

# MEN'S INDOOR RECORDS

## 60-METERS

6.74c	Randy Jones	1992
6.84c	Dave Sime	1956
6.84c	Lamar Grant	1997
6.97	Ben Kittleson	2004
7.02	Khary Sharpe	2004

## 200-METERS

21.63	Daniel King	2007
21.83	Lamar Grant	2000
21.93	Ben Kittleson	2004
22.02	Randy Jones	1992
22.60	Charles London	1996

## 400-METERS

47.61	Daniel King	2007
48.90	Matt Danforth	2008
49.10	Peter Lewellen	2008
49.30c	Mike Murphy	1971
49.51	David Maloney	2001

## 500-METERS

1:03.42	Peter Lewellen	2006
1:04.04	Jesse Allen	1999
1:04.41	Matt Danforth	2007
<b>1:04.48</b>	<b>Sam Bowler</b>	<b>2009</b>
1:04.69	Nick Trombold	2006

## 800-METERS

1:52.30	Bill Spierdowis	2001
<b>1:52.43</b>	<b>Chris Rowland</b>	<b>2006</b>
1:52.50	Ian Cronin	2005
1:52.68	Kyle Leonard	1998
1:53.08	Brian McCulley	1998

## 1,000-METERS

2:22.20	Bob Wheeler	1971
<b>2:25.09</b>	<b>Cory Nanni</b>	<b>2009</b>
2:25.77	John Brockardt	2008
2:26.17	Brendan Fitzgibbon	1999
2:26.49	Casey Reardon	2004

## MILE

4:00.70	Bob Wheeler	1973
<b>4:04.21</b>	<b>Cory Nanni</b>	<b>2009</b>
4:06.99	Chris Spooner	2007
4:07.40	Nick Schneider	2002
4:07.75	Bill Spierdowis	2000

## 3,000-METERS

<b>8:10.62</b>	<b>Bo Waggoner</b>	<b>2009</b>
8:11.48	Chris Spooner	2008
8:14.47	Nick Schneider	2004
<b>8:16.92</b>	<b>Ryan McDermott</b>	<b>2009</b>
8:17.58	Jared Moore	2003

## 5,000-METERS

14:14.20	Michael Hatch	2003
14:17.90	Sean Kelly	2002
<b>14:21.76</b>	<b>Bo Waggoner</b>	<b>2009</b>
14:22.54	Joe Wirgau	1999
14:25.91	Terry Brennan	1999

## 60-METER HURDLES

7.84c	Jeff Howser	1971
8.07c	Sean Thomas	1993
8.20	Richmond Flowers	1999
<b>8.46</b>	<b>Tyler Clarke</b>	<b>2009</b>
8.50c	Mark Blakemore	1997

## 4X400-METER RELAY

3:13.77	Lewellen, Trombold, Danforth, King	2007
3:14.17	Trombold, Lewellen, Danforth, King	2007
3:16.07	Lewellen, Trombold, Morrell, Danforth	2007
3:16.17	Trombold, Danforth, Morrell, King	2006
3:17.51	Walker, McCulley, Diglio, Allen	1997

## 4X800-METER RELAY

7:29.15	McCann, Cronin Spooner, Schneider	2005
7:30.17	Gianturco, Fowler, Schneider, Amt	2003
7:32.40	Vasak, McKeever, Spierdowis, Leonard	1999
<b>7:33.32</b>	<b>Oswald, Rowland, Nanni, McDermott</b>	<b>2009</b>
7:33.57	Spierdowis, Cronin, Wells, Schneider	2002

## DISTANCE MEDLEY RELAY

9:41.11	Spooner, Lewellen, Cronin, Schneider	2005
9:42.88	Amt, King, Craig, Schneider	2004
9:43.61	McKeever, Vasak, Leonard, Spierdowis	2000
9:44.50c	Block, Castor, Donegan, Allf	1981
9:46.20	Spierdowis, Amt, Wells, Schneider	2002

