

2019 Duke Blue Devils Outdoor Track & Field

2019 OUTDOOR SCHEDULE

MARCH		
22-23	High Point Invitational	NTS
27-30	Texas Relays	NTS
29-30	Raleigh Relays	NTS
APRIL		
6	Battle of the Blues	W: 1st (79 pts.) M: 1st (80 pts.)
11-13	Tennessee Relays	NTS
19-20	Duke Invite	NTS
25-27	Penn Relays	NTS
27	Virginia Grand Prix	NTS
MAY		
9-11	ACC Outdoor Championships	
23-25	NCAA East Preliminary Round	
JUNE		
5-8	NCAA Outdoor Championships	

▶ ACC OUTDOOR CHAMPIONSHIPS INFORMATION



Dates: Thursday, May 9 - Saturday, May 11
Location: Lannigan Field | Charlottesville, Va.

Host: Virginia

Live Results: flashresults.com

TV: ACC Network Extra - Dan O'Brien (PxP) & Shawn Kenney (Color)

DUKE UNIVERSITY

Location.....Durham, N.C.
 Founded.....1838 (as Trinity College)
 Enrollment.....6,504 undergraduates
 Colors.....Duke Blue and White
 Nickname.....Blue Devils
 Conference.....Atlantic Coast
 Facility.....Morris Williams Stadium
 President.....Dr. Vincent Price
 VP/Director of Athletics.....Dr. Kevin White

PROGRAM HISTORY

First Year of Program (Men).....1939
 First Year of Program (Women).....1984
 2018 ACC Outdoor Championships (M).....T9th (41.5)
 2018 ACC Outdoor Championships (W).....7th (51.5)

COACHING STAFF

Director of T&F.....Norm Ogilvie (Drake '81)
 Associate Head Coach.....Shawn Wilbourn (LBSU '03)
 Associate Head Coach.....B.J. Linnenbrink (Florida State '02)
 Assistant Coach.....Jan Ogilvie (Bowling Green '78)
 Assistant Coach.....Rhonda Riley (Oregon State '04)
 Assistant Coach.....Mark Mueller (Stanford '11)

DUKE SPORTS INFORMATION

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CONNECT WITH DUKE TRACK & FIELD

Website.....GoDuke.com
 Twitter.....@DukeTFXC
 Facebook...../DukeTrack
 Instagram.....DukeTFXC

▶ DUKE AT THE ACC OUTDOOR CHAMPIONSHIPS

SETTING THE SCENE

•The Duke track & field team will turn its attention to the postseason beginning with the 2019 ACC Outdoor Championship May 9-11 at Lannigan Field on the campus of the University of Virginia.

•ACC Network Extra will again stream three hours of live action on the event's first night (Thursday, May 9), followed by four hours of coverage on Friday and Saturday evenings. Sean Kenney returns to handle play-by-play, while former U.S. Olympic standout Dan O'Brien will serve as analyst. The pair will be joined by distance race analyst David Mitchell and Melanie Newman as sideline reporter.

•ACC Network Extra will bring live action Thursday from 6 until 9 p.m. Friday's live coverage will air from 6 p.m. until 8:30 p.m., followed by Saturday's finals from 4 p.m. until 7 p.m.

DEFENDING GOLD

•Junior Kiegan Lenihan is looking to repeat as ACC Champion after winning his first outdoor gold medal in the javelin at last year's outdoor championships. Lenihan enters the weekend with the second spot in the conference with a mark of 221-0 (67.37m).

•Competing alongside Lenihan will be Michael Marsack who owns the third-best mark in the ACC this season, 217-1 (66.16m).

MIDDLE & DISTANCE SQUADS AMONG THE BEST IN THE ACC

•Alex Miley has had a successful season as a member of the distance squad and enters the 3000m steeplechase with the second-fastest time in the ACC. Miley clocked in at 8:50.89 at the Penn Relays, which is the fourth-best time in program history.

•On the middle-distance side, Matt Wisner is looking to repeat with his indoor medal in the 800m. Wisner owns the fourth-fastest time in the ACC, 1:49.32, that he notched at the annual Duke Invitational.

•On the women's side, Brittany Aveni, Liz Lansing and Monica Hebner all own ACC top-10 times this season.

•Lansing will compete in the 1500m with the seventh-best time in the conference in 4:20.55 that she garnered at the Virginia Grand Prix. In the 800m, Aveni owns a time of 2:06.49 that ranks seventh in the ACC while Hebner's time of 34:20.90 in the 10000m is also seventh in the league.

STANDOUT FIELD PERFORMERS

•The Blue Devils have five performers that rank in the top 10 of the ACC in their respective field events.

•Stefani Vukajlovic looks to continue her success in the hammer throw competition as she has rewritten her own school record multiple times this year. Vukajlovic enters the weekend with the third-best

toss in the ACC and is ranked 12th nationally with a mark of 213-1 (64.95m).

•Pole vault specialist Nati Sheppard owns the fourth-best clearance in Duke outdoor history and the third spot in the conference with a height of 13-10.50 (4.23m).

•Rivers Ridout and Domonique Panton own the fourth spot in the conference in their respective events. In the triple jump, Panton set a school record at the Duke Invitational with a leap of 41-11.50 (12.79m) while Ridout's height of 7-0.25 (2.14m) in the high jump is just off his personal-best of 7-0.50 (2.15m).

•Closing out Duke's top field performers is Ben Beatty's sixth-best toss in the conference in the shot put with 58-3.25 (17.76m).

MULTI-EVENT ATHLETES SET TO TAKE THE STAGE

•Duke will field four athletes for the heptathlon in Rivka Arbiv, Kate Kutzer, Erin Marsh and Isabel Wakefield.

•Kutzer and Wakefield both competed in the heptathlon at the Texas Relays and finished 11th and 13th, respectively. At the 2019 ACC Indoor Championships, Marsh claimed silver with the second-best point total in the pentathlon, 4,132.

2018 Outdoor All-ACC Honors

1st Team

Maddy Price.....	400m
Jaida Lemmons*.....	Heptathlon
Steven Solomon.....	400m
Kiegan Lenihan*.....	Javelin

2nd Team

Maddy Price.....	200m
Kethlin Campbell.....	200m
Amanda Beach.....	10000m
Cassie Martin*.....	High Jump
Madison Heath.....	Pole Vault
Nati Sheppard*.....	Pole Vault
Domonique Panton*.....	Triple Jump
Erin Marsh*.....	Heptathlon
Matt Wisner*.....	800m
Rivers Ridout*.....	High Jump
Esteban Suarez*.....	Pole Vault
Iyin Battle*.....	Hammer Throw
Michael Marsack*.....	Javelin
Jacob Sobota.....	Decathlon
Christian Friis.....	Decathlon

*Set to compete at the 2019 ACC Indoor Championships

Individual Events:
Places 1-2-3 are 1st team
Places 4-5-6 are 2nd team

Relay Events:
First Place is 1st team
Places 2-3 are 2nd team

ACC OUTDOOR CHAMPIONSHIPS SCHEDULE

THURSDAY, MAY 9

12:30 p.m.	Decathlon	(100m, LJ, SP, HJ, 400)	
2:00 p.m.	Heptathlon	(100m, HJ, SP, 200m)	
2:00 p.m.	Men's Hammer Throw		Final
5:00 p.m.	Men's Javelin		Final
6:00 p.m.	Women's Long Jump		Final
6:00 p.m.	Men's Long Jump		Final
6:10 p.m.	Women's 400m Hurdles		Prelims
6:25 p.m.	Men's 400m Hurdles		Prelims
6:40 p.m.	Women's 200m		Prelims
6:55 p.m.	Men's 200m		Prelims
7:10 p.m.	Women's 1500m		Prelims
7:30 p.m.	Women's Javelin		Final
7:35 p.m.	Men's 1500m		Prelims
7:50 p.m.	Women's 10000m		Final
8:30 p.m.	Men's 10000m		Final

*Live on ACCNE starting at 6 p.m.

