

## 2019 Men's Indoor Track &amp; Field Results

Updated March 12, 2019

\* denotes Duke Record; (2) - No. 2 at Duke; (3) - No. 3 at Duke; (4) - No. 4 at Duke; (5) - No. 5 at Duke

**60 METERS**

7.17..... Miles Mingo (5th)..... Carolina Cup (1/12)  
 7.19..... Miles Mingo (23rd)..... Hokie Invite (1/19)

**200 METERS**

21.94 (4)..... Miles Mingo (22nd-pre)..... Tiger Paw Invite (2/8)

**300 METERS**

34.40 (2)..... Miles Mingo (4th)..... Hokie Invite (1/19)

**400 METERS**

48.05 (4)..... Miles Mingo (10th-pre)..... ACC Championship (2/23)  
 48.22..... Miles Mingo (10th)..... Tiger Paw Invite (2/8)  
 49.04..... Miles Mingo (16th)..... Armory Collegiate (1/26)  
 51.21..... Michael McCullom (6th)..... Carolina Cup (1/12)  
 53.24..... Sean Rafique (7th)..... Carolina Cup (1/12)

**600 METERS**

1:22.01..... Nick Cox (9th)..... Hokie Invite (1/19)  
 1:26.21..... Nico Coleman (8th)..... Camel City Invite (2/2)

**800 METERS**

1:48.57\*..... Matt Wisner (3rd)..... ACC Championship (2/23)  
 1:49.22..... Matt Wisner (3rd)..... Camel City Invite (2/2)  
 1:49.39 (2)..... Charles Cooper (6th)..... ACC Championship (2/23)  
 1:49.88..... Matt Wisner (11th-pre)..... NCAA Championships (3/8)  
 1:50.50..... Matt Wisner (1st)..... Hokie Invite (1/19)  
 1:51.74..... Charles Cooper (8th-pre)..... ACC Championship (2/23)  
 1:53.02..... Matt Wisner (4th-pre)..... ACC Championship (2/23)  
 1:53.86..... Nick Cox (10th)..... Armory Collegiate (1/26)  
 1:54.13..... Carter Dillon (6th)..... Hokie Invite (1/19)  
 1:54.84..... Nick Cox (3rd)..... JDL DMR Invite (2/16)  
 1:55.18..... Charles Cooper (1st)..... Carolina Cup (1/12)  
 1:57.07..... Nick Cox (3rd)..... Carolina Cup (1/12)  
 1:57.38..... Joe Cullen (20th)..... Armory Collegiate (1/26)  
 1:58.55..... Matt Politis (8th)..... JDL DMR Invite (2/16)  
 1:58.63..... Devin Connell (25th)..... Armory Collegiate (1/26)  
 1:59.15..... Devin Connell (11th)..... JDL DMR Invite (2/16)  
 1:59.86..... Nick Cox (27th-pre)..... ACC Championship (2/23)  
 2:00.29..... Charles Cooper (16th)..... Hokie Invite (1/19)  
 2:00.32..... Joe Cullen (5th)..... Carolina Cup (1/12)  
 2:00.51..... Nico Coleman (13th)..... JDL DMR Invite (2/16)  
 2:02.23..... Devin Connell (6th)..... Carolina Cup (1/12)  
 2:02.31..... Nico Coleman (7th)..... Carolina Cup (1/12)

**1,000 METERS**

2:26.23..... Matt Wisner (2nd)..... Hokie Invite (1/19)  
 2:26.78..... Charles Cooper (5th)..... Hokie Invite (1/19)  
 2:35.44..... Matt Politis (5th)..... Camel City Invite (2/2)

**1 MILE RUN**

4:09.75..... Alex Miley (10th)..... Hokie Invite (1/19)  
 4:10.27..... Alex Miley (15th-pre)..... ACC Championship (2/23)  
 4:10.89..... Josh Romine (11th)..... Hokie Invite (1/19)  
 4:11.29..... Carter Dillon (13th)..... Hokie Invite (1/19)  
 4:12.53..... Charles Cooper (4th)..... Tiger Paw Invite (2/8)  
 4:13.08..... Dillon Carter (5th)..... Tiger Paw Invite (2/8)  
 4:13.15..... Dillon Carter (19th-pre)..... ACC Championship (2/23)  
 4:13.32..... Matt Wisner (1st)..... Carolina Cup (1/12)  
 4:15.14..... Carter Dillon (3rd)..... Carolina Cup (1/12)  
 4:15.74..... Josh Romine (12th)..... Armory Collegiate (1/26)  
 4:17.74..... Alex Miley (4th)..... Carolina Cup (1/12)  
 4:26.90..... Stephen Garrett (27th)..... Camel City Invite (2/2)  
 4:29.13..... AJ Eckmann (18th)..... JDL DMR Invite (2/16)  
 4:29.77..... AJ Eckmann (33rd)..... Camel City Invite (2/2)  
 4:29.96..... Joe Cullen (20th)..... JDL DMR Invite (2/16)  
 4:33.04..... Ethan Ready (38th)..... Camel City Invite (2/2)

**3,000 METER RUN**

8:15.45..... Paul Dellinger (4th)..... Armory Collegiate (1/26)  
 8:15.66..... CJ Ambrosio (5th)..... Armory Collegiate (1/26)  
 8:15.96..... CJ Ambrosio (12th)..... ACC Championship (2/23)

8:19.96..... Josh Romine (4th)..... Tiger Paw Invite (2/8)  
 8:20.39..... Nikhil Pulimood (5th)..... Tiger Paw Invite (2/8)  
 8:22.95..... Dalton Randall (10th)..... Armory Collegiate (1/26)  
 8:23.08..... Josh Romine (1st)..... Carolina Cup (1/12)  
 8:23.70..... CJ Ambrosio (2nd)..... Carolina Cup (1/12)  
 8:25.97..... CJ Ambrosio (7th)..... Tiger Paw Invite (2/8)  
 8:26.20..... Paul Dellinger (3rd)..... Carolina Cup (1/12)  
 8:26.47..... Cole Hoff (12th)..... Armory Collegiate (1/26)  
 8:26.68..... Cole Hoff (4th)..... Carolina Cup (1/12)  
 8:28.11..... Nikhil Pulimood (2nd)..... JDL DMR Invite (2/16)  
 8:34.92..... Josh Romine (33rd)..... ACC Championship (2/23)  
 8:38.06..... Michael Ungvasky (19th)..... Armory Collegiate (1/26)  
 8:38.12..... Nikhil Pulimood (9th)..... Hokie Invite (1/19)  
 8:38.77..... Stephen Garrett (13th)..... Camel City Invite (2/2)  
 8:46.37..... Michael Ungvasky (17th)..... JDL DMR Invite (2/16)  
 8:46.92..... Stephen Garrett (19th)..... JDL DMR Invite (2/16)  
 8:47.62..... Ethan Ready (22nd)..... JDL DMR Invite (2/16)  
 8:53.09..... Paul Dellinger (46th)..... ACC Championship (2/23)  
 8:53.12..... Ethan Ready (25th)..... Camel City Invite (2/2)  
 9:11.46..... AJ Eckmann (41st)..... Camel City Invite (2/2)

**5,000 METER RUN**

14:30.44..... Dalton Randall (15th)..... ACC Championship (2/23)  
 14:45.17..... Dalton Randall (1st)..... Hokie Invite (1/19)  
 14:56.70..... Cole Hoff (26th)..... ACC Championship (2/23)  
 14:57.67..... Michael Ungvasky (2nd)..... Hokie Invite (1/19)  
 15:07.20..... Stephen Garrett (4th)..... Hokie Invite (1/19)  
 15:39.60..... Ethan Ready (9th)..... Hokie Invite (1/19)  
 16:26.21..... AJ Eckmann (15th)..... Hokie Invite (1/19)

**DISTANCE MEDLEY RELAY**

9:41.88..... 2nd..... Armory Collegiate (1/26)  
 (Charles Cooper, Carter Dillon, Miles Mingo, Matt Wisner)  
 9:47.29..... 3rd..... ACC Championship (2/23)  
 (Charles Cooper, Miles Mingo, Nick Cox, Matt Wisner)  
 10:04.39..... 8th..... JDL DMR Invite (2/16)  
 (Charles Cooper, Miles Mingo, Carter Dillon, Matt Wisner)  
 10:22.66..... 2nd..... Camel City Invite (2/2)  
 (Joe Cullen, Nick Cox, Devin Connell, Michael Ungvasky)  
 10:26.71..... 2nd..... Carolina Cup (1/12)  
 (Charles Cooper, Sean Rafique, Joe Cullen, Nikhil Pulimood)

**4 X 1 MILE RELAY**

16:58.57..... 4th..... Armory Collegiate (1/26)  
 (Charles Cooper, Carter Dillon, Alex Miley, Matt Wisner)

**HIGH JUMP**

7-1.00 (2.16) (2)..... Rivers Ridout (3rd)..... ACC Championship (2/23)  
 6-8.25 (2.04)..... Rivers Ridout (6th)..... Armory Collegiate (1/26)  
 6-8.00 (2.03)..... Rivers Ridout (2nd)..... Carolina Cup (1/12)  
 6-7.00 (2.01)..... Rivers Ridout (3rd)..... Hokie Invite (1/19)  
 6-7.00 (2.01)..... Bryant Lewis (5th)..... Hokie Invite (1/19)  
 6-6.75 (2.00)..... Bryant Lewis (8th)..... Tiger Paw Invite (2/8)  
 6-5.00 (1.96)..... Benjamin Ross (8th)..... Hokie Invite (1/19)  
 6-4.75 (1.95)..... Bryant Lewis (13th)..... ACC Championship (2/23)  
 6-4.75 (1.95)..... Benjamin Ross (2nd)..... Camel City Invite (2/2)  
 6-4.25 (1.94)..... Bryant Lewis (15th)..... Armory Collegiate (1/26)  
 6-2.75 (1.90)..... Benjamin Ross (4th)..... Carolina Cup (1/12)  
 6-2.75 (1.90)..... Benjamin Ross (15th)..... Tiger Paw Invite (2/8)  
 6-0.75 (1.85)..... Bryant Lewis (5th)..... Carolina Cup (1/12)