## LONG JUMP

<b>25-2.75</b>	<b>Jade Ellis</b>	<b>2009</b>
24-2.5	Lamar Grant	1998
23-5.75	Joel Shankle	1954
23-4.5	Desi Thomas	1995
23-2.5	Dave Sime	1956

## TRIPLE JUMP

<b>51-3</b>	<b>Jade Ellis</b>	<b>2005</b>
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## HIGH JUMP

6-10.75	Jerry Surrat	1991
6-10	Craig Henderson	1983
<b>6-8.25</b>	<b>Michael Kotecki</b>	<b>2008</b>
<b>6-7.5</b>	<b>Tyler Clarke</b>	<b>2007</b>
6-7	Jeff Thompson	1970

## POLE VAULT

17-0.75	Brent Warner	2004
16-10.75	Ian Cassidy	2007

16-9.5	Seth Benson	2000
16-5	Terry Ransbury	1983
16-0.75	Jonathan Fay	2006

## HEPTATHLON

<b>5,402</b>	<b>Tyler Clarke</b>	<b>2009</b>
<b>4,564</b>	<b>Buzz Moorman</b>	<b>2009</b>
4,408	Brett Morrell	2004
<b>3,679</b>	<b>Matthew Hoyle</b>	<b>2008</b>

## PENTATHLON

3,669	Mike Zulantz	2000
3,549	Rob West	1998
3,239	Calen Powell	2001
3,105	Tijan Redmon	1995
3,100	Ekan Essien	1997

## SHOT PUT

57-10.5	Rod Stewart	1966
57-2.75	Richard Gesswein	1963
<b>55-9</b>	<b>Michael Barbas</b>	<b>2009</b>
<b>53-1.75</b>	<b>Mike Schallmo</b>	<b>2009</b>
51-1.5	Durham Lawshe	1955

## WEIGHT THROW

<b>55-9.25</b>	<b>Mike Schallmo</b>	<b>2009</b>
43-10.75	Bob Enright	1972
43-8.5	Harrison Till	2003
41-3.25	Rob Bethea	1997
37-0.5	Eric Dooley	2003

c=converted time

**Bold** denotes current athlete

# WOMEN'S INDOOR RECORDS

## 60-METERS

7.57	Janay McKie.....	2002
7.87	Allison Nesbitt.....	2004
7.89	Ifeyinwa Anoliefo.....	2002
7.91c	Kim Hay.....	1995
7.94c	Hope Wright.....	1989

## 200-METERS

24.91	Janay McKie.....	2002
25.45	Jenna Turner.....	2002
26.14	Ifeyinwa Anoliefo.....	2002
26.16	Erin McClure.....	2001
26.21	Kristin Sbarra.....	1998

## 400-METERS

55.85	Jenna Turner.....	2003
<b>57.12</b>	<b>Brittany Whitehead .....</b>	<b>2009</b>
57.12	Janay McKie.....	2003
57.46	Courtney Botts.....	2000
<b>57.68</b>	<b>Nicole Ragucci .....</b>	<b>2009</b>

## 500-METERS

<b>1:13.63</b>	<b>Cydney Ross .....</b>	<b>2009</b>
1:14.41	Lindsay Owen.....	2006
1:14.50	Courtney Botts.....	2000
<b>1:15.17</b>	<b>Michelle Seibert.....</b>	<b>2006</b>
1:15.18	Kim Voyticky.....	1997

## 800-METERS

2:06.58	Shannon Rowbury.....	2005
2:08.39	Katie Atlas.....	2001
2:09.17	Kim Voyticky.....	1998
2:10.37	Libby Jenke.....	2006
2:10.46	Kate Van Buskirk.....	2007

## 1,000-METERS

2:45.79	Meaghan Leon.....	2005
<b>2:48.26</b>	<b>Molly Lehman .....</b>	<b>2008</b>
2:50.38	Katie Atlas.....	2001
<b>2:51.02</b>	<b>Virginia Hine .....</b>	<b>2009</b>
<b>2:51.04</b>	<b>Leslie Morrison .....</b>	<b>2009</b>