FRIDAY, MAY 10

11:00 a.m.	Decathlon	(100mH, Discus, PV, Javelin, 1500m)	
1:00 p.m.	Heptathlon	(LJ, Javelin, 800m)	
3:30 p.m.	Men's Shot Put		Final
3:30 p.m.	Men's Pole Vault		Final
6:00 p.m.	Women's 100m Hurdles		Prelims
6:25 p.m.	Men's 110m Hurdles		Prelims
6:30 p.m.	Men's High Jump		Final
6:30 p.m.	Women's Pole Vault		Final
6:30 p.m.	Women's Shot Put		Final
6:30 p.m.	Men's Hammer Throw		Final
6:40 p.m.	Women's 400m		Prelims
6:50 p.m.	Men's 400m		Prelims
7:00 p.m.	Women's 100m		Prelims
7:10 p.m.	Men's 100m		Prelims
7:20 p.m.	Women's 800m		Prelims
7:35 p.m.	Men's 800m		Prelims
7:50 p.m.	Women's 3000m Steeplechase		Final
8:10 p.m.	Men's 3000m Steeplechase		Final

*Live on ACCNE starting at 6 p.m.

SATURDAY, MAY 11

1:30 p.m.	Men's Discus		Final
4:00 p.m.	Women's Triple Jump		Final
4:00 p.m.	Men's Triple Jump		Final
4:05 p.m.	Women's 4x100m		Final
4:15 p.m.	Men's 4x100m		Final
4:25 p.m.	Women's 1500m		Final
4:30 p.m.	Women's Discus		Final
4:30 p.m.	Women's High Jump		Final
4:32 p.m.	Men's 1500m		Final
4:39 p.m.	Women's 100mH		Final
4:46 p.m.	Men's 110mH		Final
4:53 p.m.	Women's 400m		Final
5:00 p.m.	Men's 400m		Final
5:07 p.m.	Women's 100m		Final
5:14 p.m.	Men's 100m		Final
5:21 p.m.	Women's 800m		Final
5:28 p.m.	Men's 800m		Final
5:35 p.m.	Women's 400mH		Final
5:42 p.m.	Men's 400mH		Final
5:47 p.m.	Women's 200m		Final
5:56 p.m.	Men's 200m		Final
6:01 p.m.	Women's 5000m		Final
6:23 p.m.	Men's 5000m		Final
6:40 p.m.	Women's 4x400m		Final
6:50 p.m.	Men's 4x400m		Final

*Live on ACCNE starting at 4 p.m.

2019 Men's Outdoor Track & Field Results

Updated April 29, 2019

* denotes Duke Record; (2) - No. 2 at Duke; (3) - No. 3 at Duke; (4) - No. 4 at Duke; (5) - No. 5 at Duke

100M DASH

10.95.....	Marquis Waters (14th).....	Virginia Grand Prix (4/27)
11.08.....	Marquis Waters (26th).....	Duke Invite (4/20)
11.20.....	Miles Mingo (12th).....	HPU VertKlasse Meet (3/23)

200M DASH

21.76.....	Miles Mingo (11th).....	Duke Invite (4/20)
22.11.....	Miles Mingo (11th).....	HPU VertKlasse Meet (3/23)
22.50.....	Miles Mingo (2nd).....	Battle of the Blues (4/6)
22.52.....	Marquis Waters (23rd).....	Virginia Grand Prix (4/27)
22.88.....	Marquis Waters (60th).....	Duke Invite (4/20)
23.26.....	Michael McCullom (24th).....	Virginia Grand Prix (4/27)
23.42.....	Sean Rafique (25th).....	HPU VertKlasse Meet (3/23)
23.64.....	Sean Rafique (74th).....	Duke Invite (4/20)
24.00.....	Christian Friis (35th).....	HPU VertKlasse Meet (3/23)

400M DASH

47.53.....	Miles Mingo (2nd).....	Battle of the Blues (4/6)
47.62.....	Miles Mingo (6th).....	Raleigh Relays (3/30)
47.85.....	Miles Mingo (5th).....	Duke Invite (4/20)
50.77.....	Michael McCullom (17th).....	Virginia Grand Prix (4/27)
51.46.....	Michael McCullom (64th).....	Duke Invite (4/20)
51.58.....	Sean Rafique (61st).....	Raleigh Relays (3/30)
51.89.....	Sean Rafique (67th).....	Duke Invite (4/20)
52.16.....	Sean Rafique (4th).....	Battle of the Blues (4/6)
52.17.....	Sean Rafique (10th).....	HPU VertKlasse Meet (3/23)

800M RUN

1:49.32.....	Matt Wisner (2nd).....	Duke Invite (4/20)
1:50.70.....	Matt Wisner (6th).....	Tennessee Relays (4/13)
1:51.14.....	Charles Cooper (7th).....	Tennessee Relays (4/13)
1:53.26.....	Charles Cooper (2nd).....	Battle of the Blues (4/6)
1:53.46.....	Charles Cooper (20th).....	Duke Invite (4/20)
1:54.03.....	Nick Cox (24th).....	Duke Invite (4/20)
1:55.49.....	Nick Cox (36th).....	Tennessee Relays (4/13)
1:56.33.....	Nick Cox (5th).....	Battle of the Blues (4/6)
1:56.68.....	Joe Cullen (39th).....	Tennessee Relays (4/13)
1:56.92.....	Matt Wisner (2nd).....	Battle of the Blues (4/6)
1:57.22.....	Devin Connell (6th).....	Battle of the Blues (4/6)
1:57.58.....	Joe Cullen (7th).....	Battle of the Blues (4/6)
1:57.86.....	Devin Connell (60th).....	Duke Invite (4/20)
1:59.10.....	Nico Coleman (61st).....	Duke Invite (4/20)
1:59.35.....	Nico Coleman (8th).....	Battle of the Blues (4/6)
2:01.52.....	Devin Connell (46th).....	Tennessee Relays (4/13)
2:04.24.....	Nico Coleman (47th).....	Tennessee Relays (4/13)

1,500M RUN

3:48.09.....	Charles Cooper (16th).....	Raleigh Relays (3/30)
3:52.48.....	Carter Dillon (37th).....	Raleigh Relays (3/30)
3:52.75.....	Alex Miley (40th).....	Raleigh Relays (3/30)
3:53.89.....	Nikhil Pulimood (28th).....	Tennessee Relays (4/13)
3:54.64.....	Alex Miley (32nd).....	Tennessee Relays (4/13)
3:56.18.....	Tom Sullivan (36th).....	Tennessee Relays (4/13)
3:56.49.....	Charles Cooper (1st).....	Battle of the Blues (4/6)
3:57.65.....	Carter Dillon (3rd).....	Battle of the Blues (4/6)
3:58.25.....	Carter Dillon (39th).....	Tennessee Relays (4/13)
3:59.01.....	Tom Sullivan (19th).....	Duke Invite (4/20)
4:01.58.....	Matt Politis (48th).....	Tennessee Relays (4/13)
4:03.48.....	Matt Politis (5th).....	Battle of the Blues (4/6)
4:04.25.....	Matt Politis (36th).....	Duke Invite (4/20)
4:05.04.....	Ethan Ready (43rd).....	Duke Invite (4/20)

3,000M RUN

8:23.74.....	CJ Ambrosio (1st).....	Battle of the Blues (4/6)
8:26.70.....	Chris Theodore (2nd).....	Battle of the Blues (4/6)
8:26.94.....	Tom Sullivan (3rd).....	Battle of the Blues (4/6)
8:46.62.....	Cole Hoff (4th).....	Battle of the Blues (4/6)

3,000M STEEPLECHASE

8:50.89 [4].....	Alex Miley (3rd).....	Penn Relays (4/27)
8:59.11.....	Alex Miley (1st).....	Battle of the Blues (4/6)