**POLE VAULT**

16-10.75 (5.15) (T4) . Esteban Suarez (3rd)..... ACC Championship (2/23)  
 16-6.75 (5.05)..... Esteban Suarez (6th)..... VT Challenge (2/16)  
 16-4.75 (5.00)..... Esteban Suarez (3rd)..... Camel City Invite (2/2)  
 16-4.75 (5.00)..... Esteban Suarez (6th)..... Hokie Invite (1/19)  
 16-2.75 (4.95)..... Cole Rowan (16th)..... ACC Championship (2/23)  
 15-11.00 (4.85)..... Esteban Suarez (1st)..... Carolina Cup (1/12)  
 15-7.00 (4.75)..... Cole Rowan (9th)..... VT Challenge (2/16)  
 15-5.00 (4.70)..... Cole Rowan (6th)..... Camel City Invite (2/2)  
 15-3.00 (4.65)..... Esteban Suarez (12th)..... Armory Collegiate (1/26)  
 15-1.00 (4.60)..... Cole Rowan (4th)..... Hokie Invite (1/19)

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14-11.50 (4.56) ..... Cole Rowan (16th) ..... Tiger Paw Invite (2/8)  
14-9.00 (4.50) ..... Cole Rowan (15th) ..... Armory Collegiate (1/26)

### SHOT PUT

55-5.00 (16.89) ..... Ben Beatty (6th) ..... Armory Collegiate (1/26)  
55-3.50 (16.85) ..... Ben Beatty (5th) ..... Hokie Invite (1/19)  
54-9.25 (16.69) ..... Ben Beatty (9th) ..... ACC Championship (2/23)  
54-7.25 (16.64) ..... Ben Beatty (13th) ..... Tiger Paw Invite (2/8)  
54-3.25 (16.54) ..... Ben Beatty (3rd) ..... Carolina Cup (1/12)  
53-8.50 (16.37) ..... Ben Beatty (4th) ..... VT Challenge (2/16)

### WEIGHT THROW

60-10.50 (18.55)\* ..... Iyin Battle (2nd) ..... VT Challenge (2/16)  
59-11.00 (18.26) ..... Iyin Battle (8th) ..... ACC Championship (2/23)  
59-5.75 (18.13) ..... Iyin Battle (1st) ..... Carolina Cup (1/12)  
58-8.00 (17.88) ..... Iyin Battle (7th) ..... Hokie Invite (1/19)  
57-9.75 (17.62) ..... Iyin Battle (14th) ..... Tiger Paw Invite (2/8)  
56-2.50 (17.13) ..... Iyin Battle (10th) ..... Armory Collegiate (1/26)  
55-0.00 (16.76) (4) ..... Ben Beatty (4th) ..... VT Challenge (2/16)  
54-9.25 (16.69) ..... Ben Beatty (11th) ..... Armory Collegiate (1/26)  
54-1.75 (16.50) ..... Ben Beatty (3rd) ..... Carolina Cup (1/12)  
53-2.75 (16.22) ..... Ben Beatty (16th) ..... ACC Championship (2/23)  
52-7.25 (16.03) ..... Ben Beatty (11th) ..... Hokie Invite (1/19)  
50-8.75 (15.46) ..... Ben Beatty (21st) ..... Tiger Paw Invite (2/8)

## 2019 Women's Indoor Track &amp; Field Results

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## 60 METERS

7.44*	India Lowe (8th-pre)	Tiger Paw Invite (2/8)
7.49	India Lowe (21st-pre)	Tiger Paw Invite (2/8)
7.52	India Lowe (8th)	Armory Collegiate (1/26)
7.52	India Lowe (6th-pre)	Armory Collegiate (1/26)
7.53	India Lowe (2nd)	Carolina Cup (1/12)
7.54 (3)	Kelcie Simmons (16th-pre)	ACC Championship (2/23)
7.56 (4)	Domonique Panton (17th-pre)	ACC Championship (2/23)
7.58	India Lowe (10th)	Hokie Invite (1/19)
7.62	Kelcie Simmons (12th)	Hokie Invite (1/19)
7.64	Kelcie Simmons (14th)	Armory Collegiate (1/26)
7.65	Domonique Panton (t25th)	Tiger Paw Invite (2/8)
7.66	Domonique Panton (t15th)	Armory Collegiate (1/26)
7.68	Kelcie Simmons (3rd)	Carolina Cup (1/12)
7.76	Natalie Simmons (21st)	Hokie Invite (1/19)
7.79	Domonique Panton (5th)	Carolina Cup (1/12)
7.81	Domonique Panton (24th)	Hokie Invite (1/19)
7.82	Natalie Simmons (6th)	Carolina Cup (1/12)

## 200 METERS

24.17 (4)	Kelcie Simmons (8th)	Tiger Paw Invite (2/8)
24.20	India Lowe (9th)	Tiger Paw Invite (2/8)
24.27	India Lowe (t6th)	Armory Collegiate (1/26)
24.27	Kelcie Simmons (t6th)	Armory Collegiate (1/26)
24.46	India Lowe (1st)	Carolina Cup (1/12)
24.53	Kelcie Simmons (14th-pre)	ACC Championship (2/23)
24.62	Natalie Simmons (4th)	Hokie Invite (1/19)
25.14	Nikki Merritt (23rd)	Armory Collegiate (1/26)
25.79	Simi Gbadegesin (40th)	Armory Collegiate (1/26)
25.83	MacKenzie Kerr (4th)	Carolina Cup (1/12)
25.84	Simi Gbadegesin (39th)	Tiger Paw Invite (2/8)

## 300 METERS

38.21*	India Lowe (1st)	Hokie Invite (1/19)
39.29	Kelcie Simmons (6th)	Hokie Invite (1/19)

## 400 METERS

53.24	India Lowe (3rd)	ACC Championship (2/23)
53.66	India Lowe (2nd-pre)	ACC Championship (2/23)
55.38	MacKenzie Kerr (14th-pre)	ACC Championship (2/23)
56.20	MacKenzie Kerr (15th)	Tiger Paw Invite (2/8)
56.21	Brittany Aveni (1st)	Carolina Cup (1/12)
56.41	MacKenzie Kerr (5th)	VT Challenge (2/16)
57.10	Lauren Hoffman (19th)	Armory Collegiate (1/26)
57.21	Natalie Simmons (22nd)	Tiger Paw Invite (2/8)
57.26	Nikki Merritt (23rd)	Tiger Paw Invite (2/8)
57.59	Kelcie Simmons (26th)	Tiger Paw Invite (2/8)
57.83	Simi Gbadegesin (29th)	Tiger Paw Invite (2/8)
58.54	Simi Gbadegesin (29th)	Armory Collegiate (1/26)
59.19	Simi Gbadegesin (3rd)	Carolina Cup (1/12)

## 600 METERS

1:29.90 (2)	Brittany Aveni (1st)	Hokie Invite (1/19)
1:37.12	MacKenzie Kerr (5th)	Hokie Invite (1/19)
1:45.73	Ellen Hirsberg (11th)	Hokie Invite (1/19)

## 800 METERS

2:08.58	Brittany Aveni (2nd)	Tiger Paw Invite (2/8)
2:08.66	Brittany Aveni (3rd)	Armory Collegiate (1/26)
2:09.53	Brittany Aveni (7th)	ACC Championship (2/23)
2:09.91	Brittany Aveni (7th-pre)	ACC Championship (2/23)
2:13.06	Leigha Torino (1st)	Hokie Invite (1/19)
2:14.77	Virginia Capehart (18th-pre)	ACC Championship (2/23)
2:15.92	Virginia Capehart (21st)	Tiger Paw Invite (2/8)
2:18.90	Sarah Armstrong (13th)	Hokie Invite (1/19)
2:19.75	Rylee Bowen (5th)	JDL DMR Invite (2/16)
2:20.92	Erin Marsh (5th-pent)	ACC Championship (2/23)
2:21.09	Sarah Armstrong (14th)	Camel City Invite (2/2)
2:22.20	Kate Kutzer (7th-pent)	ACC Championship (2/23)
2:22.86	Ellen Hirsberg (19th)	Hokie Invite (1/19)
2:23.03	Kate Kutzer (2nd-pent)	Armory Collegiate (1/26)

2:23.75	Virginia Capehart (38th)	Armory Collegiate (1/26)
2:29.50	Erin Marsh (7th-pent)	Armory Collegiate (1/26)
2:29.74	Veronica Brtek (3rd)	Carolina Cup (1/12)
2:30.39	Ellen Hirsberg (15th)	JDL DMR Invite (2/16)
2:35.92	Erin Marsh (16th-pent)	NCAA Championships (3/8)

## 1,000 METERS

2:57.94	Sarah Armstrong (10th)	Hokie Invite (1/19)
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## 1 MILE RUN

4:47.92	Michael Reinhart (4th)	Tiger Paw Invite (2/8)
4:48.09	Leigha Torino (14th-pre)	ACC Championship (2/23)
4:48.23	Kim Hollowes (5th)	Hokie Invite (1/19)
4:48.26	Kim Hollowes (8th)	Camel City Invite (2/2)
4:48.28	Kim Hollowes (15th-pre)	ACC Championship (2/23)
4:48.55	Leigha Torino (5th)	Tiger Paw Invite (2/8)
4:51.20	Leigha Torino (7th)	Hokie Invite (1/19)
4:51.49	Liz Lansing (1st)	Camel City Invite (2/2)
4:51.58	Leigha Torino (2nd)	Camel City Invite (2/2)
4:56.53	Liz Lansing (22nd-pre)	ACC Championship (2/23)
5:00.00	Sarah Armstrong (16th)	Tiger Paw Invite (2/8)
5:01.62	Sarah Armstrong (28th-pre)	ACC Championship (2/23)
5:01.63	Clara Savchik (11th)	Camel City Invite (2/2)
5:03.41	Olivia Gwynn (13th)	Camel City Invite (2/2)
5:06.46	Elizabeth Reneau (15th)	Camel City Invite (2/2)
5:21.40	Rylee Bowen (31st)	Camel City Invite (2/2)
5:22.31	Veronica Brtek (23rd)	Hokie Invite (1/19)
5:23.28	Rylee Bown (24th)	Hokie Invite (1/19)