## MILE

4:34.94	Shannon Rowbury.....	2007
<b>4:41.69</b>	<b>Molly Lehman .....</b>	<b>2009</b>
4:43.34	Katie Atlas.....	2001
4:44.64	Liz Wort.....	2007
4:45.58	Sheela Agrawal.....	2000

## 3,000-METERS

9:02.73	Shannon Rowbury.....	2007
9:13.45	Clara Horowitz.....	2006
9:15.52	Liz Wort.....	2007
9:18.30	Paige Miller.....	2004
9:19.88	Sally Meyerhoff.....	2005

## 5,000-METERS

15:52.47	Clara Horowitz.....	2006
15:58.18	Maddie McKeever.....	2008
16:11.57	Sally Meyerhoff.....	2007
16:15.39	Paige Miller.....	2004
16:26.86	Laura Stanley.....	2004

## 60-METER HURDLES

8.60c	Hope Wright.....	1989
8.65	Allison Nesbitt.....	2004
8.87c	Kirsten Johnson.....	1997
8.92	Jenna Turner.....	2003
8.96	Jillian Schwartz.....	2000

## 4X400-METER RELAY

3:47.78	Bell, Turner, Doody, McKie.....	2002
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**3:48.33 Ragucci, Whitehead,  
Ontko, Ross .....** **2009**

3:49.63	Doody, McKie, Matic, Turner.....	2003
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3:50.00	McKie, Botts, Doody, Turner.....	2000
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**3:50.46 Ragucci, Ontko,  
Whitehead, Morrison.....** **2009**

## 4X800-METER RELAY

8:49.47	Wort, Matic, Leon, Rowbury.....	2005
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**8:52.90 Moore, Morrison,  
Hine, Lehman .....** **2009**

8:55.21	Thomas, Ryan, Atlas, Sullivan.....	1999
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**8:56.43 Klaas, Lehman,  
Jenke, Harsha.....** **2007**

**8:58.60 Stankavage, Moore,  
Sherrard, Lehman .....** **2008**

## DISTANCE-MEDLEY RELAY

11:14.30	Rowbury, Stankavage, Leon, Meyerhoff.....	2005
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**11:15.20 VanBuskirk, Seibert,  
Jenke, Rowbury .....** **2007**

11:19.15	Matic, McKie, Doody, Rowbury.....	2003
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11:20.28	Rowbury, Ball, Matic, Miller.....	2004
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11:21.11	Rowbury, Owen, Matic, Miller.....	2004
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## LONG JUMP

19-1.5	Ifeyinwa Anoliefo.....	2002
18-2.25	Jeanie Minton.....	1997
18-0.5	Renae Stahl.....	1993
18-0	Jodi Schlesinger.....	2002
<b>17-6.50</b>	<b>Kelsey Ontko.....</b>	<b>2009</b>

## TRIPLE JUMP

40-3.75	Jodi Schlesinger.....	2002
36-4.75	Tiara Monroe.....	2004
35-8.75	Breanna Pearson.....	1994
35-7.75	Jeanie Minton.....	1996
35-5.25	Jillian Schwartz.....	1998

## HIGH JUMP

5-11.5	Debra Vento.....	2005
5-8.75	Kelly Miezalski.....	1990
5-7.0	Laura Malnati.....	2007
5-6	Jamila Forte.....	1998
5-6	Jeannie Minton.....	1998

## POLE VAULT

13-5.25	Jillian Schwartz.....	2001
<b>13-1.5</b>	<b>Amy Fryt.....</b>	<b>2009</b>
<b>12-9.5</b>	<b>Cassie Ludwig.....</b>	<b>2009</b>
12-7.5	Laura Chen.....	2004
12-7.5	Lara Jones.....	2006

## PENTATHLON

<b>3,688</b>	<b>Karolina Haraldsdottir ....</b>	<b>2009</b>
3,398	Jeanie Milton.....	1998
3,348	Jenna Turner.....	2001
3,136	Amy Basile.....	1998
2,931	Kim Voyticky.....	1996