9:02.04.....	Michael Ungvarsky (11th).....	Penn Relays (4/27)
9:09.24.....	Michael Ungvarsky (2nd).....	Battle of the Blues (4/6)
9:09.69.....	Ethan Ready (19th).....	Penn Relays (4/27)
9:13.25.....	Ethan Ready (3rd).....	Battle of the Blues (4/6)
9:19.43.....	Stephen Garrett (7th).....	Duke Invite (4/20)
9:22.71.....	Michael Ungvarsky (41st).....	Raleigh Relays (3/30)
9:24.14.....	Ethan Ready (43rd).....	Raleigh Relays (3/30)
9:30.65.....	Stephen Garrett (5th).....	Battle of the Blues (4/6)
9:30.82.....	Stephen Garrett (49th).....	Raleigh Relays (3/30)
9:44.13.....	AJ Eckmann (6th).....	Battle of the Blues (4/6)
9:46.91.....	AJ Eckmann (4th).....	Tennessee Relays (4/13)

5,000M RUN

14:09.81.....	Dalton Randall (7th).....	Duke Invite (4/20)
14:13.40.....	Nikhil Pulimood (10th).....	Duke Invite (4/20)
14:13.61.....	CJ Ambrosio (9th).....	Penn Relays (4/27)
14:18.36.....	Paul Dellinger (14th).....	Duke Invite (4/20)
14:32.00.....	Josh Romine.....	Penn Relays (4/27)
14:34.61.....	Josh Romine (77th).....	Raleigh Relays (3/30)
14:38.62.....	Chris Theodore (39th).....	Penn Relays (4/27)
14:39.36.....	Josh Romine (2nd).....	Tennessee Relays (4/13)
14:49.09.....	Chris Theodore (5th).....	Tennessee Relays (4/13)
14:51.31.....	CJ Ambrosio (42nd).....	Raleigh Relays (3/30)
14:53.72.....	Paul Dellinger (114th).....	Raleigh Relays (3/30)
14:56.65.....	Tom Sullivan (60th).....	Penn Relays (4/27)
15:24.74.....	Cole Hoff (16th).....	Tennessee Relays (4/13)

10,000M RUN

30:11.76.....	Nikhil Pulimood (11th).....	Raleigh Relays (3/30)
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110M HURDLES

14.79.....	Christian Friis (2nd).....	Battle of the Blues (4/6)
15.43.....	Jacob Sobota (3rd).....	Battle of the Blues (4/6)

400M HURDLES

1:09.45.....	Sean Rafique (1st).....	Battle of the Blues (4/6)
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4X200M RELAY

4X400M RELAY

3:17.94.....	2nd.....	Battle of the Blues (4/6)
(Miles Mingo, Jacob Sobota, Christian Friis, Matt Wisner)		

4X800M RELAY

7:31.38.....	1st.....	Raleigh Relays (3/30)
(Carter Dillon, Nick Cox, Charles Cooper, Matt Wisner)		
7:37.07.....	9th.....	Penn Relays (4/27)
(Carter Dillon, Nick Cox, Charles Cooper, Matt Wisner)		
7:45.86.....	5th.....	Tennessee Relays (4/13)
(Tom Sullivan, Matt Politis, Joe Cullen, Nick Cox)		
7:49.15.....	16th.....	Raleigh Relays (3/30)
(Alex Connell, Joe Cullen, Matt Politis, Nico Coleman)		

4X1,500M RELAY

15:50.14.....	3rd.....	Raleigh Relays (3/30)
(Chris Theodore, Tom Sullivan, Alex Miley, Michael Ungvarsky)		

4XMILE RELAY

DISTANCE MEDLEY RELAY

9:56.16.....	12th.....	Penn Relays (4/27)
(Charles Cooper, Miles Mingo, Carter Dillon, Mat Wisner)		
9:59.89.....	8th.....	Tennessee Relays (4/13)
(Charles Cooper, Nick Cox, Carter Dillon, Alex Miley)		

SPRINT MEDLEY RELAY

HIGH JUMP

7-0.25 (2.14).....	Rivers Ridout (1st).....	Virginia Grand Prix (4/27)
6-11.50 (2.12).....	Rivers Ridout (1st).....	Battle of the Blues (4/6)
6-10.25 (2.09).....	Rivers Ridout (2nd).....	HPU VertKlasse Meet (3/23)

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6-10.25 (2.09)	Rivers Ridout (T4th)	Texas Relays (3/30)
6-9.00 (2.06)	Rivers Ridout (5th)	Duke Invite (4/20)
6-6.75 (2.00)	Bryant Lewis (4th)	Raleigh Relays (3/30)
6-6.75 (2.00)	Benjamin Ross (3rd)	Raleigh Relays (3/30)
6-5.00 (1.96)	Bryant Lewis (T1st)	Virginia Grand Prix (4/27)
6-5.00 (1.96)	Bryant Lewis (5th)	HPU VertKlasse Meet (3/23)
6-4.00 (1.93)	Bryant Lewis (2nd)	Battle of the Blues (4/6)
6-3.50 (1.92)	Benjamin Ross (14th)	Duke Invite (4/20)
6-3.25 (1.91)	Benjamin Ross (9th)	HPU VertKlasse Meet (3/23)
6-2.00 (1.88)	Benjamin Ross (3rd)	Battle of the Blues (4/6)
6-1.25 (1.86)	Benjamin Ross (5th)	Virginia Grand Prix (4/27)

LONG JUMP

POLE VAULT

16-0.75 (4.90)	Cole Rowan (3rd)	Virginia Grand Prix (4/27)
16-0.75 (4.90)	Esteban Suarez (8th)	Duke Invite (4/20)
15-10.00 (4.83)	Esteban Suarez (5th)	Virginia Grand Prix (4/27)
15-9.00 (4.80)	Jacob Sobota (1st)	Battle of the Blues (4/6)
15-7.00 (4.75)	Cole Rowan (T8th)	Tennessee Relays (4/13)
15-1.00 (4.60)	Esteban Suarez (4th)	Battle of the Blues (4/6)
15-1.00 (4.60)	Cole Rowan (5th)	Battle of the Blues (4/6)
14-7.50 (4.46)	Cole Rowan (T7th)	HPU VertKlasse Meet (3/23)

SHOT PUT

58-3.25 (17.76) [T4]	Ben Beatty (2nd)	Virginia Grand Prix (4/27)
57-9.75 (17.62)	Ben Beatty (2nd)	Raleigh Relays (3/30)
56-10.25 (17.33)	Ben Beatty (4th)	Duke Invite (4/20)
52-10.25 (16.11)	Ben Beatty (2nd)	Battle of the Blues (4/6)
44-5.25 (13.54)	Iyin Battle (3rd)	Battle of the Blues (4/6)

HAMMER THROW

193-5.00 (58.96)	Iyin Battle (1st)	Battle of the Blues (4/6)
186-0.00 (56.69)	Iyin Battle (8th)	Raleigh Relays (3/30)
186-5.00 (56.82)	Iyin Battle (6th)	Virginia Grand Prix (4/27)
183-5.00 (55.91)	Iyin Battle (4th)	HPU VertKlasse Meet (3/23)
180-1 (54.90)	Iyin Battle (10th)	Duke Invite (4/20)
170-11.00 (52.11)	Ben Beatty (2nd)	Battle of the Blues (4/6)

JAVELIN THROW

221-0.00 (67.37)	Kiegan Lenihan (2nd)	Raleigh Relays (3/30)
217-1.00 (66.16) [4]	Michael Marsack (2nd)	HPU VertKlasse Meet (3/23)
216-10 (66.09)	Kiegan Lenihan (1st)	Duke Invite (4/20)
212-3.00 (64.69)	Michael Marsack (1st)	Battle of the Blues (4/6)
208-1.00 (63.42)	Michael Marsack (6th)	Texas Relays (3/30)
198-5.00 (60.47)	Kiegan Lenihan (2nd)	Battle of the Blues (4/6)
194-10.00 (59.39)	Kiegan Lenihan (4th)	Virginia Grand Prix (4/27)
193-2 (58.88)	Michael Marsack (5th)	Duke Invite (4/20)

