

**2009 Duke University
Men's Outdoor Track and Field Performances
As of 6/13/09**

100 Meter Dash (DR- 10.20, IC- 10.85, NR- 10.55)

11.11 Gerard Moorman (9th-Pre) ACC Champ, 4/17/09
 11.54 Tyler Clarke (49th-Pre) Raleigh Relays, 3/27/09
 11.57 Buzz Moorman (28th-Pre) Duke Invitational, 4/4/09

200 Meter Dash (DR- 21.34, IC- 21.80, NR- 21.35)

22.23 Caleb Duncanson (12th) UNC Invitational, 4/11/09
 22.30 Caleb Duncanson (13th-Pre) ACC Champ, 4/17/09
 22.62 Buzz Moorman (21st) UNC Invitational, 4/11/09
 22.72 Tyler Clarke (10th) Duke Twilight, 5/3/09
 22.74 Sam Bowler (22nd) UNC Invitational, 4/11/09
 22.76 Brad Troxell (24th) UNC Invitational, 4/11/09
 23.04 Brad Troxell (11th) Duke Twilight, 5/3/09
 23.08 Sam Bowler (12th) Duke Twilight, 5/3/09
 23.20 Mario Moreno (30th) UNC Invitational, 4/11/09

400 Meter Dash (DR- 46.74, IC- 48.50, NR- 47.20)

49.50 Caleb Duncanson (4th) Duke Twilight, 5/3/09
 50.01 Caleb Duncanson (42nd) Raleigh Relays, 3/27/09
 50.66 Sam Bowler (6th) Duke Twilight, 5/3/09
 51.03 Brad Troxell (8th) Duke Twilight, 5/3/09
 51.35 Brad Troxell (66th) Raleigh Relays, 3/27/09
 51.56 Brad Troxell (14th) UNC Invitational, 4/11/09

800-Meter Run (DR- 1:47.38, IC- 1:51.80, NR- 1:50.40)

1:52.00 Chris Rowland (3rd) Duke Twilight, 5/3/09
 1:52.25 Chris Rowland (4th) Duke Invitational, 4/4/09
 1:53.00 Chris Rowland (4th) Wake Forest Open, 3/20/09
 1:53.02 Chris Rowland (9th) UNC Elite, 5/8/09
 1:53.50 Sean Pat Oswald (10th-Pre) ACC Champ, 4/17/09
 1:53.57 Sean Pat Oswald (10th) Duke Invitational, 4/4/09
 1:54.80 Chris Rowland (16th-Pre) ACC Champ, 4/17/09
 1:55.77 Sean Pat Oswald (5th) Duke Twilight, 5/3/09
 1:56.43 Stephen Clark (23rd-Pre) ACC Champ, 4/17/09
 1:56.78 Brendan Pierson (37th) Duke Invitational, 4/4/09
 1:57.53 Brendan Pierson (30th) Wake Forest Open, 3/20/09
 1:57.74 Brendan Pierson (26th-Pre) ACC Champ, 4/17/09
 1:57.88 Sean Pat Oswald (35th) Wake Forest Open, 3/20/09

1,500-Meter Run (DR- 3:39.00, IC- 3:51.00, NR- 3:47.80)