## SHOT PUT

43-7.75	Alexa Revord.....	2007
43-0.25	Beth Maher.....	2004
41-11.25	Kim Hanauer.....	2001
40-11.5	Jessica Tanner.....	2006
<b>40-7.5</b>	<b>Karolina Haraldsdottir ....</b>	<b>2009</b>

## WEIGHT THROW

55-2.0	Kelly Reynolds.....	2007
52-10.75	Kim Hanauer.....	2002
45-6.25	Jessica Tanner.....	2006
43-11.75	Ginny Stone.....	2002

c=converted time

**Bold** denotes current athlete

# MEN'S OUTDOOR RECORDS

## 100-METERS

10.20 Dave Sime..... 1960  
 10.38 Randy Jones..... 1992  
 10.68 Ronnie Drummer ..... 2005  
 10.80 Lamar Grant..... 2000  
 10.89 Kenneth Stanford ..... 2002  
 10.89 Desi Thomas ..... 1995

## 200-METERS

21.34 Dave Sime..... 1956  
 21.44c Randy Jones..... 1992  
 21.44 John Brownlee..... 1933  
 21.46 Rodney Dickerson ..... 1990  
 21.54c Hugh Woodward..... 1937  
 21.54c Henry Poss..... 1950

## 400-METERS

46.74c Mike Murphy ..... 1973  
 47.31 Daniel King..... 2006  
 47.40 Rodney Dickerson ..... 1990  
 48.35 Peter Lewellen ..... 2007  
 48.44c Tom Bazemore..... 1958  
 48.44c Dave Dunaway..... 1966

## 800-METERS

1:47.38 Rich Block ..... 1982  
 1:47.70c Bob Wheeler ..... 1972  
 1:49.26 Kyle Leonard..... 2000  
 1:50.10c Phill Wilson..... 1970  
 1:50.12 Jon Amt ..... 2004

## 1,500-METERS

3:39.00 Bob Wheeler ..... 1972  
 3:41.90c Steve Wheeler ..... 1974  
 3:42.00c Richard Schwartz..... 1977  
**3:43.09 Cory Nanni ..... 2009**  
 3:43.79 Brendan Fitzgibbon ... 2000

## 3,000-METERS

7:56.68c Brian Allf..... 1982  
 7:58.30c Steve Wheeler ..... 1974  
 8:03.90c Scott Eden ..... 1974  
 8:09.80c Robbie Perkins..... 1975  
 8:10.90c Roger Beardmore..... 1973

## 3,000-METER STEEPLECHASE

8:38.10 Roger Beardmore..... 1972  
**8:52.36 Ryan McDermott .... 2009**  
 8:59.20 Jim Clayton ..... 1977  
 9:02.20 Larry Forrester..... 1972  
**9:03.73 Kevin McDermott ... 2007**

## 5,000-METERS

13:48.90c Robbie Perkins..... 1975  
 13:52.41 Brian Allf..... 1981  
 14:04.29 Nick Schneider..... 2005  
 14:04.40c Scott Eden ..... 1973  
 14:14.10c Roger Beardmore..... 1973

## 10,000-METERS

28:56.80 Robbie Perkins..... 1976  
 29:09.20c Scott Eden ..... 1974  
 29:39.00 Bynum Merritt..... 1978  
 29:41.40c Mike Graves ..... 1971  
 29:48.60 Peter Quance..... 1975

## 110-METER HURDLES

13.74c Jeff Howser..... 1971  
 14.34c Joel Shankle..... 1955  
 14.54c Dave Wingle..... 1938  
 14.54c Roger Fogle..... 1965  
 14.74c Gary Goodrich..... 1974

## 400-METER HURDLES

49.42 Jesse Allen..... 1999  
 51.49 Chris Castor..... 1980  
 52.34c Tom Dunnigan..... 1970  
 52.44c Jeff Howser..... 1969  
**54.03 Mario Moreno ..... 2009**

