

# NCAA Women's Rowing Championships



## NCAA Women's Rowing Championships

May 31 - June 2, 2019

Indianapolis, Ind. • Indianapolis Rowing Center at Eagle Creek Park

### Duke Schedule

Date	Event	Result/Points
Mar. 9	Carolina Cup	1st/90
Mar. 24	Cooper Sprints	NTS
Apr. 6	Big Ten/ACC Dual	NTS
Apr. 19-20	Clemson Invite	Cancelled
Apr. 26-27	Lake Wheeler Invite	1st/99
<b>ACC Championship (Clemson, S.C.)</b>		
May 17-18	ACC Championship	2nd/90
<b>NCAA Championships (Indianapolis, Ind.)</b>		
May 29-June 2	NCAA Championships	TBA

### Megan Cooke Carcagno

- Named Duke University's second head rowing coach on July 28, 2015.
- Had spent the previous seven years as a member of the Wisconsin coaching staff, including the 2015 season as associate head coach.
- Two-time ACC Coach of the Year recipient (2016, 2019).
- Led Duke to its first NCAA Championship appearance in school history in 2016.
- Selected as a sweep coach for the US Women's U23 National Team, leading them to a first place heat finish and a bronze medal in 2018.
- As a rower at California, twice earned first team All-America honors to go along with a pair of first team all-region and first team All-Pac 10 accolades ... Helped the varsity eight to third at the 2002 NCAA Championships and fourth at the 2000 event.
- Spent four years with the U.S. national team, from 2004-07. As part of the 2006 U.S. World Champion women's eight, she helped establish a world record for Team USA.
- Earned a Bachelor's of Arts degree in psychology from California in 2002.

### DUKE MAKES SECOND NCAA CHAMPIONSHIPS APPEARANCE

• Duke will make the program's second NCAA Championships appearance this weekend after receiving an an-large bid to the field of 22.

• Duke's No. 12 ranking as it enters the NCAA Championship is tied for the highest in program history.

• Of the 11 CRCA/USRowing Polls released this season, Duke has been ranked a program best nine times, including seven straight weeks (April 10 - May 23).

• In her fourth season as head coach, **Megan Cooke Carcagno** has led Duke to its best campaign in program history.

• Duke's 90 points at the ACC Championship were the most in program history as the Blue Devils placed second, five points shy of first-place Virginia.

• The V4 boat, consisting of junior **Rani Duff** (Coxswain), freshman

**Amelia Shunk** (Stroke), freshman **Olivia Von Stauffenberg**, sophomore **Anne Klok** and graduate student **Tara Christensen** (Bow), earned Duke's first gold medal in school history at the ACC Championship, clocking a time of 7:22.300.

• The Blue Devils' V8 finished second at the ACC Championship for the second straight year and third time since 2013.

• For her efforts throughout the season and at the ACC Championship, **Shunk** was named ACC Freshman of the Year, Duke's first since **Katie Dukovich** in 2013.

• **Cooke Carcagno** was named ACC Coach of the Year, the second of her career (2016).

• Duke opened the season with its third straight Carolina Cup victory. Subsequently, the Blue Devil 2V4 boat was named ACC Crew of the Week on March 13.

• Two more boats were named ACC Crew of the Week, as the 2V8 boat earned the nod on March 28 and the V4 crew on April 11.

• Duke has raced head-to-head against six teams in the NCAA Championships, with Michigan, Navy, Ohio State, Rutgers, UCF and Virginia.

• At the Big Ten/ACC Dual on April 6, Duke outraced No. 7 Ohio State in the 2V4 and V4 races.

• The Blue Devils co-hosted the inaugural Lake Wheeler Invite on April 26-27 with UNC, earning first-place over Navy and UCF with 99 total points.

• Seniors **Isabel Ruby-Hill** and **Sophie Simister** earned All-ACC First Team honors, while junior **Tara Fagan** received second team recognition.