3:43.09 Cory Nanni (7th-finals) NCAA East Regional, 5/30/09
 #^3:43.81 Cory Nanni (2nd) UNC Elite, 5/8/09
 #3:46.07 Cory Nanni (5th-pre) IC4A Championships, 5/16/09
 #^3:46.18 Cory Nanni (6th) ACC Champ, 4/18/09
 3:46.97 Cory Nanni (7th-pre) NCAA East Regional, 5/29/09
 #^3:47.42 Cory Nanni (2nd) Duke Twilight, 5/3/09
 3:49.54 Cory Nanni (1st-finals) IC4A Championships, 5/17/09
 3:51.31 Josh Lund (4th) Duke Twilight, 5/3/09
 3:51.43 Josh Lund (12th) ACC Champ, 4/18/09
 3:51.58 Josh Lund (4th) UNC Invitational, 4/11/09
 3:51.68 Stephen Clark (5th) Duke Twilight, 5/3/09
 3:51.71 Cory Nanni (5th) Duke Invitational, 4/3/09
 3:51.82 Ken Sullivan (12th) UNC Elite, 5/8/09
 3:51.95 Cory Nanni (8th-Pre) ACC Champ, 4/17/09
 3:52.38 Stephen Clark (5th) UNC Invitational, 4/11/09
 3:53.53 James Kostelnik (6th) UNC Invitational, 4/11/09
 3:52.55 Joshua Lund (15th) UNC Elite, 5/8/09
 3:54.65 Ken Sullivan (8th) UNC Invitational, 4/11/09
 3:54.58 Josh Lund (12th) ACC Champ, 4/17/09
 3:55.79 Josh Lund (16th) Duke Invitational, 4/3/09
 3:56.83 Ken Sullivan (15th-Pre) ACC Champ, 4/17/09
 3:57.28 Stephen Clark (20th) UNC Elite, 5/8/09
 3:58.95 James Kostelnik (19th-Pre) ACC Champ, 4/17/09
 3:59.75 Bo Wagner (21st-Pre) ACC Champ, 4/17/09
 4:00.05 Josh Lund (13th) Wake Forest Open, 3/21/09
 4:00.75 James Kostelnik (14th) Wake Forest Open, 3/21/09
 4:01.56 Stephen Clark (26th-Pre) ACC Champ, 4/17/09
 4:02.25 Brendan Pierson (21st) Wake Forest Open, 3/21/09
 4:02.94 Stephen Clark (39th) Duke Invitational, 4/3/09
 4:04.93 Geary Gubbins (27th) UNC Invitational, 4/11/09
 4:04.22 Jonathan Chu (11th) Duke Twilight, 5/3/09
 4:06.28 Will Leister (15th) Duke Twilight, 5/3/09
 4:08.40 Kevin McDermott (32nd) UNC Invitational, 4/11/09
 4:10.87 Jonathan Chu (35th) UNC Invitational, 4/11/09
 4:11.22 Jonathan Chu (35th) UNC Invitational, 4/11/09
 4:11.22 Geary Gubbins (17th) Duke Twilight, 5/3/09
 4:12.45 Will Leister (37th) UNC Invitational, 4/11/09
 4:18.78 Will Leister (92nd) Wake Forest Open, 3/21/09

3,000-Meter Run (DR- 7:56.68)

8:25.57 James Kostelnik (2nd) Duke Invitational, 4/3/09
 8:33.30 Ken Sullivan (3rd) Wake Forest Open, 3/21/09
 8:36.72 Ken Sullivan (4th) Duke Invitational 4/3/09
 8:49.13 Johns Ross (9th) Wake Forest Open, 3/21/09
 8:49.38 Johns Ross (5th) Duke Invitational, 4/3/09
 8:56.88 Jonathan Chu (14th) Wake Forest Open, 3/21/09

5,000-Meter Run (DR- 13:48.90, IC- 14:34.00, NR- 14:12.00)

14:19.20 Bo Waggoner (15th) IC4A Championships, 5/15/09
 ^14:24.85 Bo Waggoner (1st) Duke Invitational, 4/3/09
 ^14:27.82 Bo Waggoner (7th) ACC Champ, 4/18/09
 ^14:28.38 James Kostelnik (3rd) Penn Relays, 4/23/09
 14:37.63 Bo Waggoner (1st) Duke Twilight, 5/3/09
 14:40.25 Andrew Brodeur (2nd) Duke Twilight, 5/3/09
 14:41.05 Andrew Brodeur (9th) ACC Champ, 4/18/09
 14:41.10 James Osborne (26th) IC4A Championships, 5/15/09
 14:43.45 Andrew Brodeur (10th) Duke Invitational, 4/3/09
 14:43.97 James Kostelnik (10th) ACC Champ, 4/18/09
 14:45.21 Andrew Brodeur (27th) IC4A Championships, 5/15/09
 14:46.57 James Osborne (12th) Duke Invitational, 4/3/09
 14:57.45 James Kostelnik (29th) IC4A Championships, 5/15/09
 15:01.29 Ken Sullivan (15th) ACC Champ, 4/18/09
 15:09.50 Ken Sullivan (8th) Duke Twilight, 5/3/09
 15:35.04 Johns Ross (13th) Duke Twilight, 5/3/09