## 3,000 METER RUN

9:29.29	Michaela Reinhart (8th)	ACC Championship (2/23)
9:31.82	Michaela Reinhart (2nd)	Camel City Invite (2/2)
9:38.79	Michaela Reinhart (1st)	Hokie Invite (1/19)
9:43.26	Clara Savchik (3rd)	Tiger Paw Invite (2/8)
9:49.63	Leigha Torino (2nd)	Carolina Cup (1/12)
9:52.02	Clara Savchik (27th)	ACC Championship (2/23)
9:54.68	Elizabeth Reneau (9th)	Tiger Paw Invite (2/8)
9:55.26	Clara Savchik (5th)	Hokie Invite (1/19)
9:55.80	Lindsay Billings (3rd)	JDL DMR Invite (2/16)
9:58.93	Elizabeth Reneau (7th)	Hokie Invite (1/19)
10:06.23	Elizabeth Reneau (32nd)	ACC Championship (2/23)
10:08.15	Lindsay Billings (10th)	Hokie Invite (1/19)
10:08.39	Helen Williams (11th)	Hokie Invite (1/19)
10:10.51	Helen Williams (5th)	Carolina Cup (1/12)
10:17.65	Amanda Beach (16th)	Hokie Invite (1/19)
10:21.30	Olivia Gwyn (17th)	Hokie Invite (1/19)

## 5,000 METER RUN

17:04.88	Michaela Reinhart (17th)	ACC Championship (2/24)
17:08.81	Amanda Beach (16th)	ACC Championship (2/23)
17:11.46	Amanda Beach (2nd)	Tiger Paw Invite (2/8)
17:11.78	Helen Williams (3rd)	Tiger Paw Invite (2/8)
17:14.33	Lindsay Billings (4th)	Tiger Paw Invite (2/8)
17:38.06	Helen Williams (27th)	ACC Championship (2/23)

## 60 METER HURDLES

8.40	Erin Marsh (2nd-pent)	ACC Championship (2/23)
8.42	Erin Marsh (4th-pent)	NCAA Championships (3/8)
8.47	Erin Marsh (14th-pre)	ACC Championship (2/23)
8.52	Erin Marsh (1st)	Carolina Cup (1/12)
8.54	Lauren Hoffman (18th-pre)	ACC Championship (2/23)
8.58	Erin Marsh (1st-pent)	Armory Collegiate (1/26)
8.58	Erin Marsh (18th-pre)	Tiger Paw Invite (2/8)
8.64	Erin Marsh (9th)	Hokie Invite (1/19)
8.65	Erin Marsh (4th)	Camel City Invite (2/2)
8.65	Erin Marsh (4th-pre)	Camel City Invite (2/2)
8.67	Lauren Hoffman (21st-pre)	Tiger Paw Invite (2/8)
8.67	Erin Marsh (1st-pre)	Carolina Cup (1/12)
8.69	Nikki Merritt (14th-pre)	Armory Collegiate (1/26)
8.71	Lauren Hoffman (3rd)	Carolina Cup (1/12)
8.71	Lauren Hoffman (15th-pre)	Armory Collegiate (1/26)

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8.80.....	Nikki Merritt (25th-pre).....	Tiger Paw Invite (2/8)
8.81.....	Lauren Hoffman (3rd-pre).....	Carolina Cup (1/12)
8.86.....	Nikki Merritt (4th).....	Carolina Cup (1/12)
8.87.....	Lauren Hoffman (19th).....	Hokie Invite (1/19)
8.88.....	Jaida Lemmons (5th).....	Carolina Cup (1/12)
8.90.....	Nikki Merritt (4th-pre).....	Carolina Cup (1/12)
8.92.....	Kate Kutzer (27th-pre).....	Tiger Paw Invite (2/8)
8.95.....	Jaida Lemmons (6th-pre).....	Carolina Cup (1/12)
8.99.....	Kate Kutzer (7th-pent).....	ACC Championship (2/23)
9.04.....	Kate Kutzer (7th).....	Carolina Cup (1/12)
9.06.....	Kate Kutzer (5th-pent).....	Armory Collegiate (1/26)
9.10.....	Jaida Lemmons (26th).....	Hokie Invite (1/19)
9.11.....	Kate Kutzer (7th-pre).....	Carolina Cup (1/12)
9.21.....	Kate Kutzer (15th-pre).....	Camel City Invite (2/2)
9.53.....	Kate Kutzer (32nd).....	Hokie Invite (1/19)

**DISTANCE MEDLEY RELAY**

11:15.14.....	4th.....	JDL DMR Invite (2/16)
(Liz Lansing, Lauren Hoffman, Brittany Aveni, Kim Hollowes)		
11:15.82.....	5th.....	ACC Championship (2/23)
(Kim Hollowes, Lauren Hoffman, Leigha Torino, Michaela Reinhart)		
11:32.90.....	1st.....	Hokie Invite (1/19)
(Kim Hollowes, MacKenzie Kerr, Brittany Aveni, Michaela Reinhart)		
12:35.50.....	1st.....	Carolina Cup (1/12)
(Veronica Brtek, Virginia Capehart, Ellen Hirsberg, Michaela Reinhart)		

**4 X 400 METER RELAY**

3:38.14 (5).....	10th.....	Tiger Paw Invite (2/8)
(India Lowe, Brittany Aveni, Kelcie Simmons, MacKenzie Kerr)		
3:38.38.....	3rd.....	ACC Championship (2/23)
(India Lowe, Brittany Aveni, Lauren Hoffman, MacKenzie Kerr)		
3:41.03.....	2nd.....	Armory Collegiate (1/26)
(Natalie Simmons, India Lowe, Brittany Aveni, Lauren Hoffman)		
3:44.95.....	15th.....	Tiger Paw Invite (2/8)
(Nikki Merritt, Lauren Hoffman, Natalie Simmons, Virginia Capehart)		
3:52.13.....	4th.....	Carolina Cup (1/12)
(Lauren Hoffman, Nikki Merritt, Simi Gbadegesin, Virginia Capehart)		

**HIGH JUMP**

5-8.75 (1.75) (3).....	Erin Marsh (2nd).....	ACC Championship (2/23)
5-8.75 (1.75).....	Erin Marsh (9th-pent).....	NCAA Championships (3/8)
5-8.00 (1.73).....	Erin Marsh (2nd-pent).....	ACC Championship (2/23)
5-7.00 (1.70).....	Cassie Martin (1st-jump off).....	Carolina Cup (1/12)
5-7.00 (1.70).....	Erin Marsh (1st-pent).....	Armory Collegiate (1/26)
5-6.00 (1.68).....	Cassie Martin (1st).....	Hokie Invite (1/19)
5-5.00 (1.65).....	Cassie Martin (t6th).....	Armory Collegiate (1/26)
5-5.00 (1.65).....	Cassie Martin (1st).....	Carolina Cup (1/12)
5-4.50 (1.64).....	Cassie Martin (t4th).....	ACC Championship (2/23)
5-4.50 (1.64).....	Erin Marsh (t14th).....	Tiger Paw Invite (2/8)
5-4.50 (1.64).....	Cassie Martin (t14th).....	Tiger Paw Invite (2/8)
5-3.25 (1.61).....	Kate Kutzer (8th-pent).....	ACC Championship (2/23)
5-3.00 (1.60).....	Rivka Arbiv (14th).....	Armory Collegiate (1/26)
5-3.00 (1.60).....	Erin Marsh (T-3rd).....	Carolina Cup (1/12)
5-3.00 (1.60).....	Jaida Lemmons (T-3rd).....	Carolina Cup (1/12)
5-0.50 (1.54).....	Tracy Jander (t19th).....	Tiger Paw Invite (2/8)
5-0.50 (1.54).....	Kate Kutzer (t19th).....	Tiger Paw Invite (2/8)
4-11.00 (1.50).....	Tracy Jander (3rd).....	Camel City Invite (2/2)
4-11.00 (1.50).....	Kate Kutzer (7th).....	Carolina Cup (1/12)
4-10.50 (1.49).....	Kate Kutzer (14th-pent).....	Armory Collegiate (1/26)

**LONG JUMP**

19-1.25 (5.82).....	Jaida Lemmons (8th).....	Hokie Invite (1/19)
19-0.75 (5.81).....	Erin Marsh (2nd-pent).....	ACC Championship (2/23)
18-11.75 (5.78).....	Nikki Merritt (3rd).....	Armory Collegiate (1/26)
18-10.50 (5.75).....	Kate Kutzer (9th).....	Hokie Invite (1/19)
18-9.25 (5.72).....	Kate Kutzer (16th).....	Tiger Paw Invite (2/8)
18-9.25 (5.72).....	Kate Kutzer (4th-pent).....	ACC Championship (2/23)
18-6.00 (5.64).....	Kate Kutzer (2nd-pent).....	Armory Collegiate (1/26)
18-3.00 (5.56).....	Erin Marsh (3rd-pent).....	Armory Collegiate (1/26)
18-2.50 (5.55).....	Kelcie Simmons (13th).....	Hokie Invite (1/19)
18-1.50 (5.52).....	Kate Kutzer (4th).....	Camel City Invite (2/2)
18-1.50 (5.52).....	Erin Marsh (22nd).....	Tiger Paw Invite (2/8)

18-1.00 (5.51).....	Jaida Lemmons (t18th).....	ACC Championship (2/23)
18-1.00 (5.51).....	Kelcie Simmons (t18th).....	ACC Championship (2/23)
17-11.75 (5.48).....	Erin Marsh (16th-pent).....	NCAA Championships (3/8)
17-11.50 (5.47).....	Nikki Merritt (24th).....	Tiger Paw Invite (2/8)
17-11.50 (5.47).....	Nikki Merritt (3rd).....	Carolina Cup (1/12)
17-11.00 (5.46).....	Erin Marsh (18th).....	Hokie Invite (1/19)
17-11.00 (5.46).....	Kelcie Simmons (4th).....	Carolina Cup (1/12)
17-10.25 (5.44).....	Natalie Simmons (9th).....	Armory Collegiate (1/26)
17-7.00 (5.36).....	Erin Marsh (6th).....	Camel City Invite (2/2)
17-5.50 (5.32).....	Kate Kutzer (21st).....	ACC Championship (2/23)