## SHOT PUT

59-11 Rod Stewart ..... 1966  
 57-4.5 Richard Gesswein ..... 1963  
**54-7.5 Michael Barbas ..... 2009**  
**54-0 Mike Schallmo ..... 2009**  
 52-7 Durham Lawshe ..... 1955

## DISCUS

**173-3 Mike Schallmo ..... 2009**  
 168-8 Rod Stewart ..... 1966  
 160-6 Richard Gesswein ..... 1960  
 159-11 Jim Anthony ..... 1976  
 159-6.5 Kyle Kruger..... 1969

## JAVELIN-NEW

**225-5 John Austin ..... 2008**  
 216-6 Jamie Rodriguez..... 1995  
 214-6 Mark DellaVolpe ..... 2008  
**209-11 Robert Weinstein ... 2008**  
 190-2 Gill Winters ..... 1994

## JAVELIN-OLD

250-1 Kalen Cookson ..... 1984  
 217-5 Jim Anthony ..... 1975  
 213-2 Mike Curtis ..... 1963

## HAMMER

182-2 Chad Stearns ..... 1988  
**167-3 Mike Schallmo ..... 2009**  
**132-3 David Piccirilli ..... 2009**

## LONG JUMP

**25-6 Jade Ellis..... 2009**  
 24-8 Joel Shankle..... 1955  
 24-2.5 Lamar Grant..... 1998  
 24-2 Jeff Nesbit..... 1978  
 23-11.75 Desi Thomas ..... 1995

## TRIPLE JUMP

**51-11.75 Jade Ellis..... 2009**  
 48-7 Garry Geck..... 1986  
 47-3 Bob Chambers ..... 1978  
 46-4.5 Dave Wheeler..... 1963  
 45-6.5 Garry High ..... 1963

## POLE VAULT

17-2.75 Brent Warner..... 2004  
 16-8.75 Seth Benson..... 2001  
 16-7 Terry Ransbury..... 1983

16-6.75 Ian Cassidy..... 2007  
 16-4.75 Jeff Buttacio ..... 2003

## HIGH JUMP

6-10.75 Jerry Surratt ..... 1991  
 6-10 Craig Henderson ..... 1983  
**6-8.25 Tyler Clarke ..... 2006**  
**6-8.25 Michael Kotecki ..... 2008**  
 6-8 Jeff Thompson ..... 1970  
 6-8 Jeff Smith ..... 1993

## DECATHLON (MODERN TABLES)

**7,326 Tyler Clarke ..... 2009**  
 6,633 Mike Zulantz ..... 2000  
 6,593 Rob West ..... 1998  
 6,516 Tijan Redmon..... 1995  
 6,253 Ted Payne ..... 1999

## DECATHLON (OLD TABLES)

5,698 Jim Anthony ..... 1976

## 4X100-METER RELAY

41.06 D.Thomas, C.Thomas,  
 London, Brugger ..... 1995  
 41.81 Morrell, Marshall  
 Drummer, King..... 2005  
 41.87 Stanford, Amamoo,  
 Douglas, Winniford..... 2001  
 41.94 Martinez, Wagoner,  
 Krassny, Murphy ..... 1973  
 41.95 Morrell, Kittleson,  
 King, Winniford ..... 2004

## 4X400-METER RELAY

3:12.89 Kommer, Allen,  
 Diglio, Vasak ..... 1999  
 3:13.10c Eiseman, Wilson,  
 Dunnigan, Murphy ..... 1970  
 3:13.20 Summers, Dunnigan,  
 Murphy, Mazzarella ..... 1970  
 3:14.07 Lewellen, Danforth  
 Morrell, King..... 2005  
 3:14.33 Danforth, Lewellen  
 Trombold, King ..... 2006

## 4X800-METER RELAY

7:26.43 Cronin, Reardon,  
 Spierdowis, Schneider .. 2003  
 7:27.16 Gianturco, Paul,  
 Fowler, Amt ..... 2003  
**7:27.44 Lund, Clark,  
 Rowland, Nanni..... 2009**  
 7:27.75 Gianturco, Amt,  
 Fowler, Spierdowis..... 2003  
 7:27.94 McNiff, Gianturco,  
 Fowler, Spierdowis..... 2003