10,000-Meter Run (DR- 28:56.80, IC- 31:08.00, NR- 28:45.00)

31:51.51 James Osborne (11th) ACC Champ, 4/16/09

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110 Meter Hurdles (DR- 13.74, IC- 14.85, NR- 14.30)

14.75..... Tyler Clarke (4th)..... Duke Invitational, 4/4/09
 14.98..... Tyler Clarke (5th)..... Duke Twilight, 5/3/09
 15.02..... Tyler Clarke (4th-Pre)..... Duke Invitational, 4/4/09
 15.36..... Tyler Clarke (15th)..... UNC Elite, 5/8/09
 15.52..... Tyler Clarke (14th-Pre)..... Wake Forest Open, 3/20/09

400 Meter Hurdles (DR- 49.42, IC- 53.84, NR- 52.51)

54.03..... Mario Moreno (10th)..... Raleigh Relays, 3/27/09
 54.22..... Mario Moreno (4th)..... Duke Invitational, 4/3/09
 54.54..... Mario Moreno (9th)..... Wake Forest Open, 3/21/09
 54.83..... Mario Moreno (15th)..... UNC Elite, 5/8/09
 55.00..... Mario Moreno (10th-Pre)..... ACC Champ, 4/17/09

3,000 Meter Steeplechase (DR- 8:38.10, IC- 9:15.00, NR- 9:07.00)

#8:52.36..... Ryan McDermott (5th)..... IC4A Championships, 5/15/09
 #8:56.45..... Ryan McDermott (1st)..... ACC Champ, 4/17/09
 #9:00.23..... Ryan McDermott (5th)..... Duke Invitational, 4/4/09
 9:19.28..... Ryan McDermott (18th)..... NCAA East Regional, 5/30/09
 9:20.09..... Will Smith (1st)..... Duke Twilight, 5/3/09
 9:27.05..... Will Smith (8th)..... ACC Champ, 4/17/09

4x100 Meter Relay (DR- 41.06, IC- 42.50, NR- 40.66)

42.10..... (8th)..... ACC Champ, 4/18/09
 (Buzz Moorman, Caleb Duncanson, Sam Bowler, Jade Ellis)
 42.98..... (3rd)..... Duke Invitational, 4/4/09
 (Buzz Moorman, Caleb Duncanson, Sam Bowler, Jade Ellis)
 43.01..... (3rd)..... UNC Invitational, 4/11/09
 (Buzz Moorman, Caleb Duncanson, Sam Bowler, Jade Ellis)
 44.42..... (5rd)..... Penn Relays, 4/23/09
 (Buzz Moorman, Caleb Duncanson, Sam Bowler, Jade Ellis)

4x400 Meter Relay (DR- 3:12.89, IC- 3:17.60, NR- 3:10.00)

3:15.54..... (4th)..... UNC Elite, 5/8/09
 (Sam Bowler, Tyler Clarke, Caleb Duncanson, Brad Troxell)
 3:18.74..... (24th-pre)..... IC4A Championships, 5/16/09
 (Caleb Duncanson, Sam Bowler, Brad Troxell, Tyler Clarke)
 3:19.24..... (5th)..... Wake Forest Open, 3/21/09
 (Tyler Clarke, Caleb Duncanson, Sam Bowler, Mario Moreno)
 3:20.52..... (11th)..... ACC Champ, 4/18/09
 (Sam Bowler, Caleb Duncanson, Chris Rowland, Brad Troxell)
 3:25.63..... (18th)..... Wake Forest Open, 3/21/09
 (Brad Troxell, Chris Rowland, Sean Pat Oswald, Brendon Pierson)