**TRIPLE JUMP**

42-4.00 (12.90)*.....	Domonique Panton (4th).....	ACC Championship (2/23)
41-7.00 (12.67).....	Domonique Panton (2nd).....	Armory Collegiate (1/26)
41-3.75 (12.59).....	Domonique Panton (4th).....	Hokie Invite (1/19)
40-4.00 (12.29).....	Domonique Panton (9th).....	Tiger Paw Invite (2/8)
40-0.50 (12.20).....	Domonique Panton (1st).....	Carolina Cup (1/12)
35-1.00 (10.69).....	Natalie Simmons (4th).....	Carolina Cup (1/12)

**POLE VAULT**

14-1.25 (4.30) (3).....	Laura Marty (1st).....	Camel City Invite (2/2)
13-9.25 (4.20).....	Laura Marty (t2nd).....	Armory Collegiate (1/26)
13-8.50 (4.18).....	Rivka Arbiv (4th).....	ACC Championship (2/23)
13-8.50 (4.18).....	Nati Sheppard (5th).....	ACC Championship (2/23)
13-4.50 (4.08).....	Laura Marty (7th).....	ACC Championship (2/23)
13-0.75 (3.98).....	Nati Sheppard (t5th).....	Tiger Paw Invite (2/8)
13-0.75 (3.98).....	Chesney Ward (t5th).....	Tiger Paw Invite (2/8)
13-0.75 (3.98).....	Rivka Arbiv (10th).....	Tiger Paw Invite (2/8)
12-11.00 (3.94).....	Rivka Arbiv (4th).....	Hokie Invite (1/19)
12-10.25 (3.92).....	Rivka Arbiv (t6th).....	VT Challenge (2/16)
12-10.25 (3.92).....	Nati Sheppard (t6th).....	VT Challenge (2/16)
12-9.50 (3.90).....	Nati Sheppard (5th).....	Armory Collegiate (1/26)
12-9.50 (3.90).....	Nati Sheppard (T-3rd).....	Carolina Cup (1/12)
12-9.50 (3.90).....	Laura Marty (T-3rd).....	Carolina Cup (1/12)
12-7.50 (3.85).....	Rivka Arbiv (t4th).....	Camel City Invite (2/2)
12-7.50 (3.85).....	Chesney Ward (t4th).....	Camel City Invite (2/2)
12-7.50 (3.85).....	Nati Sheppard (t4th).....	Camel City Invite (2/2)
12-5.50 (3.80).....	Rivka Arbiv (5th).....	Carolina Cup (1/12)
12-5.25 (3.79).....	Laura Marty (T-5th).....	Hokie Invite (1/19)
12-5.25 (3.79).....	Nati Sheppard (T-5th).....	Hokie Invite (1/19)
12-3.50 (3.75).....	Chesney Ward (7th).....	Armory Collegiate (1/26)
11-9.75 (3.60).....	Rivka Arbiv (t12th).....	Armory Collegiate (1/26)

**SHOT PUT**

37-2.25 (11.33).....	Erin Marsh (12th-pent).....	NCAA Championships (3/8)
36-9.00 (11.20).....	Jaida Lemmons (12th).....	Hokie Invite (1/19)
36-7.75 (11.17).....	Kate Kutzer (3rd-pent).....	Armory Collegiate (1/26)
36-3.50 (11.06).....	Erin Marsh (3rd-pent).....	ACC Championship (2/23)
35-10.50 (10.93).....	Erin Marsh (13th).....	Hokie Invite (1/19)
33-11.50 (10.35).....	Kate Kutzer (16th).....	Hokie Invite (1/19)
33-11.25 (10.34).....	Erin Marsh (6th-pent).....	Armory Collegiate (1/26)
32-3.75 (9.85).....	Kate Kutzer (9th-pent).....	ACC Championship (2/23)

**WEIGHT THROW**

63-4.25 (19.31)*.....	Stefani Vukajlovic (8th).....	ACC Championship (2/23)
60-8.50 (18.50).....	Stefani Vukajlovic (17th).....	Tiger Paw Invite (2/8)
60-4.50 (18.40).....	Stefani Vukajlovic (4th).....	VT Challenge (2/16)
58-8.50 (17.89).....	Stefani Vukajlovic (5th).....	Carolina Cup (1/12)
56-7.25 (17.25).....	Stefani Vukajlovic (11th).....	Hokie Invite (1/19)

**PENTATHLON**

4,132 (2).....	Erin Marsh (2nd).....	ACC Championship (2/23)
3,883.....	Erin Marsh (16th).....	NCAA Championships (3/8)
3,823.....	Erin Marsh (2nd).....	Armory Collegiate (1/26)
3,738.....	Kate Kutzer (4th).....	ACC Championship (2/23)
3,637.....	Kate Kutzer (3rd).....	Armory Collegiate (1/26)

## 2019 Men's Outdoor Track &amp; Field Results

Updated June 24, 2019

\* denotes Duke Record; (2) - No. 2 at Duke; (3) - No. 3 at Duke; (4) - No. 4 at Duke; (5) - No. 5 at Duke

## 100M DASH

10.95	Marquis Waters (14th)	Virginia Grand Prix (4/27)
11.08	Marquis Waters (26th)	Duke Invite (4/20)
11.20	Miles Mingo (12th)	HPU VertKlasse Meet (3/23)

## 200M DASH

21.76	Miles Mingo (11th)	Duke Invite (4/20)
21.78	Miles Mingo (18th-pre)	ACC Championships (5/11)
22.11	Miles Mingo (11th)	HPU VertKlasse Meet (3/23)
22.50	Miles Mingo (2nd)	Battle of the Blues (4/6)
22.52	Marquis Waters (23rd)	Virginia Grand Prix (4/27)
22.88	Marquis Waters (60th)	Duke Invite (4/20)
23.26	Michael McCullom (24th)	Virginia Grand Prix (4/27)
23.42	Sean Rafique (25th)	HPU VertKlasse Meet (3/23)
23.64	Sean Rafique (74th)	Duke Invite (4/20)
24.00	Christian Friis (35th)	HPU VertKlasse Meet (3/23)

## 400M DASH

47.53	Miles Mingo (2nd)	Battle of the Blues (4/6)
47.58	Miles Mingo (14th-pre)	ACC Championships (5/11)
47.62	Miles Mingo (6th)	Raleigh Relays (3/30)
47.85	Miles Mingo (5th)	Duke Invite (4/20)
50.77	Michael McCullom (17th)	Virginia Grand Prix (4/27)
51.46	Michael McCullom (64th)	Duke Invite (4/20)
51.58	Sean Rafique (61st)	Raleigh Relays (3/30)
51.89	Sean Rafique (67th)	Duke Invite (4/20)
52.16	Sean Rafique (4th)	Battle of the Blues (4/6)
52.17	Sean Rafique (10th)	HPU VertKlasse Meet (3/23)

## 800M RUN

1:49.32	Matt Wisner (2nd)	Duke Invite (4/20)
1:49.35	Matt Wisner (2nd-pre)	NCAA East Preliminary (5/25)
1:50.34	Matt Wisner (2nd)	ACC Championships (5/11)
1:50.70	Matt Wisner (6th)	Tennessee Relays (4/13)
1:50.93	Matt Wisner (19th)	NCAA East Preliminary (5/25)
1:51.14	Charles Cooper (7th)	Tennessee Relays (4/13)
1:52.10	Nick Cox (7th-pre)	ACC Championships (5/11)
1:52.34	Matt Wisner (9th-pre)	ACC Championships (5/11)
1:53.26	Charles Cooper (2nd)	Battle of the Blues (4/6)
1:53.46	Charles Cooper (20th)	Duke Invite (4/20)
1:54.03	Nick Cox (24th)	Duke Invite (4/20)
1:55.49	Nick Cox (36th)	Tennessee Relays (4/13)
1:55.86	Joe Cullen (22nd-pre)	ACC Championships (5/11)
1:56.33	Nick Cox (5th)	Battle of the Blues (4/6)
1:56.68	Joe Cullen (39th)	Tennessee Relays (4/13)
1:56.92	Matt Wisner (2nd)	Battle of the Blues (4/6)
1:57.22	Devin Connell (8th)	Battle of the Blues (4/6)
1:57.58	Joe Cullen (7th)	Battle of the Blues (4/6)
1:57.86	Devin Connell (60th)	Duke Invite (4/20)
1:59.10	Nico Coleman (61st)	Duke Invite (4/20)
1:59.35	Nico Coleman (8th)	Battle of the Blues (4/6)
2:01.52	Devin Connell (46th)	Tennessee Relays (4/13)
2:04.24	Nico Coleman (47th)	Tennessee Relays (4/13)

## 1,500M RUN

3:46.54	Charles Cooper (8th)	ACC Championships (5/11)
3:47.67	Charles Cooper (6th-pre)	ACC Championships (5/11)
3:48.09	Charles Cooper (16th)	Raleigh Relays (3/30)
3:51.46	Carter Dillon (15th-pre)	ACC Championships (5/11)
3:52.48	Carter Dillon (37th)	Raleigh Relays (3/30)
3:52.75	Alex Miley (40th)	Raleigh Relays (3/30)
3:53.89	Nikhil Pulimood (28th)	Tennessee Relays (4/13)
3:54.64	Alex Miley (32nd)	Tennessee Relays (4/13)
3:54.81	Charles Cooper (28th-pre)	NCAA East Preliminary (5/25)
3:56.18	Tom Sullivan (36th)	Tennessee Relays (4/13)
3:56.49	Charles Cooper (1st)	Battle of the Blues (4/6)
3:57.65	Carter Dillon (3rd)	Battle of the Blues (4/6)
3:58.25	Carter Dillon (39th)	Tennessee Relays (4/13)
3:59.01	Tom Sullivan (19th)	Duke Invite (4/20)
3:59.47	Tom Sullivan (36th-pre)	ACC Championships (5/11)
4:01.58	Matt Politis (48th)	Tennessee Relays (4/13)

4:03.48	Matt Politis (5th)	Battle of the Blues (4/6)
4:04.25	Matt Politis (36th)	Duke Invite (4/20)
4:05.04	Ethan Ready (43rd)	Duke Invite (4/20)