## SPRINT MEDLEY RELAY

3:22.10 Krassny, Howser,  
 Murphy, R. Wheeler..... 1971  
 3:22.75 Grant, Watkins,  
 Vasak, Leonard ..... 2000  
 3:27.01 Grant, Amanoo,  
 Diglio, Vasak ..... 1998  
**3:27.37 King, Morrell,  
 Lewellen, Rowland ... 2007**

**3:28.67 Bowler, Duncanson,  
 Troxell, Clark ..... 2009**

## DISTANCE MEDLEY RELAY

9:32.30c Beardmore, Murphy,  
 S. Wheeler, R. Wheeler.. 1973  
 9:34.30c Ramsland, S. Wheeler,  
 Beardmore, R. Wheeler.. 1972  
 9:38.10c Murphy, Wilson,  
 Beardmore, R. Wheeler.. 1971  
 9:42.30 Fitzgibbon, Grant,  
 Leonard, McKeever ..... 2000  
 9:43.93 Spooner, King  
 Lewellen, Schneider ... 2005

## 4X1,500-METER RELAY

15:17.80 Royce, Clayton,  
 Perkins, Schwartz ..... 1976

**15:28.45 Clark, R. McDermott,  
 Nanni, Waggoner .... 2009**

15:36.53 Cronin, Reardon,  
 Spierdowis, Schneider .. 2003  
 15:37.57 Brennan, McKeever,  
 Spierdowis, Leonard... 1999  
 15:38.50 Schaefer, Brennan,  
 McKeever, Fitzgibbon.. 2000

## 4XMILE RELAY

16:22.34 Eden, S. Wheeler,  
 Beardmore, R. Wheeler .. 1973

**16:32.40 Lund, R. McDermott,  
 Waggoner, Nanni ..... 2009**

16:34.50 Eden, S. Wheeler,  
 Beardmore, R. Wheeler.... 1973  
 16:39.36 Spierdowis, Brennan,  
 Kelly, McKeever ..... 2001

c=converted time

**Bold** denotes current athlete

# WOMEN'S OUTDOOR RECORDS

## 100-METERS

11.87 Janay McKie ..... 2003  
 12.25 Allison Nesbitt ..... 2003  
 12.42 Ifeyinwa Anoliefo ..... 2002  
 12.60 Kim Hay ..... 1995  
 12.66 Yvonne Ayew ..... 1998

## 200-METERS

23.85 Janay McKie ..... 2003  
 25.30 Jenna Turner ..... 2002  
**25.55 Brittany Whitehead... 2009**  
**25.56 Nicole Ragucci ..... 2009**  
 25.60 Erin McClure ..... 2001

## 400-METERS

54.09 Courtney Botts ..... 2000  
 54.44 Janay McKie ..... 2003  
**56.51 Brittany Whitehead 2009**  
 56.94 Stephanie Thomas ..... 1997  
 56.94 Amanda Green ..... 1990

## 800-METERS

2:05.34 Kim Voyticky ..... 1998  
 2:07.10 Lauren Matic ..... 2003  
 2:07.26 Katie Atlas ..... 2000  
**2:07.80 Michelle Seibert .... 2007**  
**2:08.00 Molly Lehman ..... 2009**

## 1,500-METERS

4:14.81 Shannon Rowbury ..... 2005  
**4:17.84 Molly Lehman ..... 2009**  
 4:22.07 Megan Sullivan ..... 2002  
 4:22.12 Ellison Goodall ..... 1978  
 4:22.56 Meaghan Leon ..... 2005

## 3,000-METERS

9:19.12 Ellison Goodall ..... 1978  
 9:23.74 Ellen Reynolds ..... 1985  
 9:25.10 Clara Horowitz ..... 2003  
 9:30.89 Sheela Agrawal ..... 2000  
 9:40.00 Laura Stanley ..... 2005

