Aveni.....	7th.....	15:12
Veronica Brtek.....	8th.....	15:39

## Sept. 10 - Sycamore Invitational

LaVern Gibson Championship XC Course - Terre Haute, Ind.

5K - 2nd/3 teams - 47 points

Lindsay Billings.....	5th.....	18:09.4
Olivia Gwynn.....	13th.....	18:39.8
Sheridan Wilbur.....	15th.....	18:48.6
Gabrielle Richichi.....	16th.....	18:52.8
Brittany Aveni.....	19th.....	18:59.0
Liz Lansing.....	22nd.....	19:02.0
Veronica Brtek.....	29th.....	19:54.8
Sarah Armstrong.....	35th.....	22:14.0

## Sept. 24 - Roy Griak Invitational

Les Bolstad Golf Course - St. Paul, Minn.

6K - 14th/35 teams - 469 points

Sophia Parvizi-Wayne.....	18th.....	22:16.8
Sheridan Wilbur.....	90th.....	23:20.5
Liz Lansing.....	95th.....	23:22.8
Lindsay Billings.....	127th.....	23:41.6
Gabrielle Richichi.....	157th.....	24:00.1
Veronica Brtek.....	304th.....	25:57.7^
Sarah Armstrong.....	333rd.....	27:52.5

## Oct. 14 - VertCross Invitational

Beeson Park - Kernersville, N.C.

6K - 1st/22 teams - 70 points

Gabrielle Richichi.....	4th.....	21:27.35
Lindsay Billings.....	5th.....	21:32.24
Sheridan Wilbur.....	6th.....	21:35.59
Liz Lansing.....	18th.....	22:08.70
Olivia Gwynn.....	55th.....	23:15.74

## Oct. 28 - ACC Cross Country Championships

WakeMed Soccer Park - Cary, N.C.

6K - 11th/15 teams - 245 points

Sophia Parvizi-Wayne.....	15th.....	20:28.2^
Lindsay Billings.....	37th.....	21:05.9^
Gabrielle Richichi.....	46th.....	21:18.6
Liz Lansing.....	70th.....	21:40.9
Sarah Armstrong.....	98th.....	22:19.9^
Sheridan Wilbur.....	119th.....	23:02.3

## Nov. 11 - NCAA Southeast Regional Championships

Panorama Farms - Charlottesville, Va.

6K - 17th/32 teams - 452 points

Gabrielle Richichi.....	28th.....	21:12.3^
Lindsay Billings.....	46th.....	21:41.6
Liz Lansing.....	97th.....	22:25.2
Sarah Armstrong.....	143rd.....	23:04.2
Sheridan Wilbur.....	149th.....	23:12.2

^ designates personal-best time