4x800 Meter Relay (DR- 7:26.43, IC- 7:43.00)

7:27.44..... (4th-finals)..... IC4A Championships, 5/17/09
 (Joshua Lund, Stephen Clark, Chris Rowland, Cory Nanni)
 7:30.16..... (2nd)..... Raleigh Relays, 3/28/09
 (Stephen Clark, Chris Rowland, Cory Nanni, Ryan McDermott)
 7:30.33..... (3rd-pre)..... IC4A Championships, 5/16/09
 (Ken Sullivan, Joshua Lund, Stephen Clark, Chris Rowland)
 7:31.92..... (4th)..... Penn Relays, 4/25/09
 (Sean Pat Oswald, Ryan McDermott, Stephen Clark, Cory Nanni)
 7:35.83..... (1st)..... Duke Invitational, 4/4/09
 (Stephen Clark, Sean Pat Oswald, Chris Rowland, Cory Nanni)
 7:47.64..... (2nd)..... Duke Invitational, 4/4/09
 (James Kostelnik, Joshua Lund, Bo Waggoner, Brendon Pierson)

4x1500 Meter Relay (DR- 15:17.80)

15:28.45..... (1st)..... Raleigh Relays, 3/27/09
 (Stephen Clark, Ryan McDermott, Cori Nanni, Bo Waggoner)

4xMile (DR- 16:22.34)

16:32.40..... (6th)..... Penn Relays, 4/25/09
 (Joshua Lund, Ryan McDermott, Bo Waggoner, Cory Nanni)

Sprint Medley Relay (DR- 3:22.10)

3:28.67..... (24th)..... Penn Relays, 4/24/09
 (Sam Bowler, Caleb Duncanson, Brad Troxell, Stephen Clark)

High Jump (DR- 6-10.75, IC- 6-08.25, NR- 6-10.75)

6-2.75..... Matt Hoyle (7th)..... Duke Invitational, 4/3/09

Pole Vault (DR- 17-2.75, IC- 15-9, NR- 16-6.75)

16-0.75..... Tony Shirk (6th)..... ACC Champ, 4/18/09
 15-9..... Tony Shirk (9th)..... IC4A Championships, 5/16/09
 15-9..... Tony Shirk (3rd)..... Penn Relays, 4/24/09
 15-9..... Tony Shirk (2nd)..... Duke Twilight, 5/3/09
 15-7..... Tony Shirk (4th)..... Raleigh Relays, 3/27/09
 15-7..... Tony Shirk (6th)..... Duke Invitational, 4/4/09
 15-7..... Tony Shirk (3rd)..... UNC Invitational, 4/11/09
 15-3..... Jon Bednarz (4th)..... Duke Twilight, 5/3/09
 15-1..... Tony Shirk (3rd)..... Wake Forest Open, 3/21/09
 15-1..... Jon Bednarz (9th)..... Duke Invitational, 4/4/09
 15-1..... Jon Bednarz (5th)..... UNC Invitational, 4/11/09
 15-1..... Jon Bednarz (10th)..... ACC Champ, 4/18/09
 15-1..... Tony Shirk (14th)..... UNC Elite, 5/8/09
 14-9..... Tyler Clarke (5th)..... Duke Twilight, 5/3/09
 14-9..... Pat Tenbrink (6th)..... Duke Twilight, 5/3/09
 14-7.25..... Sid Palas (4th)..... Wake Forest Open, 3/21/09
 14-7.25..... Sid Palas (10th)..... Duke Invitational, 4/4/09
 14-7.25..... Pat Tenbrink (13th)..... Duke Invitational, 4/4/09
 14-7.25..... Pat Tenbrink (7th)..... UNC Invitational, 4/11/09
 14-7.25..... Sid Palas (12th)..... ACC Champ, 4/18/09
 14-7.25..... Sid Palas (20th)..... UNC Elite, 4/8/09
 14-7.25..... Jon Bednarz (21st)..... UNC Elite, 5/8/09
 14-3.25..... Sid Palas (7th)..... Duke Twilight, 5/3/09
 14-3.25..... Avery Berkowitz (8th)..... Duke Twilight, 5/3/09
 14-1.25..... Tyler Clarke (16th)..... Duke Invitational, 4/4/09
 13-7.25..... Avery Berkowitz (10th)..... UNC Invitational, 4/11/09