## 3,000M RUN

8:23.74	CJ Ambrosio (1st)	Battle of the Blues (4/6)
8:26.70	Chris Theodore (2nd)	Battle of the Blues (4/6)
8:26.94	Tom Sullivan (3rd)	Battle of the Blues (4/6)
8:46.62	Cole Hoff (4th)	Battle of the Blues (4/6)

## 3,000M STEEPLECHASE

8:49.05 [4]	Alex Miley (13th)	NCAA East Preliminary (5/25)
8:50.89	Alex Miley (3rd)	Penn Relays (4/27)
8:51.71	Alex Miley (3rd)	ACC Championships (5/11)
8:59.11	Alex Miley (1st)	Battle of the Blues (4/6)
9:02.04	Michael Ungvarsky (11th)	Penn Relays (4/27)
9:09.24	Michael Ungvarsky (2nd)	Battle of the Blues (4/6)
9:09.69	Ethan Ready (19th)	Penn Relays (4/27)
9:13.25	Ethan Ready (3rd)	Battle of the Blues (4/6)
9:15.11	Michael Ungvarsky (13th)	ACC Championships (5/11)
9:19.43	Stephen Garrett (7th)	Duke Invite (4/20)
9:22.71	Michael Ungvarsky (41st)	Raleigh Relays (3/30)
9:23.19	Stephen Garrett (18th)	ACC Championships (5/11)
9:24.14	Ethan Ready (43rd)	Raleigh Relays (3/30)
9:29.70	Ethan Ready (21st)	ACC Championships (5/11)
9:30.65	Stephen Garrett (5th)	Battle of the Blues (4/6)
9:30.82	Stephen Garrett (49th)	Raleigh Relays (3/30)
9:44.13	AJ Eckmann (6th)	Battle of the Blues (4/6)
9:46.91	AJ Eckmann (4th)	Tennessee Relays (4/13)

## 5,000M RUN

14:09.81	Dalton Randall (7th)	Duke Invite (4/20)
14:13.40	Nikhil Pulimood (10th)	Duke Invite (4/20)
14:13.61	CJ Ambrosio (9th)	Penn Relays (4/27)
14:17.41	CJ Ambrosio (10th)	ACC Championships (5/11)
14:18.36	Paul Dellinger (14th)	Duke Invite (4/20)
14:32.00	Josh Romine	Penn Relays (4/27)
14:34.14	Dalton Randall (27th)	NCAA East Preliminary (5/25)
14:34.61	Josh Romine (77th)	Raleigh Relays (3/30)
14:35.44	Paul Dellinger (20th)	ACC Championships (5/11)
14:38.14	Nikhil Pulimood (24th)	ACC Championships (5/11)
14:38.62	Chris Theodore (39th)	Penn Relays (4/27)
14:39.36	Josh Romine (2nd)	Tennessee Relays (4/13)
14:40.07	Nikhil Pulimood (25th)	ACC Championships (5/11)
14:49.09	Chris Theodore (5th)	Tennessee Relays (4/13)
14:51.31	CJ Ambrosio (42nd)	Raleigh Relays (3/30)
14:52.98	Josh Romine (30th)	ACC Championships (5/11)
14:53.72	Paul Dellinger (114th)	Raleigh Relays (3/30)
14:56.65	Tom Sullivan (60th)	Penn Relays (4/27)
15:24.74	Cole Hoff (16th)	Tennessee Relays (4/13)

## 10,000M RUN

30:11.76	Nikhil Pulimood (11th)	Raleigh Relays (3/30)
31:01.29	Nikhil Pulimood (13th)	ACC Championships (5/11)
31:30.04	Cole Hoff (15th)	ACC Championships (5/11)

## 110M HURDLES

14.79	Christian Friis (2nd)	Battle of the Blues (4/6)
15.43	Jacob Sobota (3rd)	Battle of the Blues (4/6)

## 400M HURDLES

1:09.45	Sean Rafique (1st)	Battle of the Blues (4/6)
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## 4X200M RELAY

## 4X400M RELAY

3:17.94	2nd	Battle of the Blues (4/6)	(Miles Mingo, Jacob Sobota, Christian Friis, Matt Wisner)
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## 4X800M RELAY

7:31.38	1st	Raleigh Relays (3/30)	(Carter Dillon, Nick Cox, Charles Cooper, Matt Wisner)
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## 2019 Men's Outdoor Track &amp; Field Results

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7:37.07..... 9th ..... Penn Relays (4/27)  
(Carter Dillon, Nick Cox, Charles Cooper, Matt Wisner)7:45.86..... 5th ..... Tennessee Relays (4/13)  
(Tom Sullivan, Matt Politis, Joe Cullen, Nick Cox)7:49.15..... 16th ..... Raleigh Relays (3/30)  
(Alex Connell, Joe Cullen, Matt Politis, Nico Coleman)**4X1,500M RELAY**15:50.14..... 3rd ..... Raleigh Relays (3/30)  
(Chris Theodore, Tom Sullivan, Alex Miley, Michael Ungvársky)**4XMILE RELAY****DISTANCE MEDLEY RELAY**9:56.16..... 12th ..... Penn Relays (4/27)  
(Charles Cooper, Miles Mingo, Carter Dillon, Mat Wisner)9:59.89..... 8th ..... Tennessee Relays (4/13)  
(Charles Cooper, Nick Cox, Carter Dillon, Alex Miley)**SPRINT MEDLEY RELAY****HIGH JUMP**

7-0.25 (2.14)..... Rivers Ridout (1st) ..... Virginia Grand Prix (4/27)

6-11.50 (2.12)..... Rivers Ridout (1st) ..... Battle of the Blues (4/6)

6-11.00 (2.11)..... Rivers Ridout (26th) ..... NCAA East Preliminary (5/25)

6-11.00 (2.11)..... Rivers Ridout (5th) ..... ACC Championships (5/11)

6-10.25 (2.09)..... Rivers Ridout (2nd) ..... HPU VertKlasse Meet (3/23)

6-10.25 (2.09)..... Rivers Ridout (T4th) ..... Texas Relays (3/30)

6-9.00 (2.06)..... Rivers Ridout (5th) ..... Duke Invite (4/20)

6-6.75 (2.00)..... Bryant Lewis (4th) ..... Raleigh Relays (3/30)

6-6.75 (2.00)..... Benjamin Ross (3rd) ..... Raleigh Relays (3/30)

6-5.00 (1.96)..... Bryant Lewis (T1st) ..... Virginia Grand Prix (4/27)

6-5.00 (1.96)..... Bryant Lewis (5th) ..... HPU VertKlasse Meet (3/23)

6-4.00 (1.93)..... Benjamin Ross (11th) ..... ACC Championships (5/11)

6-4.00 (1.93)..... Bryant Lewis (2nd) ..... Battle of the Blues (4/6)

6-3.50 (1.92)..... Benjamin Ross (14th) ..... Duke Invite (4/20)

6-3.25 (1.91)..... Benjamin Ross (9th) ..... HPU VertKlasse Meet (3/23)

6-2.00 (1.88)..... Benjamin Ross (3rd) ..... Battle of the Blues (4/6)

6-1.25 (1.86)..... Benjamin Ross (5th) ..... Virginia Grand Prix (4/27)

**LONG JUMP****POLE VAULT**

16-0.75 (4.90)..... Cole Rowan (3rd) ..... Virginia Grand Prix (4/27)

16-0.75 (4.90)..... Esteban Suarez (8th) ..... Duke Invite (4/20)

15-11.75 (4.87)..... Cole Rowan (4th) ..... ACC Championships (5/11)

15-10.00 (4.83)..... Esteban Suarez (5th) ..... Virginia Grand Prix (4/27)

15-9.00 (4.80)..... Jacob Sobota (1st) ..... Battle of the Blues (4/6)

15-7.75 (4.77)..... Esteban Suarez (T6th) ..... ACC Championships (5/11)

15-7.00 (4.75)..... Cole Rowan (T8th) ..... Tennessee Relays (4/13)

15-1.00 (4.60)..... Esteban Suarez (4th) ..... Battle of the Blues (4/6)

15-1.00 (4.60)..... Cole Rowan (5th) ..... Battle of the Blues (4/6)

14-7.50 (4.46)..... Cole Rowan (T7th) ..... HPU VertKlasse Meet (3/23)

**SHOT PUT**

58-3.25 (17.76) [T4].. Ben Beatty (2nd) ..... Virginia Grand Prix (4/27)

57-9.75 (17.62)..... Ben Beatty (2nd) ..... Raleigh Relays (3/30)

57-7.75 (17.57)..... Ben Beatty (31st) ..... NCAA East Preliminary (5/25)

56-10.25 (17.33)..... Ben Beatty (4th) ..... Duke Invite (4/20)

56-7.25 (17.25)..... Ben Beatty (8th) ..... ACC Championships (5/11)

52-10.25 (16.11)..... Ben Beatty (2nd) ..... Battle of the Blues (4/6)

44-5.25 (13.54)..... Iyin Battle (3rd) ..... Battle of the Blues (4/6)

**HAMMER THROW**

193-5.00 (58.96)..... Iyin Battle (1st) ..... Battle of the Blues (4/6)

186-10.00 (56.95)..... Iyin Battle (6th) ..... ACC Championships (5/11)

186-0.00 (56.69)..... Iyin Battle (8th) ..... Raleigh Relays (3/30)

186-5.00 (56.82)..... Iyin Battle (6th) ..... Virginia Grand Prix (4/27)

183-5.00 (55.91)..... Iyin Battle (4th) ..... HPU VertKlasse Meet (3/23)

180-1.00 (54.90)..... Iyin Battle (10th) ..... Duke Invite (4/20)

176-5.00 (53.78)..... Iyin Battle (44th) ..... NCAA East Preliminary (5/25)

170-11.00 (52.11) ..... Ben Beatty (2nd) ..... Battle of the Blues (4/6)  
164-1.00 (50.01) ..... Ben Beatty (12th) ..... ACC Championships (5/11)**JAVELIN THROW**

232-10.00 (70.97) [3] Kiegan Lenihan (2nd) ..... ACC Championships (5/11)

221-0.00 (67.37) ..... Kiegan Lenihan (2nd) ..... Raleigh Relays (3/30)