DISCUS THROW

155-8.00 (47.44)	Iyin Battle (3rd)	Battle of the Blues (4/6)
139-2 (42.43)	Iyin Battle (24th)	Duke Invite (4/20)
128-4.00 (39.11)	Ben Beatty (4th)	Battle of the Blues (4/6)

DECATHLON

2019 Women's Outdoor Track & Field Results

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100M DASH

11.75 [4]	Kelcie Simmons (2nd)	Battle of the Blues (4/6)
11.76 [5]	Domonique Panton (7th)	Virginia Grand Prix (4/27)
11.78	Domonique Panton (3rd)	Battle of the Blues (4/6)
11.78	Domonique Panton (4th)	HPU VertKlasse Meet (3/23)
11.87	Domonique Panton (47th)	Texas Relays (3/30)
11.94	Domonique Panton (9th)	Duke Invite (4/20)
12.28	Natalie Simmons (11th)	HPU VertKlasse Meet (3/23)
12.37	Natalie Simmons (5th)	Battle of the Blues (4/6)

200M DASH

24.00	Kelcie Simmons (2nd)	Battle of the Blues (4/6)
24.17	Kelcie Simmons (3rd)	HPU VertKlasse Meet (3/23)
24.45	Brittany Aveni (5th)	HPU VertKlasse Meet (3/23)
24.49	Erin Marsh (1st-hept)	Texas Relays (3/30)
24.52	Erin Marsh (8th)	HPU VertKlasse Meet (3/23)
24.67	MacKenzie Kerr (8th)	Duke Invite (4/20)
24.71	Nikki Merritt (19th)	Tennessee Relays (4/13)
24.83	Simi Gbadegesin (11th)	Virginia Grand Prix (4/27)
24.92	MacKenzie Kerr (3rd)	Battle of the Blues (4/6)
25.09	Simi Gbadegesin (22nd)	Duke Invite (4/20)
25.27	Nikki Merritt (36th)	Duke Invite (4/20)
25.56	Simi Gbadegesin (12th)	HPU VertKlasse Meet (3/23)
25.65	Simi Gbadegesin (4th)	Battle of the Blues (4/6)
25.70	Isabel Wakefield (15th)	HPU VertKlasse Meet (3/23)
25.74	Virginia Capehart (17th)	HPU VertKlasse Meet (3/23)
25.80	Isabel Wakefield (13th-hept)	Texas Relays (3/30)
26.13	Kate Kutzer (65th)	Duke Invite (4/20)
26.26	Kate Kutzer (18th-hept)	Texas Relays (3/30)
26.32	Kate Kutzer (33rd)	HPU VertKlasse Meet (3/23)
26.43	Virginia Capehart (5th)	Battle of the Blues (4/6)
27.26	Rivka Arbib (85th)	Duke Invite (4/20)

400M DASH

54.56	Brittany Aveni (2nd)	Duke Invite (4/20)
54.82	MacKenzie Kerr (7th)	Duke Invite (4/20)
54.83	Brittany Aveni (2nd)	HPU VertKlasse Meet (3/23)
56.25	MacKenzie Kerr (3rd)	Battle of the Blues (4/6)
56.85	Simi Gbadegesin (10th)	Virginia Grand Prix (4/27)
56.88	Simi Gbadegesin (18th)	Raleigh Relays (3/30)
56.95	Virginia Capehart (22nd)	Duke Invite (4/20)
56.99	Simi Gbadegesin (2nd)	HPU VertKlasse Meet (3/23)
57.00	Simi Gbadegesin (4th)	Battle of the Blues (4/6)
57.17	Virginia Capehart (11th)	HPU VertKlasse Meet (3/23)
57.17	Virginia Capehart (24th)	Raleigh Relays (3/30)
57.69	Simi Gbadegesin (35th)	Duke Invite (4/20)
58.99	Lauren Hoffman (3rd)	Tennessee Relays (4/13)

800M RUN

2:06.49	Brittany Aveni (1st)	Battle of the Blues (4/6)
2:06.59	Brittany Aveni (3rd)	Duke Invite (4/20)
2:10.21	Kim Hallows (6th)	Virginia Grand Prix (4/27)
2:10.31	Liz Lansing (12th)	Raleigh Relays (3/30)
2:13.09	Virginia Capehart (3rd)	Battle of the Blues (4/6)
2:13.53	Virginia Capehart (10th)	Virginia Grand Prix (4/27)
2:14.29	Virginia Capehart (26th)	Duke Invite (4/20)
2:21.42	Kate Kutzer (11th-hept)	Texas Relays (3/30)
2:26.55	Isabel Wakefield (13th-hept)	Texas Relays (3/30)
2:28.69	Rylee Bowen (87th)	Duke Invite (4/20)

1,500M RUN

4:20.55	Liz Lansing (1st)	Virginia Grand Prix (4/27)
4:23.39	Kim Hallows (16th)	Raleigh Relays (3/30)
4:25.04	Kim Hallows (3rd)	Tennessee Relays (4/13)
4:25.18	Michaela Reinhart (2nd)	Virginia Grand Prix (4/27)
4:25.18	Liz Lansing (4th)	Tennessee Relays (4/13)
4:25.57	Liz Lansing (4th)	Duke Invite (4/20)
4:27.66	Kim Hallows (6th)	Duke Invite (4/20)
4:27.82	Sara Platek (3rd)	Virginia Grand Prix (4/27)
4:30.54	Leigha Torino (5th)	Virginia Grand Prix (4/27)
4:34.20	Sarah Armstrong (11th)	Virginia Grand Prix (4/27)

4:34.81	Leigha Torino (18th)	Duke Invite (4/20)
4:35.44	Leigha Torino (20th)	Tennessee Relays (4/13)
4:35.70	Elizabeth Reneau (13th)	Virginia Grand Prix (4/27)
4:37.27	Sarah Armstrong (22nd)	Duke Invite (4/20)
4:37.42	Clara Savchik (14th)	Virginia Grand Prix (4/27)
4:39.30	Elizabeth Reneau (2nd)	Battle of the Blues (4/6)
4:49.50	Rylee Bowen (140th)	Raleigh Relays (3/30)
4:50.07	Sheridan Wilbur (26th)	Virginia Grand Prix (4/27)
4:56.06	Sheridan Wilbur (151st)	Raleigh Relays (3/30)
4:57.89	Rylee Bowen (4th)	Battle of the Blues (4/6)
5:00.96	Gabrielle Richichi (5th)	Battle of the Blues (4/6)
5:07.35	Rylee Bowen (81st)	Duke Invite (4/20)

3,000M RUN

9:32.14	Sara Platek (1st)	Battle of the Blues (4/6)
9:50.06	Helen Williams (2nd)	Battle of the Blues (4/6)
9:53.75	Lindsay Billings (3rd)	Battle of the Blues (4/6)
10:18.87	Gabrielle Richichi (5th)	Battle of the Blues (4/6)
10:31.68	Sheridan Wilbur (7th)	Battle of the Blues (4/6)

3,000M STEEPLECHASE

10:26.77	Michaela Reinhart (6th)	Raleigh Relays (3/30)
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5,000M RUN

16:16.01	Michaela Reinhart (3rd)	Duke Invite (4/20)
16:27.78	Sara Platek (4th)	Duke Invite (4/20)
16:38.86	Clara Savchik (7th)	Duke Invite (4/20)
16:45.62	Monica Hebner (13th)	Penn Relays (4/27)
16:47.00	Helen Williams (14th)	Penn Relays (4/27)
16:53.79	Lindsay Billings (16th)	Penn Relays (4/27)
17:11.53	Elizabeth Reneau (45th)	Raleigh Relays (3/30)
17:15.24	Lindsay Billings (13th)	Raleigh Relays (3/30)
17:21.85	Helen Williams (19th)	Raleigh Relays (3/30)
17:35.44	Elizabeth Reneau (15th)	Duke Invite (4/20)
18:16.76	Gabrielle Richichi (14th)	Duke Invite (4/20)