## 3,000-METER STEEPLECHASE

9:51.76 Liz Wort ..... 2007  
**10:09.77 Patricia Loughlin .... 2009**  
 10:39.92 Maddie McKeever ..... 2006  
 11:04.16 Kelly Fillnow ..... 2006  
 11:12.20 Phebe Ko ..... 2002

## 5,000-METERS

15:52.83 Maddie McKeever ..... 2007  
 16:08.12 Ellison Goodall ..... 1978  
 16:08.60 Clara Horowitz ..... 2006  
 16:12.42 Ellen Reynolds ..... 1986  
 16:16.64 Laura Stanley ..... 2005

## 10,000-METERS

32:40.70 Ellen Reynolds ..... 1986  
 33:00.85 Clara Horowitz ..... 2006  
 33:30.12 Sally Meyerhoff ..... 2007  
 33:44.20 Ellison Goodall ..... 1977  
 33:52.95 Maddie McKeever ..... 2007

## 100-METER HURDLES

13.98 Jenna Turner ..... 2003  
 14.07 Allison Nesbitt ..... 2003  
 14.40 Hope Wright ..... 1989  
 14.51 Kirsten Johnson ..... 1996  
 14.64 Stephanie Stephens .. 1986

## 400-METER HURDLES

58.49 ..... Jenna Turner ..... 2002  
 1:01.39 ..... Stephanie Stephens. 1987  
 1:01.50 ..... Helen Henry ..... 1988  
 1:02.20 ..... Lindsay Owen ..... 2006  
 1:03.40 ..... Kirsten Johnson ..... 1995

## LONG JUMP

19-1.5 ..... Ifeyinwa Anoliefo ..... 2004  
 18-7 ..... Renae Stahl ..... 1992  
 17-10.5 ..... Kristen Sbarra ..... 1998  
 17-9 ..... Kim Voyticky ..... 1995  
 17-8 ..... Jeanie Minton ..... 1996

## TRIPLE JUMP

41-5.75 ..... Jodi Schlesinger ..... 2001  
 36-9 ..... Brianna Pearson ..... 1994  
 36-0.25 ..... Tiara Monroe ..... 2004  
 35-2.5 ..... Ifeyinwa Anoliefo ..... 2004  
 35-2 ..... Laura Peresky ..... 1987

## HIGH JUMP

6-1.5 ..... Debra Vento ..... 2005  
 5-8.75 ..... Kelly Mieszkalski ..... 1990  
 5-8 ..... Denise Yamada ..... 1985  
 5-7.75 ..... Misty Farrell ..... 1996  
 5-7.75 ..... Jeanie Minton ..... 1997

## POLE VAULT

14-2 ..... Jillian Schwartz ..... 2001  
**13-3.5 ..... Amy Fryt ..... 2009**  
 12-11.5 ..... Lara Jones ..... 2007  
 12-9.5 ..... Laura Chen ..... 2003  
**12-3.5 ..... A. Gordon ..... 2008**

## HEPTATHLON

4,827 ..... Jenna Turner ..... 2001  
**4,633 ..... K. Haraldsdottir .... 2008**  
 4,593 ..... Jeanie Minton ..... 1998  
 4,417 ..... Kim Voyticky ..... 1996  
 4,189 ..... Christine Gregorski.. 1994

## SHOT PUT

45-0.25 ..... Beth Maher ..... 2004  
 42-8.25 ..... Kim Hanauer ..... 2001  
 40-9.75 ..... Alexa Revord ..... 2007  
**40-4.25 ..... K. Haraldsdottir .... 2009**  
 40-1.25 ..... Megan Mitchell ..... 1994

## DISCUS

160-09 ..... Alexa Revord ..... 2007  
 142-8 ..... Jessica Tanner ..... 2006  
**137-6 ..... Courtney Bowen... 2009**  
 136-5 ..... Ginny Stone ..... 2001  
 135-9 ..... Kim Hanauer ..... 2001