### BLUE DEVILS BY THE NUMBERS

**2** — Number of NCAA Championships appearances for Duke

**2** — ACC Coach of the Year honors for **Megan Cooke Carcagno**, who is in her fourth year leading the Blue Devil program

**3** — ACC Crew of the Week honors for Duke this year as the 2V4, 2V8 and V4 boats all earned the honor

**1** — Duke's finish at the Carolina Cup and the Lake Wheeler Invitational

**2** — First Team All-ACC selections for the Blue Devils with seniors **Isabel-Ruby Hill** and **Sophie Simister**

**1** — Second Team All-ACC selection for Duke with junior **Tara Fagan**

**2** — Place the Blue Devils finished at the ACC Championships, their highest since coming in second in 2016

**4** — Team captains for Duke this season in senior **Isabel Ruby-Hill**, junior **Olivia Mendonca**, sophomore **Maya Blake** and freshman **Amelia Shunk**

**1** — Number of gold medals at the ACC Championship (V4), the first in program history

**4** — Number of second-place finishes by Duke boats at the ACC Championship, from the V8, 2V8, 2V4 and 3V8

**3** — Duke's ranking in Region 3 South in the 2V8

**7** — Seed for Duke's V4 boat heading into the NCAA Championship

**16** — First-place finishes for Duke boats combined in the regular season and ACC Championship

**28** — Top-two finishes throughout the regular season and ACC Championship by Blue Devil boats

**12** — Ranking for Duke entering the NCAA Championships, tied for the highest in program history

## 2018-19 Quick Facts

Location: \_\_\_\_\_ Durham, N.C.  
 Enrollment: \_\_\_\_\_ 6,495  
 President: \_\_\_\_\_ Dr. Richard Brodhead  
 Founded: \_\_\_\_\_ 1838 as Trinity College  
 Conference: \_\_\_\_\_ Atlantic Coast  
 Nickname: \_\_\_\_\_ Blue Devils  
 Colors: \_\_\_\_\_ Duke Blue and White  
 Athletics Director: \_\_\_\_\_ Dr. Kevin White  
 Senior Women's Administrator: \_\_\_\_\_ Gina Rosser Bradley

Head Coach: \_\_\_\_\_ Megan Cooke Carcagno  
 Alma Mater (Year): \_\_\_\_\_ California (2002)  
 Year at Duke/Overall: \_\_\_\_\_ Fourth/Fourth  
 Associate Head Coach/Recruiting: \_\_\_\_\_ Chase Graham  
 Alma Mater (Year): \_\_\_\_\_ Marrieta (2007)  
 Year at Duke: \_\_\_\_\_ Fourth  
 Assistant Coach: \_\_\_\_\_ Kendall Schmidt  
 Alma Mater (Year): \_\_\_\_\_ Wisconsin (2013)  
 Year at Duke: \_\_\_\_\_ First  
 Assistant Coach: \_\_\_\_\_ Micah Boyd  
 Alma Mater (Year): \_\_\_\_\_ Wisconsin (2004)  
 Year at Duke: \_\_\_\_\_ First  
 Athletic Trainer: \_\_\_\_\_ Meaghan McMillen  
 Sports Performance Coach: \_\_\_\_\_ Carl Christensen  
 Academic Support: \_\_\_\_\_ Marcus Aprahamian  
 Equipment Manager: \_\_\_\_\_ Hannah Dagen

Home Lake: \_\_\_\_\_ Lake Michie (Bahama, N.C.)

2019 ACC Finish: \_\_\_\_\_ 2nd

NCAA Appearances: \_\_\_\_\_ 2 (2016, 2019)

Twitter: \_\_\_\_\_ @DukeRow  
 Facebook: \_\_\_\_\_ /DukeRowing  
 Instagram: \_\_\_\_\_ @DukeRow

## Media Policies

All interviews with Duke student-athletes must be coordinated through the Sports Information Department. Please make all interview requests at least 24 hours before the desired interview to Nick Macdonald at (480) 358-8824 or nsm29@duke.edu

Duke coaches and student-athletes will be available for interviews after a NCAA-mandated brief cooling-off period following each contest. Media members who wish to interview Blue Devil athletes or coaches should notify Fetters prior to the end of each event. We thank you for your coverage of the 2019 Duke rowing team.