10,000M RUN

34:20.90	Monica Hebner (1st)	Raleigh Relays (3/30)
35:06.09	Amanda Beach (29th)	Raleigh Relays (3/30)

100M HURDLES

13.49	Erin Marsh (1st)	Duke Invite (4/20)
13.51 [2]	Erin Marsh (1st-hept)	Texas Relays (3/30)
13.53	Erin Marsh (4th)	Penn Relays (4/27)
13.61	Erin Marsh (3rd-prelims)	Penn Relays (4/27)
13.72	Lauren Hoffman (4th)	Duke Invite (4/20)
13.76	Lauren Hoffman (13th)	Tennessee Relays (4/13)
13.82	Erin Marsh (2nd)	HPU VertKlasse Meet (3/23)
13.98	Lauren Hoffman (3rd)	HPU VertKlasse Meet (3/23)
13.99	Lauren Hoffman (1st)	Battle of the Blues (4/6)
14.03	Lauren Hoffman (32nd)	Raleigh Relays (3/30)
14.20	Isabel Wakefield (20th)	Tennessee Relays (4/13)
14.30	Isabel Wakefield (9th-hept)	Texas Relays (3/30)
14.35	Nikki Merritt (2nd)	Battle of the Blues (4/6)
14.44	Nikki Merritt (13th)	Duke Invite (4/20)
14.47	Isabel Wakefield (14th)	Duke Invite (4/20)
14.59	Nikki Merritt (27th)	Tennessee Relays (4/13)
14.91	Kate Kutzer (3rd)	Battle of the Blues (4/6)
14.93	Kate Kutzer (29th)	Tennessee Relays (4/13)
14.94	Kate Kutzer (15th)	Virginia Grand Prix (4/27)
14.97	Kate Kutzer (20th-hept)	Texas Relays (3/30)
14.89	Isabel Wakefield (8th)	HPU VertKlasse Meet (3/23)
15.25	Kate Kutzer (11th)	HPU VertKlasse Meet (3/23)
15.99	Rivka Arbib (19th)	Virginia Grand Prix (4/27)
17.03	Rivka Arbib (5th)	Battle of the Blues (4/6)
20.01	Isabel Wakefield (6th)	Battle of the Blues (4/6)

400M HURDLES

57.58*	India Lowe (1st)	Battle of the Blues (4/6)
58.51 [4]	Lauren Hoffman (1st)	Duke Invite (4/20)
58.60	India Lowe (1st)	HPU VertKlasse Meet (3/23)
58.65	Lauren Hoffman (2nd)	Battle of the Blues (4/6)

2019 Women's Outdoor Track & Field Results

Updated April 29, 2019

* denotes Duke Record; (2) - No. 2 at Duke; (3) - No. 3 at Duke; (4) - No. 4 at Duke; (5) - No. 5 at Duke

58.94	Lauren Hoffman (2nd)	HPU VertKlasse Meet (3/23)
59.05	India Lowe (5th-pre)	Texas Relays (3/30)
1:00.04	India Lowe (7th)	Texas Relays (3/30)
1:00.34	India Lowe (5th)	Tennessee Relays (4/13)
1:01.20	Lauren Hoffman (19th-pre)	Texas Relays (3/30)

4X100M RELAY

45.19	1st	Battle of the Blues (4/6)
	(Domonique Panton, India Lowe, Kelcie Simmons, Nikki Merritt)	
45.72	7th pre	Texas Relays (3/30)
	(Domonique Panton, India Lowe, Natalie Simmons, Kelcie Simmons)	
46.70	2nd	HPU VertKlasse Meet (3/23)
	(Domonique Panton, India Lowe, Natalie Simmons, Kelcie Simmons)	

4X200M RELAY

4X400M RELAY

3:36.06	1st	Battle of the Blues (4/6)
	(India Lowe, MacKenzie Kerr, Lauren Hoffman, Brittany Aveni)	
3:37.75	4th	Penn Relays (4/27)
	(Lauren Hoffman, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)	
3:38.57	2nd-prelims	Penn Relays (4/27)
	(Lauren Hoffman, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)	
3:39.02	6th	Texas Relays (3/30)
	(India Lowe, MacKenzie Kerr, Kelcie Simmons, Brittany Aveni)	
3:43.31	5th pre	Texas Relays (3/30)
	(India Lowe, Brittany Aveni, Lauren Hoffman, MacKenzie Kerr)	
3:59.04	21st	Raleigh Relays (3/30)
	(Virginia Capehart, Rylee Bowen, Kim Hallowses, Liz Lansing)	

4X800M RELAY

8:57.75	5th	Tennessee Relays (4/13)
	(Kim Hallowses, Liz Lansing, Leigha Torino, Kate Kutzer)	

4X1,500M RELAY

4XMILE RELAY

DISTANCE MEDLEY RELAY

SHUTTLE HURDLE RELAY

56.66	2nd	Penn Relays (4/27)
	(Erin Marsh, Isabel Wakefield, Nikki Merritt, Lauren Hoffman)	

SPRINT MEDLEY RELAY

3:54.21	6th	Texas Relays (3/30)
	(India Lowe, Kelcie Simmons, MacKenzie Kerr, Brittany Aveni)	

HIGH JUMP

5-7.75 (1.72) [T5]	Erin Marsh (6th-hept)	Texas Relays (3/30)
5-7.25 (1.71)	Cassie Martin (1st)	Raleigh Relays (3/30)
5-7.25 (1.71)	Cassie Martin (2nd)	HPU VertKlasse Meet (3/23)
5-6.50 (1.69)	Erin Marsh (1st)	Battle of the Blues (4/6)
5-6.00 (1.68)	Cassie Martin (1st)	Duke Invite (4/20)
5-6.00 (1.68)	Erin Marsh (6th)	Duke Invite (4/20)
5-4.50 (1.64)	Cassie Martin (2nd)	Battle of the Blues (4/6)
5-3.75 (1.62)	Cassie Martin (T2nd)	Virginia Grand Prix (4/27)
5-3.00 (1.60)	Isabel Wakefield (12th-hept)	Texas Relays (3/30)
5-1.25 (1.56)	Isabel Wakefield (8th)	HPU VertKlasse Meet (3/23)
5-1.25 (1.56)	Tracy Jander (9th)	HPU VertKlasse Meet (3/23)
5-1.00 (1.55)	Tracy Jander (T12th)	Raleigh Relays (3/30)
5-1.00 (1.55)	Rivka Arbiv (9th)	Duke Invite (4/20)
5-0.50 (1.54)	Rivka Arbiv (3rd)	Battle of the Blues (4/6)
4-11.75 (1.52)	Rivka Arbiv (T8th)	Virginia Grand Prix (4/27)
4-11.75 (1.52)	Kate Kutzer (11th)	Virginia Grand Prix (4/27)
4-11.00 (1.50)	Isabel Wakefield (T11th)	Duke Invite (4/20)
4-11.00 (1.50)	Tracy Jander (T11th)	Duke Invite (4/20)
4-9.00 (1.45)	Kate Kutzer (23rd-hept)	Texas Relays (3/30)