217-1.00 (66.16) [4].. Michael Marsack (2nd) ..... HPU VertKlasse Meet (3/23)

216-10 (66.09) ..... Kiegan Lenihan (1st) ..... Duke Invite (4/20)

212-3.00 (64.69) ..... Michael Marsack (1st) ..... Battle of the Blues (4/6)

208-1.00 (63.42) ..... Michael Marsack (6th) ..... Texas Relays (3/30)

206-1.00 (62.81) ..... Kiegan Lenihan (25th) ..... NCAA East Preliminary (5/25)

198-5.00 (60.47) ..... Kiegan Lenihan (2nd) ..... Battle of the Blues (4/6)

196-0.00 (59.74) ..... Michael Marsack (35th) ..... NCAA East Preliminary (5/25)

195-6.00 (59.60) ..... Michael Marsack (11th) ..... ACC Championships (5/11)

194-10.00 (59.39) ..... Kiegan Lenihan (4th) ..... Virginia Grand Prix (4/27)

193-2 (58.88) ..... Michael Marsack (5th) ..... Duke Invite (4/20)

**DISCUS THROW**

155-8.00 (47.44) ..... Iyin Battle (3rd) ..... Battle of the Blues (4/6)

139-2 (42.43) ..... Iyin Battle (24th) ..... Duke Invite (4/20)

128-4.00 (39.11) ..... Ben Beatty (4th) ..... Battle of the Blues (4/6)

**DECATHLON**

## 2019 Women's Outdoor Track &amp; Field Results

Updated June 24, 2019

\* denotes Duke Record; (2) - No. 2 at Duke; (3) - No. 3 at Duke; (4) - No. 4 at Duke; (5) - No. 5 at Duke

## 100M DASH

11.75 [4]	Kelcie Simmons (2nd)	Battle of the Blues (4/6)
11.76 [5]	Domonique Panton (7th)	Virginia Grand Prix (4/27)
11.78	Domonique Panton (3rd)	Battle of the Blues (4/6)
11.78	Domonique Panton (4th)	HPU VertKlasse Meet (3/23)
11.87	Domonique Panton (47th)	Texas Relays (3/30)
11.94	Domonique Panton (9th)	Duke Invite (4/20)
12.28	Natalie Simmons (11th)	HPU VertKlasse Meet (3/23)
12.37	Natalie Simmons (5th)	Battle of the Blues (4/6)

## 200M DASH

24.00	Kelcie Simmons (2nd)	Battle of the Blues (4/6)
24.09	Kelcie Simmons (15th-pre)	ACC Championships (5/11)
24.12	Erin Marsh (5th-hept)	NCAA Championships (6/8)
24.17	Kelcie Simmons (3rd)	HPU VertKlasse Meet (3/23)
24.45	Brittany Aveni (5th)	HPU VertKlasse Meet (3/23)
24.49	Erin Marsh (1st-hept)	Texas Relays (3/30)
24.52	Erin Marsh (8th)	HPU VertKlasse Meet (3/23)
24.61	Erin Marsh (2nd)	ACC Championships (5/11)
24.67	MacKenzie Kerr (8th)	Duke Invite (4/20)
24.71	Nikki Merritt (19th)	Tennessee Relays (4/13)
24.83	Simi Gbadegesin (11th)	Virginia Grand Prix (4/27)
24.92	MacKenzie Kerr (3rd)	Battle of the Blues (4/6)
25.09	Simi Gbadegesin (22nd)	Duke Invite (4/20)
25.27	Nikki Merritt (36th)	Duke Invite (4/20)
25.46	Simi Gbadegesin (26th-pre)	ACC Championships (5/11)
25.56	Simi Gbadegesin (12th)	HPU VertKlasse Meet (3/23)
25.65	Simi Gbadegesin (4th)	Battle of the Blues (4/6)
25.70	Isabel Wakefield (15th)	HPU VertKlasse Meet (3/23)
25.74	Virginia Capehart (17th)	HPU VertKlasse Meet (3/23)
25.80	Isabel Wakefield (13th-hept)	Texas Relays (3/30)
26.08	Kate Kutzer (6th-hept)	ACC Championships (5/11)
26.13	Kate Kutzer (65th)	Duke Invite (4/20)
26.26	Kate Kutzer (18th-hept)	Texas Relays (3/30)
26.32	Kate Kutzer (33rd)	HPU VertKlasse Meet (3/23)
26.43	Virginia Capehart (5th)	Battle of the Blues (4/6)
27.26	Rivka Arbib (85th)	Duke Invite (4/20)

## 400M DASH

53.78 [3]	India Lowe (5th)	ACC Championships (5/11)
54.34	India Lowe (8th-pre)	ACC Championships (5/11)
54.56	Brittany Aveni (2nd)	Duke Invite (4/20)
54.82	MacKenzie Kerr (7th)	Duke Invite (4/20)
54.83	Brittany Aveni (2nd)	HPU VertKlasse Meet (3/23)
55.85	MacKenzie Kerr (14th-pre)	ACC Championships (5/11)
56.25	MacKenzie Kerr (3rd)	Battle of the Blues (4/6)
56.85	Simi Gbadegesin (10th)	Virginia Grand Prix (4/27)
56.88	Simi Gbadegesin (18th)	Raleigh Relays (3/30)
56.95	Virginia Capehart (22nd)	Duke Invite (4/20)
56.99	Simi Gbadegesin (2nd)	HPU VertKlasse Meet (3/23)
57.00	Simi Gbadegesin (4th)	Battle of the Blues (4/6)
57.17	Virginia Capehart (11th)	HPU VertKlasse Meet (3/23)
57.17	Virginia Capehart (24th)	Raleigh Relays (3/30)
57.69	Simi Gbadegesin (35th)	Duke Invite (4/20)
58.99	Lauren Hoffman (3rd)	Tennessee Relays (4/13)

## 800M RUN

2:06.49	Brittany Aveni (1st)	Battle of the Blues (4/6)
2:06.59	Brittany Aveni (3rd)	Duke Invite (4/20)
2:07.14	Brittany Aveni (27th-pre)	NCAA East Preliminary (5/25)
2:07.50	Brittany Aveni (6th-pre)	ACC Championships (5/11)
2:08.68	Brittany Aveni (6th)	ACC Championships (5/11)
2:10.21	Kim Hollowes (6th)	Virginia Grand Prix (4/27)
2:10.31	Liz Lansing (12th)	Raleigh Relays (3/30)
2:13.09	Virginia Capehart (3rd)	Battle of the Blues (4/6)
2:13.53	Virginia Capehart (10th)	Virginia Grand Prix (4/27)
2:14.29	Virginia Capehart (26th)	Duke Invite (4/20)
2:14.99	Virginia Capehart (21st-pre)	ACC Championships (5/11)
2:19.78	Erin Marsh (5th-hept)	ACC Championships (5/11)
2:20.38	Kate Kutzer (7th-hept)	ACC Championships (5/11)

2:21.42	Kate Kutzer (11th-hept)	Texas Relays (3/30)
2:22.26	Erin Marsh (20th-hept)	NCAA Championships (6/8)
2:26.55	Isabel Wakefield (13th-hept)	Texas Relays (3/30)
2:28.69	Rylee Bowen (87th)	Duke Invite (4/20)

## 1,500M RUN

4:20.55	Liz Lansing (1st)	Virginia Grand Prix (4/27)
4:20.79	Kim Hollowes (3rd-pre)	ACC Championships (5/11)
4:21.22	Kim Hollowes (5th)	ACC Championships (5/11)
4:21.63	Kim Hollowes (15th)	NCAA East Preliminary (5/25)
4:23.24	Kim Hollowes (24th-pre)	NCAA East Preliminary (5/25)
4:23.39	Kim Hollowes (16th)	Raleigh Relays (3/30)
4:23.60	Liz Lansing (25th-pre)	NCAA East Preliminary (5/25)
4:25.03	Liz Lansing (8th-pre)	ACC Championships (5/11)
4:25.04	Kim Hollowes (3rd)	Tennessee Relays (4/13)
4:25.18	Michaela Reinhart (2nd)	Virginia Grand Prix (4/27)
4:25.18	Liz Lansing (4th)	Tennessee Relays (4/13)
4:25.57	Liz Lansing (4th)	Duke Invite (4/20)
4:26.83	Liz Lansing (11th)	ACC Championships (5/11)
4:27.66	Kim Hollowes (6th)	Duke Invite (4/20)
4:27.82	Sara Platek (3rd)	Virginia Grand Prix (4/27)
4:30.54	Leigha Torino (5th)	Virginia Grand Prix (4/27)
4:30.63	Sarah Armstrong (17th-pre)	ACC Championships (5/11)
4:34.14	Leigha Torino (22nd-pre)	ACC Championships (5/11)
4:34.20	Sarah Armstrong (11th)	Virginia Grand Prix (4/27)
4:34.81	Leigha Torino (18th)	Duke Invite (4/20)
4:35.44	Leigha Torino (20th)	Tennessee Relays (4/13)
4:35.70	Elizabeth Reneau (13th)	Virginia Grand Prix (4/27)
4:37.27	Sarah Armstrong (22nd)	Duke Invite (4/20)
4:37.42	Clara Savchik (14th)	Virginia Grand Prix (4/27)
4:39.30	Elizabeth Reneau (2nd)	Battle of the Blues (4/6)
4:49.50	Rylee Bowen (140th)	Raleigh Relays (3/30)
4:50.07	Sheridan Wilbur (26th)	Virginia Grand Prix (4/27)
4:56.06	Sheridan Wilbur (151st)	Raleigh Relays (3/30)
4:57.89	Rylee Bowen (4th)	Battle of the Blues (4/6)
5:00.96	Gabrielle Richichi (5th)	Battle of the Blues (4/6)
5:07.35	Rylee Bowen (81st)	Duke Invite (4/20)

## 3,000M RUN

9:32.14	Sara Platek (1st)	Battle of the Blues (4/6)
9:50.06	Helen Williams (2nd)	Battle of the Blues (4/6)
9:53.75	Lindsay Billings (3rd)	Battle of the Blues (4/6)
10:18.87	Gabrielle Richichi (5th)	Battle of the Blues (4/6)
10:31.68	Sheridan Wilbur (7th)	Battle of the Blues (4/6)