## 2019 Roster

Name	Ht.	Yr.	Hometown (High School)
Rhea Bergman	5-8	Sr.	Los Altos, Calif. (Mountain View)
Maya Blake	5-9	So.	Exeter, N.H. (Phillips Exeter Academy)
Lelia Boley	6-1	Jr.	Westport, Conn. (Staples)
Madison Brown	5-11	Jr.	Sarasota, Fla. (Pine View School for the Gifted)
Elizabeth Butero	5-8	Fr.	The Woodlands, Texas (The Woodlands)
Margot Calmar	6-1	Sr.	Stonington, Conn. (Stonington)
Caitlyn Carlisle	5-11	So.	Duxbury, Mass. (Duxbury)
Meera Chakrabarti	6-0	Fr.	Sacramento, Calif. (Del Oro)
Tara Christensen	5-6	Gr.	Nanaimo, British Columbia (Brentwood College)
Sydney Cikovic	5-11	So.	Palm Beach, Fla. (Lawrenceville School)
McKendree Densel	5-7	Fr.	Boston, Mass. (Lincoln Sudbury Regional)
Marissa Donadio	5-7	Sr.	Upper Arlington, Ohio (Upper Arlington)
Rani Duff	5-6	Jr.	Wilmette, Ill. (New Trier)
Tara Fagan	5-2	Jr.	Annapolis, Md. (Severn School)
Hannah Ferry	5-11	Sr.	Atlanta, Ga. (Pace Academy)
Payton Fraser	5-10	Fr.	Orinda, Calif. (Campolindo)
Grace Garverick	6-0	Jr.	Sacramento, Calif. (Rio Americano)
Leeloo Gilet	5-1	So.	Riverside, Conn. (Greenwich)
Stella Haley	5-8	Fr.	Saratoga Springs, N.Y. (Saratoga Spings)
Ella Harris	5-10	Fr.	London, England (Queen Anne's School)
Savannah Herbek	5-6	So.	Simsbury, Conn. (Simsbury)
Sarah Hubner	5-11	So.	Cold Spring Harbor, N.Y. (Cold Spring Harbor)
Olivia Hunt	5-8	So.	Lake Forest, Ill. (Lake Forest)
Anna Jenkins	5-10	Sr.	Durham, N.C. (Cary Academy)
Amelia Johnson	5-9	Fr.	Sydney, Australia (Queenwood School)
Sydney Johnson	6-0	Fr.	Hamilton, New Zealand (St. Peter's Cambridge)
Reed Kenny	5-9	So.	Alexandria, Va. (T.C. Williams)
Anne Klok	5-10	So.	Amsterdam, Netherlands (Vossius Gymnasium)
Megan Knauer	5-3	Fr.	Centerville, Ohio (Centerville)
Bailey Knight	5-8	So.	Alexandria, Va. (Thomas Jefferson)
Ema Kuczura	5-10	So.	Chicago, Ill. (Northside College Prep)
Leonie Kurzlechner	5-9	Fr.	Newport Beach, Calif. (Loomis Chaffee [Conn.])
Kelsey Lackey	6-0	Fr.	Cincinnati, Ohio (Wyoming)
Olivia Mendonca	5-9	Jr.	Christchurch, New Zealand (St. Margaret's College)
Julia Murphy	5-8	Fr.	Minneapolis Minn. (Breck)
Laura Navarrete	5-10	So.	Cos Cob, Conn. (Greenwich)
Caroline Olsen	5-8	So.	Healdsburg, Calif. (Cardinal Newman)
Taji Phillips	5-5	Gr.	Brooklyn, N.Y. (Dwight School)
Sarah Royka	5-5	Fr.	Boston, Mass. (Stanford Online)
Isabel Ruby-Hill	5-7	Sr.	Toronto, Ontario (Branksome Hall)
Gabriella Salvati	5-9	Fr.	Medford, N.J. (Bishop Eustace Prep)
Amelia Shunk	5-8	Fr.	Corte Madera, Calif. (Redwood)
Sophie Simister	6-0	Sr.	Oxford, United Kingdom (Headington School)
Kiernan Spencer	5-10	Jr.	North Hampton, N.H. (Phillips Exeter Academy)
Shannon Tierney	6-0	Sr.	Hackettstown, N.J. (Blair Academy)
Callie Turner	5-6	Fr.	Wanaka, New Zealand (Columba College)
Olivia Von Stauffenberg	5-8	Fr.	London, England (Latymer Upper School)