LONG JUMP

19-5.25 (5.92) [5]	Kate Kutzer (2nd)	Battle of the Blues (4/6)
18-10.00 (5.74)	Kate Kutzer (6th-hept)	Texas Relays (3/30)
18-8.00 (5.69)	Isabel Wakefield (4th)	Battle of the Blues (4/6)
18-8.00 (5.69)	Kelcie Simmons (5th)	Battle of the Blues (4/6)
18-8.00 (5.69)	Jaida Lemmons (3rd)	Battle of the Blues (4/6)
18-8.00 (5.69)	Erin Marsh (8th-hept)	Texas Relays (3/30)
18-6.50 (5.65)	Isabel Wakefield (10th-hept)	Texas Relays (3/30)
18-5.75 (5.63)	Isabel Wakefield (22nd)	Tennessee Relays (4/13)
18-4.50 (5.60)	Erin Marsh (13th)	Penn Relays (4/27)
16-1.00 (4.90)	Rivka Arbiv (23rd)	Duke Invite (4/20)

TRIPLE JUMP

42-2.75 (12.87) [1]	Domonique Panton (2nd)	Virginia Grand Prix (4/27)
41-11.50 (12.79)	Domonique Panton (2nd)	Duke Invite (4/20)
39-11.50 (12.18)	Domonique Panton (2nd)	Battle of the Blues (4/6)
39-8.50 (12.10)	Jaida Lemmons (8th)	Duke Invite (4/20)
39-6.50 (12.05)	Domonique Panton (8th)	Texas Relays (3/30)
38-8.25 (11.79) [4]	Jaida Lemmons (3rd)	Battle of the Blues (4/6)

POLE VAULT

13-10.50 (4.23) [4]	Nati Sheppard (2nd)	Virginia Grand Prix (4/27)
13-9.75 (4.21)	Nati Sheppard (T5th)	Texas Relays (3/30)
13-7.25 (4.21)	Nati Sheppard (6th)	Tennessee Relays (4/13)
13-3.50 (4.05)	Nati Sheppard (5th)	Duke Invite (4/20)
13-1.50 (4.00)	Nati Sheppard (2nd)	Battle of the Blues (4/6)
12-8.00 (3.86)	Nati Sheppard (5th)	HPU VertKlasse Meet (3/23)
12-5.50 (3.80)	Chesney Ward (T8th)	Duke Invite (4/20)

SHOT PUT

38-4.75 (11.70)	Erin Marsh (3rd)	Battle of the Blues (4/6)
36-3.50 (11.06)	Kate Kutzer (15th-hept)	Texas Relays (3/30)
34-11.25 (10.65)	Erin Marsh (27th)	Duke Invite (4/20)
34-1.25 (10.39)	Isabel Wakefield (22nd-hept)	Texas Relays (3/30)
32-2.75 (9.82)	Erin Marsh (24th-hept)	Texas Relays (3/30)
32-0.75 (9.77)	Kate Kutzer (28th)	Duke Invite (4/20)
32-0.00 (9.75)	Rivka Arbiv (7th)	Battle of the Blues (4/6)
31-4.00 (9.55)	Rivka Arbiv (29th)	Duke Invite (4/20)
27-5.50 (8.37)	Isabel Wakefield (30th)	Duke Invite (4/20)

HAMMER THROW

213-1.00 (64.95)*	Stefani Vukajlovic (2nd)	Duke Invite (4/20)
206-3.00 (62.86)	Stefani Vukajlovic (3rd)	Virginia Grand Prix (4/27)
205-10.00 (62.73)	Stefani Vukajlovic (3rd)	HPU VertKlasse Meet (3/23)
204-3.00 (62.25)	Stefani Vukajlovic (6th)	Texas Relays (3/30)
203-9.00 (62.11)	Stefani Vukajlovic (2nd)	Battle of the Blues (4/6)

JAVELIN THROW

160-0.00 (48.77) [4]	Dana Baker (2nd)	HPU VertKlasse Meet (3/23)
143-5.00 (43.72)	Ashleigh Rodriguez (4th)	HPU VertKlasse Meet (3/23)
137-6.00 (41.90)	Ashleigh Rodriguez (5th)	Virginia Grand Prix (4/27)
135-7.00 (41.33)	Jaida Lemmons (3rd)	Battle of the Blues (4/6)
134-8.00 (41.04)	Ashleigh Rodriguez (4th)	Battle of the Blues (4/6)
133-1.00 (40.57)	Isabel Wakefield (5th)	Battle of the Blues (4/6)
130-9.00 (39.86)	Ashleigh Rodriguez (7th)	Duke Invite (4/20)
130-3.00 (39.70)	Kate Kutzer (6th)	Battle of the Blues (4/6)
128-8.00 (39.23)	Ashleigh Rodriguez (15th)	Raleigh Relays (3/30)
116-2.00 (35.42)	Erin Marsh (7th)	Battle of the Blues (4/6)
107-5.00 (32.75)	Erin Marsh (14th-hept)	Texas Relays (3/30)
121-5.00 (37.01)	Kate Kutzer (6th-hept)	Texas Relays (3/30)
92-8.00 (28.25)	Isabel Wakefield (21st-hept)	Texas Relays (3/30)

DISCUS THROW

101-8.00 (30.98)	Stefani Vukajlovic (4th)	Battle of the Blues (4/6)
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HEPTATHLON

4,971	Kate Kutzer (11th)	Texas Relays (3/30)
4,967	Isabel Wakefield (13th)	Texas Relays (3/30)

Duke Men's Outdoor Track & Field All-Time Records

Updated April 29, 2019

100 METERS

10.20	Dave Sime	1960
10.38	Randy Jones	1992
10.45	Robert Rohner	2014
10.61	DeVon Edwards	2015
10.66	Curtis Beach	2013

200 METERS

21.30w	Curtis Beach	2013
21.34	Dave Sime	1956
21.44c	Randy Jones	1992
21.44	John Brownlee	1933
21.46	Rodney Dickerson	1990

400 METERS

45.30	Steven Solomon	2018
46.72	Curtis Beach	2013
46.74c	Mike Murphy	1973
47.31	Daniel King	2006
47.40	Rodney Dickerson	1990

800 METERS

1:47.38	Rich Block	1982
1:47.70c	Bob Wheeler	1972
1:47.75	Curtis Beach	2012
1:48.04	Matt Wisner	2018
1:49.18	Dylan Murphy	2016

1,500 METERS

3:39.00	Bob Wheeler	1972
3:41.90c	Steve Wheeler	1974
3:42.00c	Richard Schwartz	1977
3:42.07	Cory Nanni	2010
3:42.77	Ryan McDermott	2010

3,000 METERS

7:56.68c	Brian Alif	1982
7:58.30c	Steve Wheeler	1974
8:03.90c	Scott Eden	1974
8:09.80c	Robbie Perkins	1975
8:10.90c	Roger Beardmore	1973

3,000 METER STEEPLECHASE

8:38.10	Roger Beardmore	1972
8:43.64	Shaun Thompson	2016
8:44.36	Ryan McDermott	2010
8:50.89	Alex Miley	2019
8:59.20	Jim Clayton	1977

5,000 METERS

13:48.90c	Robbie Perkins	1975
13:50.22	Domenick DeMatteo	2012
13:52.41	Brian Alif	1981
13:54.76	Shaun Thompson	2014
13:58.87	Josh Lund	2011

10,000 METERS

28:47.48	Shaun Thompson	2016
28:56.80	Robbie Perkins	1976
29:09.20c	Scott Eden	1974
29:14.65	Bo Waggoner	2011
29:27.85	Brian Atkinson	2014

110 METER HURDLES

13.74c	Jeff Howser	1971
14.29	Jeremy McDuffie	2017
14.34c	Joel Shankle	1955
14.42	Curtis Beach	2013
14.54c	Dave Wingle	1938

400 METER HURDLES

49.42	Jesse Allen	1999
51.49	Chris Castor	1980
52.34c	Tom Dunnigan	1970
52.44c	Jeff Howser	1969
53.25	Matt Rodio	2016

4X100 METER RELAY

41.06	Desi Thomas Corey Thomas Charles London Johannes Brugger	1995
41.15	Ryan Smith Issac Blakeney DeVon Edwards Marcus Wright	2014
41.32	Ryan Smith Issac Blakeney DeVon Edwards Josh Sneed	2014
41.41	JR Smith Brett Bofinger Jeremy McDuffie Tionne Barmer	2017
41.63	Ryan Smith DeVon Edwards Brett Bofinger Chaz Hawkins	2015