## 3,000M STEEPLECHASE

10:26.77	Michaela Reinhart (6th)	Raleigh Relays (3/30)
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## 5,000M RUN

16:16.01	Michaela Reinhart (3rd)	Duke Invite (4/20)
16:27.78	Sara Platek (4th)	Duke Invite (4/20)
16:31.48	Michaela Reinhart (15th)	ACC Championships (5/11)
16:38.83	Michaela Reinhart (22nd)	NCAA East Preliminary (5/25)
16:38.86	Clara Savchik (7th)	Duke Invite (4/20)
16:45.62	Monica Hebner (13th)	Penn Relays (4/27)
16:47.00	Helen Williams (14th)	Penn Relays (4/27)
16:53.79	Lindsay Billings (16th)	Penn Relays (4/27)
16:53.86	Sara Platek (29th)	NCAA East Preliminary (5/25)
17:08.74	Helen Williams (24th)	ACC Championships (5/11)
17:11.26	Elizabeth Reneau (26th)	ACC Championships (5/11)
17:11.53	Elizabeth Reneau (45th)	Raleigh Relays (3/30)
17:11.66	Clara Savchik (27th)	ACC Championships (5/11)
17:15.24	Lindsay Billings (13th)	Raleigh Relays (3/30)
17:21.85	Helen Williams (19th)	Raleigh Relays (3/30)
17:35.44	Elizabeth Reneau (15th)	Duke Invite (4/20)
18:16.76	Gabrielle Richichi (14th)	Duke Invite (4/20)

## 10,000M RUN

33:52.83	Monica Hebner (11th)	NCAA East Preliminary (5/25)
34:20.90	Monica Hebner (1st)	Raleigh Relays (3/30)
34:28.47	Monica Hebner (7th)	ACC Championships (5/11)
35:06.09	Amanda Beach (29th)	Raleigh Relays (3/30)

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35:28.28..... Monica Hebnar (21st) ..... NCAA Championships (6/8)  
 36:04.45..... Lindsay Billings (13th)..... ACC Championships (5/11)

**100M HURDLES**

13.37\* ..... Erin Marsh (4th-hept) ..... NCAA Championships (6/8)  
 13.45..... Erin Marsh (2nd-hept) ..... ACC Championships (5/11)  
 13.49..... Erin Marsh (23rd-pre) ..... NCAA East Preliminary (5/25)  
 13.49..... Erin Marsh (1st) ..... Duke Invite (4/20)  
 13.51..... Erin Marsh (1st-hept) ..... Texas Relays (3/30)  
 13.53..... Erin Marsh (4th) ..... Penn Relays (4/27)  
 13.61..... Erin Marsh (3rd-prelims) ..... Penn Relays (4/27)  
 13.64..... Erin Marsh (24th) ..... NCAA East Preliminary (5/25)  
 13.72..... Lauren Hoffman (4th) ..... Duke Invite (4/20)  
 13.76..... Lauren Hoffman (13th) ..... Tennessee Relays (4/13)  
 13.82..... Erin Marsh (2nd) ..... HPU VertKlasse Meet (3/23)  
 13.98..... Lauren Hoffman (3rd) ..... HPU VertKlasse Meet (3/23)  
 13.99..... Lauren Hoffman (1st) ..... Battle of the Blues (4/6)  
 14.03..... Lauren Hoffman (32nd) ..... Raleigh Relays (3/30)  
 14.20..... Isabel Wakefield (20th) ..... Tennessee Relays (4/13)  
 14.30..... Isabel Wakefield (9th-hept) ..... Texas Relays (3/30)  
 14.35..... Nikki Merritt (2nd) ..... Battle of the Blues (4/6)  
 14.44..... Nikki Merritt (13th) ..... Duke Invite (4/20)  
 14.47..... Isabel Wakefield (14th) ..... Duke Invite (4/20)  
 14.59..... Nikki Merritt (27th) ..... Tennessee Relays (4/13)  
 14.60..... Kate Kutzer (7th-hept) ..... ACC Championships (5/11)  
 14.91..... Kate Kutzer (3rd) ..... Battle of the Blues (4/6)  
 14.93..... Kate Kutzer (29th) ..... Tennessee Relays (4/13)  
 14.94..... Kate Kutzer (15th) ..... Virginia Grand Prix (4/27)  
 14.97..... Kate Kutzer (20th-hept) ..... Texas Relays (3/30)  
 14.89..... Isabel Wakefield (8th) ..... HPU VertKlasse Meet (3/23)  
 15.25..... Kate Kutzer (11th) ..... HPU VertKlasse Meet (3/23)  
 15.99..... Rivka Arbiv (19th) ..... Virginia Grand Prix (4/27)  
 17.03..... Rivka Arbiv (5th) ..... Battle of the Blues (4/6)  
 20.01..... Isabel Wakefield (6th) ..... Battle of the Blues (4/6)

**400M HURDLES**

57.58\* ..... India Lowe (1st) ..... Battle of the Blues (4/6)  
 57.92 [2] ..... Lauren Hoffman (12th) ..... NCAA East Preliminary (5/25)  
 58.33..... Lauren Hoffman (3rd) ..... ACC Championships (5/11)  
 58.39..... Lauren Hoffman (8th-pre) ..... NCAA East Preliminary (5/25)  
 58.50..... Lauren Hoffman (2nd-pre) ..... ACC Championships (5/11)  
 58.51..... Lauren Hoffman (1st) ..... Duke Invite (4/20)  
 58.60..... India Lowe (1st) ..... HPU VertKlasse Meet (3/23)  
 58.65..... Lauren Hoffman (2nd) ..... Battle of the Blues (4/6)  
 58.79..... Lauren Hoffman (19th-pre) ..... NCAA Championships (6/8)  
 58.94..... Lauren Hoffman (2nd) ..... HPU VertKlasse Meet (3/23)  
 58.96..... India Lowe (19th-pre) ..... NCAA East Preliminary (5/25)  
 59.05..... India Lowe (5th-pre) ..... Texas Relays (3/30)  
 1:00.04..... India Lowe (7th) ..... Texas Relays (3/30)  
 1:00.34..... India Lowe (5th) ..... Tennessee Relays (4/13)  
 1:01.20..... Lauren Hoffman (19th-pre) ..... Texas Relays (3/30)  
 1:02.91..... India Lowe (23rd) ..... NCAA East Preliminary (5/25)

**4X100M RELAY**

45.19..... 1st ..... Battle of the Blues (4/6)  
 (Domonique Panton, India Lowe, Kelcie Simmons, Nikki Merritt)  
 45.29..... 7th ..... ACC Championships (5/11)  
 (Domonique Panton, Brittany Aveni, Nikki Merritt, Kelcie Simmons)  
 45.72..... 7th pre ..... Texas Relays (3/30)  
 (Domonique Panton, India Lowe, Natalie Simmons, Kelcie Simmons)  
 46.70..... 2nd ..... HPU VertKlasse Meet (3/23)  
 (Domonique Panton, India Lowe, Natalie Simmons, Kelcie Simmons)

**4X200M RELAY****4X400M RELAY**

3:32.84..... 6th ..... NCAA East Preliminary (5/25)  
 (India Lowe, MacKenzie Kerr, Lauren Hoffman, Brittany Aveni)  
 3:35.71..... 15th ..... NCAA Championships (6/8)  
 (Brittany Aveni, India Lowe, Lauren Hoffman, MacKenzie Kerr)  
 3:36.06..... 1st ..... Battle of the Blues (4/6)

(India Lowe, MacKenzie Kerr, Lauren Hoffman, Brittany Aveni)  
 3:37.75..... 4th ..... Penn Relays (4/27)  
 (Lauren Hoffman, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)  
 3:38.57..... 2nd-prelims ..... Penn Relays (4/27)  
 (Lauren Hoffman, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)  
 3:39.02..... 6th ..... Texas Relays (3/30)  
 (India Lowe, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)  
 3:39.75..... 4th ..... ACC Championships (5/11)  
 (Natalie Simmons, MacKenzie Kerr, Lauren Hoffman, Brittany Aveni)  
 3:43.31..... 5th pre ..... Texas Relays (3/30)  
 (India Lowe, Brittany Aveni, Lauren Hoffman, MacKenzie Kerr)  
 3:59.04..... 21st ..... Raleigh Relays (3/30)  
 (Virginia Capehart, Rylee Bowen, Kim Hallows, Liz Lansing)

**4X800M RELAY**

8:57.75..... 5th ..... Tennessee Relays (4/13)  
 (Kim Hallows, Liz Lansing, Leigha Torino, Kate Kutzer)

**SHUTTLE HURDLE RELAY**

56.66..... 2nd ..... Penn Relays (4/27)  
 (Erin Marsh, Isabel Wakefield, Nikki Merritt, Lauren Hoffman)

**SPRINT MEDLEY RELAY**

3:54.21..... 6th ..... Texas Relays (3/30)  
 (India Lowe, Kelcie Simmons, MacKenzie Kerr, Brittany Aveni)