Long Jump (DR- 25-6.0, IC- 23-3.5, NR- 24-1)

*#25-6.0..... Jade Ellis (1st)..... ACC Champ, 4/17/09
 25-3.5..... Jade Ellis (15th)..... NCAA Championships, 6/10/09
 #25-1.25..... Jade Ellis (2nd)..... IC4A Championships, 5/16/09
 #25-0.5..... Jade Ellis (1st)..... Duke Invitational, 4/4/09
 #24-10.5..... Jade Ellis (6th)..... Penn Relays, 4/24/09
 24-3.75..... Jade Ellis (3rd)..... NCAA East Regionals, 5/29/09
 23-7.25..... Jade Ellis (1st)..... Wake Forest Open, 3/21/09
 23-5.5..... Jade Ellis (4th)..... Raleigh Relays, 3/27/09
 19-10.5..... Clarke Tyler (37th)..... Raleigh Relays, 3/27/09

Triple Jump (DR- 51-11.75, IC- 47-7, NR- 49-2.5)

*#51-11.75..... Jade Ellis (2nd)..... ACC Champ, 4/18/09
 #49-5.5..... Jade Ellis (1st)..... Duke Invitational, 4/3/09
 48-5.25..... Jade Ellis (9th)..... IC4A Championships, 5/17/09

Shot Put (DR- 59-11, IC- 51-2.25, NR- 55-1.5)

54-7.50..... Michael Barbas (7th)..... ACC Champ, 4/17/09
 54-1.25..... Michael Barbas (5th)..... UNC Elite, 5/8/09
 54-0.0..... Michael Schallmo (9th)..... ACC Champ, 4/17/09
 53-11.75..... Michael Schallmo (6th)..... UNC Elite, 5/8/09
 53-7.75..... Michael Barbas (6th)..... Penn Relays, 4/24/09
 53-5.75..... Mike Schallmo (2nd)..... Duke Twilight, 5/3/09
 53-3.5..... Michael Barbas (2nd)..... UNC Invitational, 4/11/09
 53-2.75..... Michael Barbas (3rd)..... Duke Twilight, 5/3/09
 53-0..... Mike Schallmo (7th)..... Penn Relays, 4/24/09
 52-7.5..... Michael Barbas (7th)..... Raleigh Relays, 3/27/09
 52-6.5..... Michael Schallmo (12th)..... IC4A Championships, 5/17/09
 52-5.5..... Michael Barbas (5th)..... Duke Invitational, 4/4/09
 52-1.75..... Michael Schallmo (6th)..... Duke Invitational, 4/4/09
 51-8.5..... Michael Schallmo (3rd)..... Wake Forest Open, 3/20/09
 51-0.75..... Michael Schallmo (12th)..... Raleigh Relays, 3/27/09
 51-0..... Michael Barbas (6th)..... Wake Forest Open, 3/20/09
 50-11..... Michael Barbas (16th)..... IC4A Championships, 5/17/09
 47-10..... David Piccirilli (14th)..... ACC Champ, 4/17/09
 45-8..... David Piccirilli (8th)..... UNC Invitational, 4/11/09
 44-8.75..... David Piccirilli (19th)..... Duke Invitational, 4/4/09
 43-3.75..... David Piccirilli (5th)..... Duke Twilight, 5/3/09
 43-3.25..... David Piccirilli (30th)..... Raleigh Relays, 3/27/09