4X200 METER RELAY

1:25.07	Marcus Wright DeVon Edwards Robert Rohner Chaz Hawkins	2014
1:25.28	Marcus Wright Robert Rohner Issac Blakeney DeVon Edwards	2014
1:26.42	Tionne Barmer Miles Mingo Jacob Sobota Steven Solomon	2018
1:27.34	Marcus Wright Christian Vail Michael Wilson Ben Raskin	2014
1:28.84	Matt Rodio Michael Wilson Tionne Barmer Christian Vail	2016

4X400 METER RELAY

3:09.21	Brett Bofinger Robert Rohner Michael Wilson Chaz Hawkins	2015
3:10.76	Matt Rodio Brett Bofinger Michael Wilson Chaz Hawkins	2015

3:10.96	Matt Rodio Brett Bofinger Michal Filipczak Chaz Hawkins	2016
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3:11.74	Chaz Hawkins Ian Rock Robert Rohner Curtis Beach	2014
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3:12.65	Miles Mingo Tionne Barmer Steven Solomon Chase Peterson	2018
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4X800 METER RELAY

7:20.97	Thomas Meister Kyle Moran Michal Filipczak Curtis Beach	2013
7:24.94	Thomas Meister Kyle Francis Michal Filipczak Alec Kunzweiler	2016
7:25.20	Sean-Pat Oswald Stephen Clark Cory Nanni Curtis Beach	2011
7:25.39	Thomas Meister Henry Farley Dylan Murphy Nate McClafferty	2015
7:26.43	Ian Cronin Reardon Bill Spierdowis Nick Schneider	2003

SPRINT MEDLEY RELAY

3:16.52	Jacob Sobota Miles Mingo Steven Solomon Matt Wisner	2018
3:22.10	Jon Krassny Jeff Howser Mike Murphy Bob Wheeler	1971
3:22.75	Lamar Grant Watkins James Vasak Kyle Leonard	2000
3:23.00	Jeremy McDuffie Tionne Barmer Dylan Murphy Matt Wisner	2017
3:24.06	Marcus Wright Ben Raskin Matt Pridemore Curtis Beach	2011

DISTANCE MEDLEY RELAY

9:32.30c	Roger Beardmore Mike Murphy Steve Wheeler Bob Wheeler	1973
9:34.30c	Ramsland Steve Wheeler Roger Beardmore Bob Wheeler	1972
9:38.10c	Mike Murphy P. Wilson Roger Beardmore Bob Wheeler	1971

Duke Men's Outdoor Track & Field All-Time Records

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9:43.93	Chris Spooner Daniel King Peter Lewellen Nick Schneider	2005
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4X1,500 METER RELAY

15:17.80	Royce John Clayton Robbie Perkins Richard Schwartz	1976
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15:28.45	Stephen Clark Ryan McDermott Cory Nanni Bo Waggoner	2009
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15:29.89	James Kostelnik Joshua Lund Ryan McDermott Cory Nanni	2010
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15:36.53	Ian Cronin Casey Reardon Bill Spierdowis Nick Schneider	2003
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15:37.56	Nate McClafferty Andrew Brodeur Domenick DeMatteo Morgan Pearson	2012
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4XMILE RELAY

16:22.34	Scott Eden Steve Wheeler Roger Beardmore Bob Wheeler	1973
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16:22.77	Josh Lund Ryan McDermott Bo Waggoner Cory Nanni	2010
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16:32.40	Josh Lund Ryan McDermott Bo Waggoner Cory Nanni	2009
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16:34.50	Scott Eden Steve Wheeler Roger Beardmore Bob Wheeler	1973
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16:37.52	Nate McClafferty Brian Schoepfer Mike Moverman James Kostelnik	2013
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SHOT PUT

60-8.00 (18.49)	Michael Barbas	2012
59-11.00 (18.26)	Rod Stewart	1966
59-8.50 (18.20)	Stephen Boals	2015
58-3.25 (17.76)	Mike Schallmo	2011

58-3.25 (17.76)	Ben Beatty	2019
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DISCUS

190-6.00 (58.07)	Austin Gamble	2013
181-4.00 (55.27)	Mike Schallmo	2011
176-4.00 (53.74)	Stephen Boals	2013
168-8.00 (51.40)	Rod Stewart	1966
161-5.00 (49.19)	Michael Barbas	2012

JAVELIN

237-10.00 (72.50)	Thomas Lang	2015
233-11.50 (71.31)	John Austin	2011
221-2.00 (67.42)	Kiegan Lenihan	2018
217-1.00 (66.16)	Michael Marsack	2019
216-6.00 (65.98)	Jamie Rodriguez	1995

HAMMER

195-5.00 (59.56)	Michael Foley	2016
189-6.00 (57.77)	Iyin Battle	2018
185-11.75 (56.68)	David Piccirilli	2011
182-2.00 (55.52)	Chad Stearns	1988
177-8.25 (54.15)	Mike Schallmo	2011

LONG JUMP

25-7.50 (7.81)	Curtis Beach	2013
25-6.00 (7.77)	Jade Ellis	2009
24-8.00 (7.51)	Joel Shankle	1955
24-2.50 (7.37)	Lamar Grant	1998
24-2.00 (7.36)	Jeff Nesbit	1978

TRIPLE JUMP

51-11.75 (15.84)	Jeremy McDuffie	2017
51-11.75 (15.84)	Jade Ellis	2009
48-7.00 (14.80)	Garry Geck	1986
47-3.00 (14.40)	Bob Chambers	1978
46-6.00 (14.17)	Alex Jebb	2015

POLE VAULT

17-6.50 (5.35)	Connor Hall	2017
17-2.75 (5.25)	Brent Warner	2004
17-1.00 (5.21)	Justin Amezcuita	2013
16-8.75 (5.09)	Seth Benson	2001
16-8.75 (5.09)	Curtis Beach	2013

HIGH JUMP

7-4.25 (2.24)	Tanner Anderson	2011
7-3.75 (2.22)	Michael Krone	2012
7-0.50 (2.15)	Rivers Ridout	2018
6-10.75 (2.10)	Jerry Surratt	1991
6-10.25 (2.09)	Colt Sessions	2016

DECATHLON (MODERN TABLES)

8,084	Curtis Beach	2011
7,717	Daniel Golubovic	2017
7,423	Robert Rohner	2017
7,326	Tyler Clarke	2009
7,281	Tanner Johnson	2015

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100 METERS

11.59	Kethlin Campbell	2018
11.65	Maddy Price	2018
11.70	Sydnei Murphy	2017
11.75	Kelcie Simmons	2019
11.76	Domonique Panton	2019

200 METERS

23.20	Maddy Price	2018
23.38	Kethlin Campbell	2018
23.69	Elizabeth Kerpon	2014
23.80	Teddi Maslowski	2016
23.85	Janay McKie	2003

400 METERS

52.30	Maddy Price	2018
52.74	Madeline Kopp	2015
54.07	MacKenzie Kerr	2017
54.08	Lauren Hansson	2015
54.09	Courtney Botts	2000

800 METERS

2:02.39	Anima Banks	2016
2:02.48	Cydney Ross	2013
2:03.00	Madeline Kopp	2017
2:03.45	Devotia Moore	2011
2:05.34	Kim Voyticky	1998

1,500 METERS

4:12.13	Molly Lehman	2009
4:14.67	Anima Banks	2016
4:14.81	Shannon Rowbury	2005
4:15.37	Kate Van Buskirk	2011
4:18.67	Madison Granger	2016