Head Coach – Megan Cooke Carcagno

Associate Head Coach/Recruiting Coordinator – Chase Graham

Assistant Coaches – Kendall Schmidt, Micah Boyd

Volunteer Assistant Coach - Simon Carcagno

Administrative Assistant - Victoria McGee

## Top Times, Spring Results and Lineups

### Top Times

V8 – 6:30.78 Cooper Sprints (Final)

2V8 – 6:26.358 Lake Wheeler Invite (Final)

3V8 – 6:46.832 Lake Wheeler Invite (Heat)

V4 – 7:12.900 Lake Wheeler Invite (Final)

2V4 – 7:23.398 Lake Wheeler Invite (Final)

### Carolina Cup (March 9)

V8

Tara Fagan, Isabel Ruby-Hill, Ella Harris, Sydney Johnson, Sophie Simister, Caitlyn Carlisle, Shannon Tierney, Ema Kuczura, Olivia Mendonca

1st (6:49.0)

2V8

Leeloo Gilet, Olivia Hunt, Lelia Boley, Meera Chakrabarti, Gabriella Salvati, Taji Phillips, Reed Kenny, Laura Navarrete, Olivia Von Stauffenberg

1st (6:59.9)

V4

Rani Duff, Anna Jenkins, Anne Klok, Tara Christensen, Rhea Bergman

1st (7:49.0)

2V4

Sarah Royka, Kiernan Spencer, Amelia Johnson, Maya Blake, Amelia Shunk

1st (7:58.2)

3V8

Eden Schumer, Sydney Cikovic, Bailey Knight, Stella Haley, Marissa Donadio, Katherine Lustig, Payton Fraser, McKendree Densel, Sarah Hubner

1st (7:12.4)

4V8

Megan Knauer, Grace Garverick, Savannah Herbek, Callie Turner, Kelsey Lackey, Caroline Olsen, Margot Calmar, Julia Murphy, Hannah Ferry

2nd (7:18.0)

### Cooper Sprints (March 24)

V8

Leeloo Gilet, Isabel Ruby-Hill, Ella Harris, Sydney Johnson, Olivia Mendonca, Ema Kuczura, Shannon Tierney, Taji Phillips, Sophie Simister

2nd (6:30.78)

2V8

Tara Fagan, Lelia Boley, Reed Kenny, Kiernan Spencer, Sydney Cikovic, Meera Chakrabarti, Rhea Bergman, Laura Navarrete, Gabriella Salvati

1st (6:39.06)

V4

Rani Duff, Anna Jenkins, Caitlyn Carlisle, Anne Klok, Tara Christensen

2nd (7:30.42)

2V4

Sarah Royka, Amelia Shunk, Olivia Von Stauffenberg, Olivia Hunt, Elizabeth Butero

1st (7:34.68)

3V8

Eden Schumer, Amelia Johnson, Marissa Donadio, Stella Haley, Maya Blake, Katherine Lustig, Payton Fraser, McKendree Densel, Bailey Knight

2nd (6:58.60)

4V8

Megan Knauer, Grace Garverick, Savannah Herbek, Callie Turner, Kelsey Lackey, Caroline Olsen, Margot Calmar, Sarah Hubner, Hannah Ferry

1st (6:58.36)

### Big Ten/ACC Dual

V8

Tara Fagan, Isabel Ruby-Hill, Ella Harris, Sydney Johnson, Sophie Simister, Laura Navarrete, Shannon Tierney, Ema Kuczura, Olivia Mendonca

Morning - 3rd (6:40.8)

Afternoon - 3rd (6:32.2)

2V8

Leeloo Gilet, Lelia Boley, Reed Kenny, Meera Chakrabarti, Sydney Cikovic, Kiernan Spencer, Rhea Bergman, Taji Phillips and Gabriella Salvati

Morning - 1st (6:39.0)

Afternoon - 2nd (6:36.1)