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Hammer Throw (DR- 182-2, IC- 172-3, NR- 186-4)

167-3 Mike Schallmo (4th) Duke Twilight, 5/3/09
 165-1 Michael Schallmo (6th) UNC Elite, 5/8/09
 163-10 Michael Schallmo (7th) ACC Champ, 4/16/09
 157-06 Michael Schallmo (6th) UNC Invitational, 4/11/09
 145-02.00 Michael Schallmo (14th) Wake Forest Open, 3/20/09
 133-2.5 Michael Schallmo (27th) Raleigh Relays, 3/28/09
 132-1 David Piccirilli (7th) Duke Twilight, 5/3/09
 130-11 David Piccirilli (9th) UNC Invitational, 4/11/09
 121-5 David Piccirilli (30th) Raleigh Relays, 3/27/09

Discus Throw (DR- 173-3, IC- 155-10, NR- 169-7)

*#^173-03 Michael Schallmo (5th) ACC Champ, 4/18/09
 #^170-2 Michael Schallmo (3rd) Raleigh Relays, 3/27/09
 169-7 Michael Schallmo (11th) NCAA East Regional, 5/30/09
 ^167-6 Michael Schallmo (3rd) Duke Invitational, 4/4/09
 ^162-1 Michael Schallmo (4th) UNC Elite, 5/8/09
 ^160-8 Michael Schallmo (3rd) Wake Forest Open, 3/21/09
 156-10 Michael Schallmo (15th) Penn Relays, 4/24/09
 155-3 Michael Schallmo (15th) IC4A Championships, 5/15/09
 151-1 Michael Barbas (11th) ACC Champ, 4/18/09
 149-3 Michael Barbas (4th) Duke Twilight, 5/3/09
 144-3 Michael Barbas (13th) Duke Invitational, 4/4/09
 143-4 Michael Barbas (7th) UNC Invitational, 4/11/09
 143-0 Michael Barbas (12th) UNC Elite, 5/8/09
 140-4 Michael Barbas (15th) Wake Forest Open, 3/21/09
 130-8 Tyler Clarke (25th) Wake Forest Open, 3/21/09
 132-5 Michael Barbas (29th) Raleigh Relays, 3/27/09
 110-4 Tyler Clarke (27th) Duke Invitational, 4/4/09

Javelin (DR- 225-5, IC- 192-7, NR- 202-1)

#^219-09 John Austin (3rd) ACC Champ, 4/16/09
 #^209-11 John Austin (1st) Duke Invitational, 4/3/09
 #^209-8 John Austin (1st) UNC Elite, 5/8/09
 #^202-7 Bobby Weinstein (3rd) Duke Invitational, 4/3/09
 202-02 Bobby Weinstein (6th) ACC Champ, 4/16/09
 ^201-08 Bobby Weinstein (1st) UNC Invitational, 4/11/09
 199-5 John Austin (13th) NCAA East Regional, 5/29/09
 ^197-7 John Austin (8th) Penn Relays, 4/25/09
 ^196-8 Bobby Weinstein (2nd) Wake Forest Open, 3/20/09
 ^196-8 John Austin (3rd) Wake Forest Open, 3/20/09
 182-4 Bobby Weinstein (22nd) Penn Relays, 4/25/09
 149-6 Tyler Clarke (18th) Duke Invitational, 4/3/09
 143-8 Tyler Clarke (36th) Wake Forest Open, 3/20/09
 140-5 Tyler Clarke (3rd) Duke Twilight, 5/3/09

Decathlon (DR- 7,326, IC- 6,600, NR- 7,500)

*#^7,326 Tyler Clarke (3rd) ACC Championships, 4/17/09
 7,285 Tyler Clarke (18th) NCAA Championships, 6/10-6/11/09

DR (*) -Duke Record
 IC (^) -IC4A qualifying time
 NR (#) -NCAA Regional qualifier