**HIGH JUMP**

5-7.75 (1.72) [T5] ..... Erin Marsh (6th-hept) ..... Texas Relays (3/30)  
 5-7.75 (1.72) [T5] ..... Erin Marsh (2nd-hept) ..... ACC Championships (5/11)  
 5-7.25 (1.71) ..... Cassie Martin (1st) ..... Raleigh Relays (3/30)  
 5-7.25 (1.71) ..... Cassie Martin (2nd) ..... HPU VertKlasse Meet (3/23)  
 5-7.00 (1.70) ..... Cassie Martin (T4th) ..... ACC Championships (5/11)  
 5-6.50 (1.69) ..... Erin Marsh (1st) ..... Battle of the Blues (4/6)  
 5-6.00 (1.68) ..... Cassie Martin (1st) ..... Duke Invite (4/20)  
 5-6.00 (1.68) ..... Erin Marsh (6th) ..... Duke Invite (4/20)  
 5-4.50 (1.64) ..... Cassie Martin (2nd) ..... Battle of the Blues (4/6)  
 5-4.25 (1.63) ..... Erin Marsh (20th-hept) ..... NCAA Championships (6/8)  
 5-3.75 (1.62) ..... Cassie Martin (T2nd) ..... Virginia Grand Prix (4/27)  
 5-3.00 (1.60) ..... Isabel Wakefield (12th-hept) ..... Texas Relays (3/30)  
 5-1.25 (1.56) ..... Isabel Wakefield (8th) ..... HPU VertKlasse Meet (3/23)  
 5-1.25 (1.56) ..... Tracy Jander (9th) ..... HPU VertKlasse Meet (3/23)  
 5-1.00 (1.55) ..... Tracy Jander (T12th) ..... Raleigh Relays (3/30)  
 5-1.00 (1.55) ..... Rivka Arbiv (9th) ..... Duke Invite (4/20)  
 5-0.50 (1.54) ..... Rivka Arbiv (3rd) ..... Battle of the Blues (4/6)  
 4-11.75 (1.52) ..... Rivka Arbiv (T8th) ..... Virginia Grand Prix (4/27)  
 4-11.75 (1.52) ..... Kate Kutzer (11th) ..... Virginia Grand Prix (4/27)  
 4-11.50 (1.51) ..... Kate Kutzer (7th-hept) ..... ACC Championships (5/11)  
 4-11.00 (1.50) ..... Isabel Wakefield (T11th) ..... Duke Invite (4/20)  
 4-11.00 (1.50) ..... Tracy Jander (T11th) ..... Duke Invite (4/20)  
 4-9.00 (1.45) ..... Kate Kutzer (23rd-hept) ..... Texas Relays (3/30)

**LONG JUMP**

19-8.25 (6.00) [3] ..... Erin Marsh (7th-hept) ..... NCAA Championships (6/8)  
 19-5.25 (5.92) ..... Kate Kutzer (2nd) ..... Battle of the Blues (4/6)  
 19-4.75 (5.91) ..... Erin Marsh (3rd-hept) ..... ACC Championships (5/11)  
 19-2.75 (5.86) ..... Kate Kutzer (4th-hept) ..... ACC Championships (5/11)  
 18-10.00 (5.74) ..... Kate Kutzer (6th-hept) ..... Texas Relays (3/30)  
 18-8.00 (5.69) ..... Isabel Wakefield (4th) ..... Battle of the Blues (4/6)  
 18-8.00 (5.69) ..... Kelcie Simmons (5th) ..... Battle of the Blues (4/6)  
 18-8.00 (5.69) ..... Jaida Lemmons (3rd) ..... Battle of the Blues (4/6)  
 18-8.00 (5.69) ..... Erin Marsh (8th-hept) ..... Texas Relays (3/30)  
 18-6.50 (5.65) ..... Isabel Wakefield (10th-hept) ..... Texas Relays (3/30)  
 18-5.75 (5.63) ..... Isabel Wakefield (22nd) ..... Tennessee Relays (4/13)  
 18-4.50 (5.60) ..... Erin Marsh (13th) ..... Penn Relays (4/27)  
 17-8.75 (5.40) ..... Jaida Lemmons (26th) ..... ACC Championships (5/11)  
 16-1.00 (4.90) ..... Rivka Arbiv (23rd) ..... Duke Invite (4/20)

**TRIPLE JUMP**

43-10.00 (13.36)w ..... Domonique Panton (6th) ..... NCAA East Preliminary (5/25)  
 42-2.75 (12.87)\* ..... Domonique Panton (2nd) ..... Virginia Grand Prix (4/27)  
 41-11.50 (12.79) ..... Domonique Panton (2nd) ..... Duke Invite (4/20)  
 41-10.50 (12.76) ..... Domonique Panton (22nd) ..... NCAA Championships (6/8)



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41-9.75 (12.74)..... Domonique Panton (7th).....ACC Championships (5/11)  
 39-11.50 (12.18)..... Domonique Panton (2nd).....Battle of the Blues (4/6)  
 39-8.50 (12.10)..... Jaida Lemmons (8th).....Duke Invite (4/20)  
 39-6.50 (12.05)..... Domonique Panton (8th)..... Texas Relays (3/30)  
 38-8.25 (11.79) [4] .... Jaida Lemmons (3rd).....Battle of the Blues (4/6)

## POLE VAULT

13-10.50 (4.23) [4]... Nati Sheppard (2nd)..... Virginia Grand Prix (4/27)  
 13-9.75 (4.21) ..... Nati Sheppard (T5th) ..... Texas Relays (3/30)  
 13-7.25 (4.21) ..... Nati Sheppard (6th)..... Tennessee Relays (4/13)  
 13-6.25 (4.12)..... Nati Sheppard (3rd) ..... ACC Championships (5/11)  
 13-4.25 (4.07)..... Nati Sheppard (11th)..... NCAA East Preliminary (5/25)  
 13-3.50 (4.05)..... Nati Sheppard (T19th) ..... NCAA Championships (6/8)  
 13-3.50 (4.05)..... Nati Sheppard (5th).....Duke Invite (4/20)  
 13-1.50 (4.00)..... Nati Sheppard (2nd).....Battle of the Blues (4/6)  
 12-8.25 (3.87)..... Chesney Ward (9th).....ACC Championships (5/11)  
 12-8.00 (3.86)..... Nati Sheppard (5th)..... HPU VertKlasse Meet (3/23)  
 12-5.50 (3.80)..... Chesney Ward (T8th).....Duke Invite (4/20)

## SHOT PUT

38-5.00 (11.71) ..... Erin Marsh (4th-hept).....ACC Championships (5/11)  
 38-4.75 (11.70) ..... Erin Marsh (3rd).....Battle of the Blues (4/6)  
 37-4.50 (11.39) ..... Erin Marsh (18th-hept) ..... NCAA Championships (6/8)  
 36-3.50 (11.06) ..... Kate Kutzer (15th-hept)..... Texas Relays (3/30)  
 34-11.25 (10.65) ..... Erin Marsh (27th).....Duke Invite (4/20)  
 34-2.00 (10.41) ..... Kate Kutzer (9th-hept).....ACC Championships (5/11)  
 34-1.25 (10.39)..... Isabel Wakefield (22nd-hept) ..... Texas Relays (3/30)  
 32-2.75 (9.82)..... Erin Marsh (24th-hept) ..... Texas Relays (3/30)  
 32-0.75 (9.77)..... Kate Kutzer (28th).....Duke Invite (4/20)  
 32-0.00 (9.75)..... Rivka Arbiv (7th).....Battle of the Blues (4/6)  
 31-4.00 (9.55)..... Rivka Arbiv (29th).....Duke Invite (4/20)  
 27-5.50 (8.37) ..... Isabel Wakefield (30th) ..... Duke Invite (4/20)

## HAMMER THROW

213-1.00 (64.95)\*..... Stefani Vukajlovic (2nd) ..... Duke Invite (4/20)  
 206-6.00 (62.95)..... Stefani Vukajlovic (8th) .....ACC Championships (5/11)  
 206-3.00 (62.86) ..... Stefani Vukajlovic (3rd) ..... Virginia Grand Prix (4/27)  
 205-10.00 (62.73)..... Stefani Vukajlovic (3rd)..... HPU VertKlasse Meet (3/23)  
 204-3.00 (62.25)..... Stefani Vukajlovic (6th) ..... Texas Relays (3/30)  
 204-2.00 (62.23)..... Stefani Vukajlovic (7th) ..... NCAA East Preliminary (5/25)  
 203-9.00 (62.11) ..... Stefani Vukajlovic (2nd) ..... Battle of the Blues (4/6)  
 202-9.00 (61.79)..... Stefani Vukajlovic (18th) ..... NCAA Championships (6/8)

## JAVELIN THROW

160-0.00 (48.77) [4].. Dana Baker (2nd)..... HPU VertKlasse Meet (3/23)  
 144-4.00 (43.99)..... Ashleigh Rodriguez (10th) .....ACC Championships (5/11)  
 143-5.00 (43.72)..... Ashleigh Rodriguez (4th) ..... HPU VertKlasse Meet (3/23)  
 137-6.00 (41.90)..... Ashleigh Rodriguez (5th) ..... Virginia Grand Prix (4/27)  
 135-7.00 (41.33)..... Jaida Lemmons (3rd).....Battle of the Blues (4/6)  
 134-8.00 (41.04)..... Ashleigh Rodriguez (4th) ..... Battle of the Blues (4/6)  
 133-1.00 (40.57)..... Isabel Wakefield (5th) ..... Battle of the Blues (4/6)  
 130-9.00 (39.86)..... Ashleigh Rodriguez (7th) .....Duke Invite (4/20)  
 130-3.00 (39.70)..... Kate Kutzer (6th).....Battle of the Blues (4/6)  
 129-3.00 (39.41)..... Erin Marsh (1st) .....ACC Championships (5/11)  
 128-8.00 (39.23)..... Ashleigh Rodriguez (15th) ..... Raleigh Relays (3/30)  
 125-6.00 (38.26)..... Erin Marsh (10th-hept) ..... NCAA Championships (6/8)  
 125-0.00 (38.10)..... Jaida Lemmons (14th) .....ACC Championships (5/11)  
 121-5.00 (37.01)..... Kate Kutzer (6th-hept)..... Texas Relays (3/30)  
 121-2.00 (36.93)..... Kate Kutzer (2nd-hept).....ACC Championships (5/11)  
 116-2.00 (35.42)..... Erin Marsh (7th) ..... Battle of the Blues (4/6)  
 107-5.00 (32.75)..... Erin Marsh (14th-hept) ..... Texas Relays (3/30)  
 92-8.00 (28.25)..... Isabel Wakefield (21st-hept) ..... Texas Relays (3/30)

## DISCUS THROW

101-8.00 (30.98)..... Stefani Vukajlovic (4th) .....Battle of the Blues (4/6)

## HEPTATHLON

5,806\* ..... Erin Marsh (2nd) .....ACC Championships (5/11)  
 5,707..... Erin Marsh (10th) ..... NCAA Championships (6/8)  
 5,106..... Kate Kutzer (5th).....ACC Championships (5/11)  
 4,971..... Kate Kutzer (11th)..... Texas Relays (3/30)  
 4,967..... Isabel Wakefield (13th) ..... Texas Relays (3/30)