V4

Rani Duff, Amelia Shunk, Elizabeth Butero, Anne Klok and Tara Christensen

Morning - 1st (7:25.2)

Afternoon - 2nd (7:31.9)

2019 DUKE ROWING  
Spring Results and Lineups

2V4

Sarah Royka, Anna Jenkins, Olivia Hunt, Caitlyn Carlisle, Olivia Von Stauffenberg

Morning - 1st (7:31.2)

Afternoon - 2nd (7:45.2)

3V8

Eden Schumer, Marissa Donadio, Stella Haley, Amelia Johnson, Savannah Herbek, Maya Blake, Katherine Lustig, Bailey Knight, McKendree Densel

Morning - 3rd (7:02.3)

Afternoon - 2nd (7:01.2)

4V8

Megan Knauer, Grace Garverick, Kelsey Lackey, Callie Turner, Margot Calmar, Caroline Olsen, Hannah Ferry, Payton Fraser, Sarah Hubner

Morning - 2nd (7:00.1)

Afternoon - 3rd (7:10.1)

*Lake Wheeler Invitational*

V8

Tara Fagan, Isabel Ruby-Hill, Ella Harris, Sydney Johnson, Olivia Mendonca, Ema Kuczura, Shannon Tierney, Laura Navarrete, Sophie Simister

3rd (6:31.508)

2V8

Leeloo Gilet, Lelia Boley, Reed Kenny, Meera Chakrabarti, Sydney Cikovic, Kiernan Spencer, Rhea Bergman, Taji Phillips and Gabriella Salvati

1st (6:26.358)

V4

Rani Duff, Amelia Shunk, Elizabeth Butero, Anne Klok and Tara Christensen

1st (7:12.900)

2V4

Sarah Royka, Anna Jenkins, Olivia Hunt, Caitlyn Carlisle, Olivia Von Stauffenberg

1st (7:23.398)

3V8

Megan Knauer, Bailey Knight, Stella Haley, Amelia Johnson, Kelsey Lackey, Maya Blake, Katherine Lustig, Payton Fraser, Savannah Herbek

1st (6:51.656)

4V8

Eden Schumer, Grace Garverick, Hannah Ferry, Callie Turner, Margot Calmar, Caroline Olsen, Leonie Kurzlechner, Julia Murphy, Sarah Hubner

2nd (6:57.856)

*ACC Championship*

V8

Tara Fagan, Isabel Ruby-Hill, Reed Kenny, Sydney Johnson, Olivia Mendonca, Shannon Tierney, Kiernan Spencer, Sophie Simister, Taji Phillips

2nd (6:35.437)

2V8

Leeloo Gilet, Lelia Boley, Ella Harris, Meera Chakrabarti, Sydney Cikovic, Anna Jenkins, Rhea Bergman, Elizabeth Butero, Gabriella Salvati

2nd (6:44.177)

V4

Rani Duff, Amelia Shunk, Olivia Von Stauffenberg, Anne Klok, Tara Christensen

1st (7:22.300)

2V4

Sarah Royka, Laura Navarrete, Olivia Hunt, Caitlyn Carlisle, Marissa Donadio

2nd (7:31.778)

3V8

Megan Knauer, Bailey Knight, Stella Haley, Grace Garverick, Kelsey Lackey, Maya Blake, Savannah Herbek, Amelia Johnson, Sarah Hubner

2nd (6:53.512)

2019 DUKE ROWING  
NCAA Championships Results

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**2016**

*Team - 17th Overall*

*V4 C Final*

Sarah Wall, Mary Wilson, Sarah Fletcher, Marissa Donadio, Rhea Bergman

1st (7:22.311) of six

13th Overall

*2V8 C Final*

Simone Pitre, Megan Conroy, Lauren Miranda, Shannon Tierney, Sophie Simister, Julia Weber, Phoebe Donovan, Hannah Hewitt, Elizabeth Horne

1st (6:34.803) of six

13th Overall

*V8 C Final*

Meagan Lew, Katherine Maitland, Karley Whelan, Isabel Ruby-Hill, Jessica Findlay, Alex Stonehill, Katie Dukovich, Meredith Kisting, Celia Macrae

6th (6:31.650) of six

18th Overall