3,000 METERS

9:19.12	Ellison Goodall	1978
9:23.74	Ellen Reynolds	1985
9:25.10	Clara Horowitz	2003
9:25.44	Juliet Bottorff	2011
9:27.49	Madeline Morgan	2011

3,000 METER STEEPLECHASE

9:51.76	Liz Wort	2007
10:08.26	Patricia Loughlin	2009
10:11.94	Esther Vermeer	2013
10:19.60	Emily Schwitzer	2011
10:21.86	Olivia Anderson	2016

5,000 METERS

15:52.83	Maddie McKeever	2007
15:55.94	Juliet Bottorff	2014
16:08.12	Ellison Goodall	1978
16:08.60	Clara Horowitz	2006
16:12.42	Ellen Reynolds	1986

10,000 METERS

32:25.69	Juliet Bottorff	2014
32:40.70	Ellen Reynolds	1986
33:00.85	Clara Horowitz	2006
33:30.12	Sally Meyerhoff	2007
33:44.20	Ellison Goodall	1977

100 METER HURDLES

13.38w	Teddi Maslowski	2015
13.51	Erin Marsh	2019
13.85	Hannah Goranson	2014
13.98	Jenna Turner	2003
13.98	Lauren Hoffman	2019

400 METER HURDLES

57.58	India Lowe	2019
58.35	Teddi Maslowski	2014
58.49	Jenna Turner	2002
58.51	Lauren Hoffman	2019
1:01.08	Maddy Price	2015

4X100 METER RELAY

44.47	Sydnei Murphy Kethlin Campbell Domonique Panton Maddy Price	2018
44.73	Domonique Panton Kethlin Campbell India Lowe Maddy Price	2018
44.91	Sydnei Murphy Madeline Kopp Domonique Panton India Lowe	2017
44.92	Lauren Hansson Maddy Price Madeline Kopp Elizabeth Kerpon	2015
45.11	Sydnei Murphy Madeline Kopp MacKenzie Kerr India Lowe	2017

4X200 METER RELAY

1:33.83	Lauren Hansson Maddy Price Madeline Kopp Elizabeth Kerpon	2015
1:35.55	Alexis Roper Madeline Kopp Lauren Hansson Elizabeth Kerpon	2014
1:35.64	India Lowe Madeline Kopp Teddi Maslowski Maddy Price	2016
1:36.69	India Lowe Madeline Kopp MacKenzie Kerr Maddy Price	2016
1:36.79	Sydnei Murphy Madeline Kopp MacKenzie Kerr Domonique Panton	2017

4X400 METER RELAY

3:32.21	India Lowe MacKenzie Kerr Brittany Aveni Maddy Price	2018
3:32.27	Lauren Hansson Madeline Kopp Maddy Price Elizabeth Kerpon	2015
3:33.09	Lauren Hansson Teddi Maslowski Madeline Kopp Elizabeth Kerpon	2014
3:33.39	Teddi Maslowski Madeline Kopp MacKenzie Kerr Maddy Price	2016
3:34.17	MacKenzie Kerr Madeline Kopp India Lowe Maddy Price	2017

SPRINT MEDLEY RELAY

3:46.43	Baily Murphy Lauren Hansson Elizabeth Kerpon Cydney Ross	2013
3:47.30	Sydnei Murphy India Lowe MacKenzie Kerr Madeline Kopp	2017
3:48.85	India Lowe Maddy Price MacKenzie Kerr Brittany Aveni	2018
3:49.04	India Lowe Kethlin Campbell Maddy Price Brittany Aveni	2018
3:49.63	Lauren Hansson Elizabeth Kerpon Madeline Kopp Anima Banks	2015

4X800 METER RELAY

8:25.95	Esther Vermeer Cydney Ross Devotia Moore Kate Van Buskirk	2011
8:32.26	Brittany Aveni Kim Hallows Liz Lansing Madeline Kopp	2017
8:33.37	Leslie Morrison Devotia Moore Cydney Ross Esther Vermeer	2010
8:40.96	Abby Farley Anima Banks Cydney Ross Rebecca Craigie	2013
8:41.96	Michelle Seibert Kate Van Buskirk Liz Wort Emily Sherrard	2007

DISTANCE MEDLEY RELAY

11:02.01	Esther Vermeer Cydney Ross Devotia Moore Kate Van Buskirk	2011
11:10.18	Megan Leon Lindsay Owen Lauren Matic Shannon Rowbury	2005
11:11.81	Megan Sullivan Courtney Botts Katie Atlas Sheila Agrawal	2000
11:16.84	Kate Van Buskirk Lindsay Owen Michelle Seibert Liz Wort	2007
11:18.29	Anima Banks Madeline Kopp Abby Farley Haley Meier	2014

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4X1500 METER RELAY

17:45.20	Megan Leon Shannon Rowbury Sally Meyerhoff Clara Horowitz	2004
17:48.30	Kate Van Buskirk Liz Wort Emily Sherrard Maddie McKeever	2007
17:59.05	Anna Farias-Eisner Sally Meyerhoff Molly Lehman Clara Horowitz	2006
18:03.65	Emily Sherrard Kate Van Buskirk Suejin Ahn Anna Farias-Eisner	2010
18:03.69	Sally Meyerhoff Shannon Rowbury Megan Leon Clara Horowitz	2003

LONG JUMP

21-0.50 (6.41)	Sydnei Murphy	2017
20-8.50 (6.31)	Teddi Maslowski	2015
19-7.50 (5.98)	Jaida Lemmons	2017
19-6.00 (5.94)	Karli Johonnot	2015
19-5.25 (5.92)	Kelcie Simmons	2019

TRIPLE JUMP

42-2.75 (12.87)	Domonique Panton	2019
41-5.75 (12.64)	Jodi Schlesinger	2001
41-0.50 (12.51)	Sydnei Murphy	2018
38-8.25 (11.79)	Jaida Lemmons	2019
37-0.50 (11.29)	Destiny Roseman	2011

HIGH JUMP

6-1.50 (1.86)	Debra Vento	2005
5-10.75 (1.80)	Karli Johonnot	2015
5-9.75 (1.77)	Madeline Morrow	2016
5-8.75 (1.75)	Kelly Mieszkalski	1990
5-8.00 (1.72)	Denise Yamada	1985
5-8.00 (1.72)	Erin Marsh	2019

POLE VAULT

15-2.25 (4.63)	Megan Clark	2016
14-7.25 (4.45)	Madison Heath	2018
14-2.00 (4.31)	Jillian Schwartz	2001
13-9.75 (4.23)	Nati Sheppard	2019
13-9.25 (4.20)	Laura Marty	2018

HEPTATHLON

5,706	Teddi Maslowski	2015
5,474	Karli Johonnot	2015
5,462	Jaida Lemmons	2018
5,184	Erin Marsh	2018
5,145	Karolina Haraldsdottir	2010

SHOT PUT

56-4.50 (17.18)	Michelle Anumba	2012
50-4.00 (15.34)	Urina Harrell	2016
46-4.75 (14.14)	Erica Brand	2015
45-0.25 (13.72)	Beth Maher	2004
44-11.75 (13.71)	Amarie Bremel	2017

DISCUS

165-1 (50.33)	Amarie Bremel	2017
160-9 (48.99)	Alexa Revord	2007
142-8 (43.48)	Jessica Tanner	2006
137-6 (41.91)	Courtney Bowen	2009

HAMMER

213-1 (64.95)	Stefani Vukajlovic	2019
187-4 (57.09)	Michelle Anumba	2012
181-5 (55.29)	Kelly Reynolds	2007
168-5 (51.35)	Stephanie Skove	2015
160-2 (48.81)	Kim Hanauer	2002

JAVELIN

178-0 (54.26)	Katelyn Gochenour	2017
168-11 (51.48)	Daina Pucurs	2007
164-6 (50.15)	Christine Streisel	2014
160-0.00 (48.77)	Dana Baker	2019
159-2 (48.51)	Shannon Sullivan	2012