## HAMMER

181-5 ..... Kelly Reynolds ..... 2007

160-2 ..... Kim Hanauer ..... 2002  
 159-11 ..... Ginny Stone ..... 2003  
 145-11 ..... Maria Monge ..... 2000  
**129-10 ..... Courtney Bowen... 2009**

## JAVELIN

**168-11 ..... Daina Pucurs ..... 2007**  
**150-5 ..... Amy Matulewicz ... 2009**  
 146-2 ..... Beth Maher ..... 2006  
 135-6 ..... Lindsey Edwards ..... 2007  
 128-6 ..... Beth Reimers ..... 1991

## 4X100-METER RELAY

48.56 Anoliefo, McKie,  
 McKie, Turner ..... 2003  
 47.60 Turner, Anoliefo,  
 McDermott, McKie ..... 2002  
 48.13 Nesbitt, Turner,  
 Doody, McKie ..... 2003  
 48.17 Nesbitt, Turner,  
 Anoliefo, McKie ..... 2003

**48.31 Ontko, Whitehead,  
 Ragucci, Anglin-Stone 2009**

## 4X200-METER RELAY

1:40.18 Turner, Anoliefo,  
 McDermott, McKie ..... 2002  
 1:41.35 Anoliefo, Turner,  
 McKie, McClure ..... 2001  
 1:41.68 Nesbitt, Turner,  
 Anoliefo, McKie ..... 2003  
 1:42.73 Turner, McKie,  
 Asante, Botts ..... 2000  
 1:44.94 Tonn, Anoliefo,  
 Bradley, McDermott ... 2002

## 4X400-METER RELAY

3:42.71 Botts, Turner,  
 Doody, McKie ..... 2000  
 3:45.26 Botts, Turner,  
 McKie, Asante ..... 2000  
**3:46.44 Ontko, Whitehead,  
 Ragucci, Moore ..... 2009**  
 3:48.42 Belle, Turner,  
 Sullivan, McKie ..... 2002  
 3:49.07 Thomas, Sbarra,  
 Gurtler, Voyticky ..... 1998

## SPRINT MEDLEY RELAY

3:55.57 Turner, McClure,  
 McKie, Atlas ..... 2001  
 3:58.40 Cyre, Ayew,  
 Thomas, Voyticky ..... 1998  
 4:02.22 McKie, Nesbitt,  
 Turner, Doody ..... 2003  
 4:02.28 Sbarra, Forte,  
 Sullivan, Voyticky ..... 1998  
 4:02.64 Turner, McKie,  
 Botts, Doody ..... 2000

## 4X800-METER RELAY

**8:41.96 Seibert, Van Buskirk,  
 Wort, Sherrard ..... 2007**  
 8:42.01 Hofmann, Leon,  
 Matic, Rowbury ..... 2004

8:43.20 Doody, Meyerhoff,  
 Leon, Matic ..... 2003  
 8:44.33 Doody, Atlas,  
 Sullivan, Matic ..... 2002

**8:44.11 Apibunyopas, Moore,  
 Morrison, Lehman ... 2009**

## DISTANCE MEDLEY RELAY

11:10.18 Leon, Owen,  
 Matic, Rowbury ..... 2005  
 11:11.81 Sullivan, Botts,  
 Atlas, Agrawal ..... 2000  
**11:16.84 Van Buskirk, Owen,  
 Seibert, Wort ..... 2007**  
**11:18.59 Meyerhoff, Owen,  
 Jenke, Horowitz ..... 2006**  
 11:24.05 Sullivan, McKie,  
 Doody, Atlas ..... 2001

## 4X1500-METER RELAY

17:45.20 Leon, Rowbury,  
 Meyerhoff, Horowitz .. 2004  
**17:48.30 Van Buskirk, Wort,  
 Sherrard, McKeever... 2007**  
**17:59.05 Farias-Eisner, Owen,  
 Lehman, Jenke ..... 2006**  
 18:03.69 Meyerhoff, Rowbury,  
 Leon, Horowitz ..... 2003  
 18:06.78 Matic, Leon,  
 Rowbury, Wort ..... 2005

c=converted time

**Bold** denotes current athlete